



MayFest Returns - 14th May!



The centre of Callington will be closed to traffic from 11.30am on Saturday 14th May to allow a flood of musicians and dancers to celebrate the fourth Callington MayFest.

Dancers will muster at 11.30am on the Saltash Road Recreation Park and will process down Saltash Road and into the town at 12 noon. Why not get out and be at the very heart of things by joining the procession? Some brightly coloured clothes, scarves and hats would be the thing to look for in your wardrobe. And if you think you can't dance - one, two, three, hop is as far as it goes! Yes, even **you** can manage that!

Do get out there in strong numbers to support young and old who have put so much time and energy into preparing for the event. Do watch the event and do invite friends and family from far and wide. Line the route, follow the procession and come into town to see what's going on - the programme is a really full one.

Throughout the afternoon there will be performances by Wreckers Border Morris, Plymouth Maids, Tamar Valley Male Choir, Canticorum Choir, the very special ladies Cornish choir Kescana, and our own Callington Town Band. Performances will be held in the street, in the Bull's Head, The Clink, St Mary's Church and the Town Hall. There will be young maypole dancers from Delaware School, adult dancers from Golbordon and dancers from the Callington Cornish Dance workshops led by Carmen Hunt. Music will be provided by our very own MayFesters led by Becki Driscoll from Wren Music.



We are especially pleased to be seeing Breton dancers and musicians from our twin area of Brittany joining us on the day. They will be touring some local primary schools on Friday 13th and also dancing at Cotehele on Sunday 15th.

The Giants will be returning made by Callington, St Dominick, Gunnislake, and Delaware primary schools, Callington Rotary Club, Gorfenna Craft Centre, New Outlook Club and Golbordon Community Centre. Be amazed at the new creations which have been made under the direction of artist Sue Field.

This year we will see a Town Criers Competition and a YOUNG Criers Competition arranged by our own Town Crier, Tony Stentiford. Come and cheer on your favourite!

This year there will be a full programme of music during the afternoon in St Mary's Church where you can also rest your feet and have a cuppa. Bill Chubb will be returning with Cornish tales and will be in local tea shops including the Hideaway and Annie's. The WI will be serving teas in the Town Hall.



Making its premiere public appearance will be *Bocco Callo*, Callington's newly formed Samba Drumming Corps which has been honing its skills in recent weeks.



Visit the craft and artisan market in Biscombe's Lane - which might find its way into Fore Street. At the time of writing there will be other groups joining us: watch our CAve Facebook page (www.facebook.com/Callington.Arts) and our web site: (<http://callingtonmayfest.weebly.com>) to get the latest news. If you would like to help as a steward please contact us at caveatcallington@gmail.com. Look out for our special MayFest brochure which will give timings for all the events. Come on! Dress up and join in the procession and Furry and all the activities!

The copy deadline for the June issue is 12 noon on Monday 9th May 2016

(We will be working on a strict 'first come first served' basis, so get your articles in as soon as possible!)

Editorial copy can be sent to the Editor by emailing news@callington-tc.gov.uk

Copy can also be sent to the Town Hall at the address below

Advertising space needs booking in advance. Please post or hand in copy to the Jo Taylor, Callington Town Hall, New Road, Callington PL17 7BD. Telephone 384039 or email: jo.taylor@callington-tc.gov.uk

The Town Clerk's Office is open from 9am - 2pm Monday - Friday

The One Stop Shop is now open from 9.30am-1.30pm Mon, Tues, Wed & Fri. General Enquiries 0300 1234 100

Post can be put in the letter box in front of the office or through the entrance door.

Church Matters

Our Lady of Victories Catholic Church

Sunday 1st Mass at 5.00pm
Sunday 8th transferred Feast day 'Ascension' 5.00pm
Sunday 15th Feast of Pentecost
Sunday 22nd Most Holy Trinity 5.00pm
Sunday 29th Feast of Corpus Christi Feast of the Holy Eucharist 5.00pm

All other services see notice board

St Cuthbert Mayne Launceston

All Sunday Holy Mass celebrated at 10.00am
Feast of the Ascension transferred to Sunday
Feast days of the Church celebrated in May
Pentecost 'Most Holy Trinity' Corpus Christi' Sundays 10.00am
These feast days are special days within the Church calendar called Obligation days. It is when Catholics all over the world are requested to try and attend these special days. Other weekday services see notice board
Our doors are open wide

Parish Priest: Father David Annear 01566 773166

Callington Spiritual Church

Wednesday 27th April Spiritual Church at Council Chambers 7.30pm Clare Hink
Wednesday 11th Spiritual Church at Council Committee Room 7.30pm Eileen Rendell/Janet Furse
Wed 25th Spiritual Church at Council Chambers 7.30pm Pam Bowers

Methodist Church

Sunday 1st 9.00am-10.00am Junior Breakfast Club
Sunday 8th 3.30pm- 5.45pm Messy Church. Fun, food and crafts for all the family - children to be accompanied by an adult please
Sunday 15th 6.30pm Ecumenical Christian Aid Service - speaker Mrs Christine Jadav (Regional Co-ordinator)
Sunday 22nd 10.30am & 6.00pm Junior Church Anniversary Services led by Mr Alan Libby
Thanks to everyone who supported our Lent Lunches, £959 was raised for Christian Aid
Please visit our website www.callingtonmethodist.org for details of our regular services and activities

CALLINGTON TOWN BAND ANNUAL GENERAL MEETING

Callington Town Band's AGM takes place in the Heritage Centre Bandroom, Liskeard Road on Thursday 12th May at 7.15pm

Members of the public are cordially invited

St Mary's Church

Sunday 1st 8.00am Communion (BCP)
10.00am Family Service
Sunday 8th 8.00am Morning Prayer (BCP)
10.00am Morning Worship
6.30pm 6.30@SMC
Sunday 15th 8.00am Communion (BCP)
10.30am Civic Service
6.30pm Christian Aid service at the Methodist Church
Sunday 22nd 8.00am Morning Prayer (BCP)
10.00am Communion
Sunday 29th 8.00am Morning Prayer
11.15am CLUSTER Service at South Hill

Every Wednesday Holy Communion at 10.30am

Please view the website for further information
www.callingtoncluster.org.uk

Mustard Seed

Every Sunday 10.45am Morning worship. All are welcome please come and join with us
On the first Sunday of each month the service will be concluded with a celebration of the Lord's Supper
Sunday 6.00pm Reading the bible for all it's worth. We meet twice a month for bible study exploring the big picture of the bible
House Groups - We meet for fellowship in various homes and at varying times
Thursdays 7.00pm Underground youth meet term times only
Why not come and join us, you will be made most welcome. For more information about who we are or for details of the above please telephone or e-mail Pastor Peter Thatcher: mustardseedchurch@btinternet.com
Tel: 01503 262720

Future events:

8th May Baptismal service
22nd May Visiting preacher - David Jewell previous pastor of Mustard Seed. All are welcome

Calling All Brass Players

Callington Town Band is keen to recruit players for its bass, baritone horn and euphonium sections. Instruments will be provided and enthusiasm is at least as important as ability. The Band rehearses on Thursday evenings in the Heritage Centre Band Room, Liskeard Road, 6.15pm-7.15pm for the Training Band and 7.30pm- 9.30pm for Main Band. All other instrumentalists would be welcome so contact Shirley Morse, Band Secretary (01579 350336) for more information, or visit our website www.callingtontownband.com.

LADIES LUNCHEON CLUB

There is nothing more beautiful than someone who goes out of their way to make life easy for others. I have been very busy changing our venue for our May Luncheon gathering. Due to a situation beyond our control, we will not be crossing over to Devon for lunch at the Bedford Hotel on 4th May. I have had to cancel the booking, but will explain all at the May luncheon. The new venue will now be the Blacksmiths Inn at Lamerton, not too far from Callington.

Four previous members of the Club are making a flying visit to our beautiful town of Callington, staying over for 3 days to join us at a reunion lunch which is being held at the Sleepy Hollow Restaurant, it should be a great afternoon. The best thing about this reunion is that we are placing Callington on the map by visiting Hostelrys in and around our town.

Those ladies who have recently joined us who do not have name badges yet, could you please speak with Val. Friendship isn't about whom you have known the longest its about who came and never left our club. Hope to see you all at Blacksmiths in Lamerton on 4th May.

Val



CALLINGTON WOMENS INSTITUTE



At the March meeting Callington WI held its Annual Meeting, where Karen Gold was elected as President and the Committee were all re-elected. As March was a celebration of our 70th birthday, Marian Watson had made a special cake to celebrate the occasion.

The speaker for the evening was Malcom Walters on Postcards of Cornwall. Malcolm took members on a trip round Cornwall with his vast collection of postcards, we saw so many places we know but the postcards were from yesteryear and Malcolm had a tale to tell about many of the places, it was a delightful insight into the past through the knowledge of a true Cornishman, member of the old Cornwall society and speaker of Kernowek. He showed us postcards of Padstow before the outer breakwaters were built, Bal maidens of Redruth all dressed up in clean aprons and caps, Charlestown, Mevagissey, Padstow with boats from the age of sail in the working harbours, the Purcuil Express (a horse drawn taxi), Polperro's Three Pilchards, the Kit Hill Hotel and powder store from mining days, Queen Victoria's yacht at Cotehele Quay, to name but a few of the treasures he shared with us. We really enjoyed our travels through Cornwall and glimpses into the past thanks to the postcards and Malcolm's stories.



Callington WI meets in the Town Hall Council Chamber on the second Wednesday of the month at 7.30 p.m. On Wednesday 11th May Karen Rose is coming to speak to us about Parkinson's disease. We would be delighted if you would like to come as a visitor to see if joining the WI is for you.

COFFEE MORNING



There will be a coffee morning on 12th May 2016 at the Sleepy Hollow Restaurant, Rising Sun, Callington starting at 10.00am and finishing at 2.00pm in aid of the 25th anniversary of Children's Hospice South West (CHSW). Eddie Farwell, the Co-Founder of this charity, has very kindly agreed to attend. Please come along and join us to make 2016 a year to remember!



www.tamarvalleyhealth.co.uk

**Tamar Valley Health
Patients' Group**



tvhppg@outlook.com

Tamar Valley Health Patients' Group

The committee reviewed the MORI survey to provide comparative performance figures for all General Practices. Results confirmed our own surveys which suggested that, while the quality of care provided by TVH was above average and appreciated by patients, patients were less happy with their experience of the process of reception and the appointments system. The practice let our committee members observe and present ideas. Ten points were raised with responses.

Non-attendance at Appointments: Agreed there is a problem with too many patients not attending appointments especially with nurses. Awaiting more data from new IT system

Digital Log-in: The absence of an efficient and reliable digital log-in system for appointments puts more pressure on reception staff, the practice is looking into a replacement.

Telephone Queues: Some patients complained about the time "on hold". Suggested it would be better to tell people where they were in the queue. The Practice agreed but the cost was over £10,000 and it was felt to be not cost effective. Given that the great majority of appointments are made by telephone, the importance of good telephone techniques and technology was agreed and understood.

On-line facilities: We argued there was more scope for on-line facilities for appointments and other services. The new NHS contract for GPs for 2016/17 calls for all Practices to implement a number of new services on-line. The Practice website did not allow much development of on-line services, and it was agreed that a new design and provider would be sought. A new website is live and being updated.

Same day appointments: Staff shortages and rising patient demand led to the introduction of "same day" or "sit and wait" appointments. These now significantly outnumber pre-booked appointments and have been widely accepted by patients. Although it is often difficult to see your 'named' Doctor, the Practice is attempting to meet demand by moving staff between the Health Centres. Not all patients or Doctors appreciate the loss of continuity that these changes can cause. This is likely to be on-going.

Extended hours surgeries: We asked what steps the Practice was taking to find out the most popular times for extended hours surgeries. They said they were looking at starting service before 8.00am, after 6.30 pm and extending Saturdays.

Triage: We emphasised the importance of receptionists making it clear why they ask patients the reason they want to see a GP. They are not being "nosy" but trying to ensure that the patient sees the most appropriate clinician. Patients would be more willing to discuss personal matters if there was greater privacy in the reception area. Amendments to the buildings will be difficult to implement.

GP Call-back: We asked whether there was a system to ensure that GP call-backs were carried out at the time and date agreed and we were assured that all such calls were recorded and monitored.

Staff recognition: We suggested that the practice should give greater prominence to the work of the various specially qualified nurses and pharmacists it employs. The practice said it was hoping to do this more effectively as it developed its new website. We believe there are ways to display this information in the surgeries

Tests: We proposed if a blood test is needed quickly, it should if possible be done the same day as an appointment rather than the patient booking to return another day. The practice said that it would seriously consider this.

During our observations we were impressed by the skill and positive attitude of the receptionist and back-room staff handling appointments and by the willingness of the Practice to consider our proposals. We are expecting an improvement in the IT capabilities as this is developed.

If you have comments, want to hear more about your tvhPPG group and receive our newsletter and updates email tvhppg@outlook.com

<http://www.tamarvalleyhealth.co.uk/ppg.aspx>



Callington Heritage Centre

Our Exhibition nears completion, firstly an acknowledgement to all who have assisted in its presentation. Particular thanks goes to the Headmaster of Callington Primary School and his Caretaker, who took the time out to allow us access to the school's own archives. We now have, thanks to them, under glass an Attendance Register from the 1940s through to the 1960s, so if you can't remember the names of some of your classmates, maybe we can assist!

Early visitor numbers and donations are up so we have obviously hit a rich vein. Our Stewards Evening, held a few days before our official opening, was extremely well attended giving those present a sneak preview. This was followed by an equally scrumptious buffet with music provided by the Town Band (Practice Night) - who else can boast of such extravagances! One little mystery we have been able to clear up is contained in the detail of the Original Architects Plans (on display) for Callington Primary School dated 1913. Some of us, we won't say who, thought these were the plans for the erection of the School. Well quite clearly this was not so, as the school had been there for at least 50 years before that. These plans were for welcome extensions to the facilities such as new toilets/cloakrooms/playground. We have put out as many photos of our schools and their activities through the years as we have space for, however these are not confined purely to Callington, but include St Mellion, St Dominick, Delaware and Stoke Climsland.

Where possible, we have tried to give a balanced exposure, but sometimes we just have more examples from some schools than others. Opening hours Fridays 10-4pm and the same hours on the 1st Saturday of the month. Enquiries to Kay Greenstock 01579 383209 and Chris Cansfield 01752 851403 or at the Heritage Centre 01579 389506.



The photo is of the staff of the Co-Op in Fore Street, early 1950s. As most locals will probably know, it was next to what was then called The Blue Cap Hotel. I can identify Mr Crocker, but sadly whilst everyone else is so familiar, I can't put a name to them, but this will be a doddle to old Callingtonians. Many of us who used to do our Mum's shopping can still remember the Co-Op number and the awe inspiring compressed air system for sending invoices through the labyrinth of tubing with a hiss. Please get in touch if you can provide any other names.



DATES FOR YOUR DIARY AT YOUR LOCAL FLORIST

Here at Jane's Floral Designs, Art Gallery & Gifts, I am inviting Artists in and around the Tamar Valley to display their artwork at this venue in the Pannier Market, Callington. This year the exhibitions will be themed, run for a month at a time and each one will have a preview evening where light refreshments will be available. Remember, there is no charge to browse the Art and with FREE parking now in Callington's New Road car park there are lots of reasons to visit your town. The dates and themes for May are below. To reserve wall space please telephone 01579 389331 or e-mail me at janesfloraldesigns@googlemail.com

May - "MINING IN THE WESTCOUNTRY"
(3rd May - 28th May) Preview evening Tues 3rd May 6.00pm - 8.00pm



ALBASTON FETE 2016

This year will be the 32nd Anniversary of Albaston Fete. The Fete will be held on June 25th 2016 on The Millennium Green in Albaston from 2.00pm. We have music from local band, Yorkie, and The Rubber Band. Also this year a guest appearance by the very popular Out To Grass. Mr Wishy Washy will be in our 'Seaside Themed' children's marquee to entertain the younger children. Coconut Shy, Smash The Plates, Archery, Bouncy Castle and Climbing Cave (to be confirmed) will also be there together with many other stalls and attractions, associated with this long running Fete.

An excellent Hog Roast, Willy's Ices and Tea Tent run by the W.I. will be there to satisfy everyone's food requirements. Calstock Archives, with their wonderful Photographic displays, and Vintage Vehicles with their enthusiastic knowledgeable owners will be on hand to take you back down Memory Lane.

If you require any further information, or would like a stall on the day, please contact Jan or Peter May on 01822 832225 or email meadowlea@hotmail.co.uk.

COMMUNITY CELEBRATION OF HM THE QUEEN'S 90th BIRTHDAY

SATURDAY 11th JUNE 2.00pm - 4.00pm

ST. MARY'S CHURCH, CALLINGTON
EVERYONE WELCOME

AFTERNOON TEA PARTY including A CHILDREN'S
TEDDY BEARS PICNIC

CHILDRENS' PAINTING/DRAWING COMPETITION OF
HM THE QUEEN

All pictures should have name and age of artist on the reverse to be handed into the Callington Primary School or St. Mary's Church, Callington by Thursday 9th June 2016

Prizes for children aged up to 5, 6-8, 9-11 and 12-16. These will be judged prior to the Tea Party, and will be exhibited in the Church over the weekend.

Best Dressed Teddy Competition. Bring your Teddies with you on 11th June and they will be judged at 3.00pm Also to be judged at the same time - Crowns made by the children at the Church on the day

Face Painting

Co-Op, Callington 20 year Reunion

Sunday 15th May 2016

Callington Town Hall

7.00pm - 10.00pm

**All past employees and staff are
welcome**

Tickets £8.00

Please contact Margaret Hardy on 382808
or pop into the Co-Op Kiosk

UK Navigators - Callington

We are a new structured youth group. We work towards badges, try out new activities, play games and sports, help in the Community and most of all have fun. If you are aged between 7 and 18 years of age why not come along and see what we do.

We meet every Thursday 6.30pm-8.00pm at Golberdon Village Hall starting on Thursday 14th April.

For info contact Cheryl - 07770 797627
Email - callington.navigators@aol.co.uk

LANDULPH SUMMER MARKET & BIG BREAKFAST

Saturday 14th May

Landulph Memorial Hall, Cargreen
9.00am until 12.30pm

Home made produce, Plants,
Crafts and Gifts etc

Cooked Breakfast served throughout
the morning for the shoppers

*Voluntary donations on
the door for MIND
(The Mental Health Charity)*

Enquires call
Felicity Wyman
on
07917 225694





www.tavonians.org.uk

Affiliated to the National Operatic and Dramatic Association

"Have you news of My Boy Jack?"

Tavonians Theatre Company will be presenting a powerful play about the anguish of Rudyard Kipling and his family during the Great War. 'My Boy Jack', written by David Haig, will be at Milton Abbot Village Hall on Monday 2nd May and Callington Town Hall on Tuesday 3rd May during a tour of local towns and villages and as part the Tavistock Festival.

Kipling wrote a moving poem after his son, an 18-year-old Lieutenant, went missing in action in 1915. which starts –

"Have you news of my boy Jack?"

Not this tide.

"When d'you think that he'll come back?"

Not with this wind blowing, and this tide.

In this 150th anniversary year of the birth of Rudyard Kipling, Tavonians will be bringing his family's story to life including Kipling's own agony following his determination to send his myopic only son to war.



Other venues on the tour are Sourton, Bere Alston and Tavistock. Tickets for Milton Abbot are available from the Edgcumbe Arms (during opening hours) and for Callington from Kivells Estate Agents, 51 Fore Street, or for all performances from the website www.tavonians.org.uk.

If you would like to join Tavonians Theatre Company, either on stage or behind the scenes, you would receive a warm welcome. The group, which recently celebrated its 80th birthday, is based in Tavistock and performs a range of thrillers, comedies and dramas to entertain local audiences.

Further information is available on the website www.tavonians.org.uk, boxoffice@tavonians.org.uk, or 0845 5196592.

VOLUNTEERS NEEDED

Do you enjoy meeting people?
Can you spare a few hours a week?

Oxfam in Callington need more volunteers in their shop in the Pannier Market to help with sorting, displaying etc.

If you feel you can help for just a couple of hours a week, or more if wanted, please pop into the Oxfam shop, Pannier Market, Callington for an application form.

CELLIWIC EVERGREENS

The May meeting is on Wednesday 11th May in the Town Hall. We have speakers from RAYNET (The Radio Amateurs' Emergency Network) to tell us about their voluntary work.

We meet in the Town Hall at 2pm. Tea and biscuits are served at the end of the talk.

All welcome



NEWS FROM THE TOWN COUNCIL

Town Council staff will soon be carrying out Memorial Safety Audit in Callington Cemetery. This involves the visual testing of all memorials for signs of any deterioration and physical testing for any movement. Although the risk of injury from a headstone is very low, it is the Council's responsibility to ensure the Cemetery is in good order and that those who use it, be it contractors or visitors, are not exposed to risks to their health and safety. We will endeavour to contact any family or relatives of a headstone that may pose a risk but, as with the very old headstones, this may prove impossible. It is our intention to publish details of these unstable headstones in future editions of the Callington News and would be grateful if anyone who has any information about family/relations could contact us.



NEWS FROM CORNWALL COUNCIL

Cornwall Council continues to tackle the reality of the cuts from Central Government with departments across the authority having to deal with deep cuts in funding which will affect many aspects of how the Council provides services.

Changes to the One-Stop-Shop provision in Callington are now planned for July this year and this could have an impact on how people access services and information. Details will be coming out soon and the Town Council will put them on our Facebook page as soon as they are confirmed.

Work continues on potholes across our Network Area and if you see one on the highway network drivers are urged to report it on the Council's website.

Passenger numbers continue to rise at Newquay Airport with flights added to Frankfurt Hann, Alicante, Dublin, Sheffield and London Stansted providing multiple destinations for passengers. This has helped in reducing the annual subsidy below £2 Million and the Airport is on course to meet its target of ending subsidy in the mid term.

As you will all know, the New Road South Car Park now offers 1 hour free parking, thanks to the Co-operative Store and if we want to ensure this facility stays, using both the Car Park and the Store is needed. It is a case of 'Use it or Lose it'.

Cornwall Councillor Andrew Long

primraf

THEATRE

CALLINGTON AMATEUR DRAMA SOCIETY

School Holiday Programme Musical Theatre Activity Workshop

**Opportunity for 6 to 16 year old
to shine and develop themselves in**

Three Day Programme

Sunday 29th May 1pm to 4.30pm

Thursday 2nd June 9am to 3.00pm

Friday 3rd June 9am to 3.00pm

3 Day Workshop £30.00 - Primraf Members £20.00

LIMITED PLACES AVAILABLE

To reserve your child's place

Contact: Anna 01579 371113 or 07974 224887

Email: annagrose@hotmail.com

followed by

Two Performances Friday 3rd June

Primraf Theatre 4pm and 6pm

FAMILY FILM SHOW



**Saturday 21st May
Doors open at 2 pm
Film starts 2:30 pm
Free Entry**

CALLINGTON TOWN HALL



Workshops are a hit!

The workshops in preparation for MayFest have proven to be a great success and should provide a brilliant basis for yet another day of music and dance on Saturday 14th May.

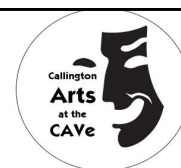
The input from Becky Driscoll from Wren Music has been tremendous and all the participants have been impressed with the way she is developing the music as well as their skills.

Carmen Hunt is leading the way yet again in instilling energy and enthusiasm into the dance group to make sure that our very own Callington Furry Dance goes off without a hitch.

Sean Hooper, from the Truro School of Samba, has succeeded in welding together the many talents in Callington to create the basis of a Samba Drumming Corps. So many have turned up to the first two sessions that we have the makings of the BIGGEST Samba group in Cornwall!

Let's build on this and create a day to be remembered!

TV Star Live on Stage



Sunday 8th May

5.00pm Callington Town Hall

Jeffrey Holland's creation of Spike, the lovable, well meaning and somewhat naive camp comedian in "Hi de Hi", made him a household name. He also appeared in "You Rang, M'Lord", "Dad's Army", "Are You Being Served", "Oh Dr Beeching" and "It Ain't Half Hot Mum", alongside numerous theatre performances.

We are delighted to welcome Jeff to Callington with this newly created piece which is guaranteed to delight our audience. In tandem we will be showing a well-known Laurel and Hardy classic film. A wonderful evening of mixed media!

Tickets/info: 01726 879500 / www.carntocove.co.uk
or in person from Callington Town Hall or Kivells, Fore Street

Prices: £8 adults £6 U-18 £22 family (2+2)

The Danish Girl

Thursday 26th May

7.30pm

Callington Town Hall



CAVe Film in May



Eddie Redmayne's transformation may have grabbed the headlines

but it is Alicia Vikander's touching turn that steals the show and deservedly gained her Best Supporting Actress at the Oscars.

"The Danish Girl" is touching, timely and exquisite.

Fitness & Health:

Fun Keepfit Class (every Monday) Town Hall 1.30pm - 2.30pm
WeightWatchers (every Monday) Council Chamber 10.30am - 11.30am
Pilates (every Tuesday) Town Hall 10.00am - 11.00am
Dance & Tone (every Tuesday) Town Hall 11.15am - 12.15pm
Kettlercise (every Thursday) Town Hall 9.30am - 10.30am
Tonefit (every Thursday) Town Hall 2.15pm - 3.15pm
Diane Watson Yoga (every Friday) Town Hall 9.15am - 10.15am
Latino Dance (every Friday) Town Hall 10.30am - 11.30am
Zumba (Monday and Wednesday) Callington Sport and Leisure 7.00pm - 8.00pm
Doryoku Ryu Karate Jutsu (every Monday) Town Hall 6.00pm - 7.00pm
Slimming World (every Wednesday) Cricket Club 9.30am, 11.30am, 3.30pm, 5.30pm and 7.30pm
Salsa (every Monday) Town Hall 7.15pm

Council Meetings & Councillor Meetings:

Town Council Meeting – (Tuesday 10th) 6.30pm Planning followed by TH&P
Town Council Meeting – (Tuesday 17th) 6.30pm Planning followed by FGP
Town Council Meeting – (Tuesday 24th) 7.00pm Portreeve Choosing Ceremony followed by Full Council followed by OS
Andrew Long Surgery - (Saturday 14th) 10.00am - 12 noon Town Hall **(Saturday 28th)** 10.00am - 12 noon Callington Library
Sheryll Murray Surgery - (Saturday 14th) 12.30pm - 1.30pm Town Hall complex (by appointment only - call 01579 344428)

Community Events:

Country Market in Scout Hut, (every Wednesday) New Road Car Park 8.45am - 12.00 noon
Stonham Housing Advice Centre (every Wednesday) Town Hall 10.00am - 12.30 pm
Community Pop-In Cafe (every Thursday) 10.00am-12.00 noon Coronation Close Community Centre
Tavonians Theatre Company - 'My Boy Jack' (Tues 3rd) 7.30pm Callington Town Hall (see page 7)
Police and Crime Commissioners elections - (5th May) Callington Council Chamber
CAVe production - 'Mr Laurel' (Sunday 8th May) Callington Town Hall 5.00pm (see page 9)
Blood Donors - (Tuesday 10th May) Callington Town Hall 1.15pm
CAVe Film Show (Thursday 26th) Council Chamber, Town Hall Complex 7.15pm (see page 9)

Children Activities:

Brownies (7-10yrs) (every Tuesday) 5.30pm - 7.00pm 07837440634 or 01579 382015
Guides (10-14yrs) (every Tuesday) 7.00pm - 8.30pm 07837440634 or 01579 382015
Seniors (14-25yrs) will be running the same time as Guides 07837440634 or 01579 382015
Beavers (6-8yrs) (every Thursday) 5.45pm - 7.00pm - Beaver Leader - Alison Hurn 07542 366 369
Cubs (8-10½) (every Tuesday) 6.00pm - 7.30pm - Cub Leader - Jan Rider 07970 462458
(To hire the Scout Hut please call Alison Hurn on 07542 366 369)
St John Ambulance Badgers (5-10 yrs) (every Friday) 5.00pm -6.30pm Badger Leader- Paula Richards - 07817964361
UK Navigators - (7-18yrs) (every Thursday) 6.30pm - 8.00pm Golberdon Village Hall starting 14th April. New structured youth group. We work towards badges, try new activities, play games and sports, help in the community and most of all have fun. Come along and see what we do. For info contact Cheryl - 07770 797627 Email - callington.navigators@aol.co.uk
FREE Family Film Show (Saturday 21st May) Town Hall 2.00pm - 4.00pm (see poster on page 8)

Local Groups:

U3A, Monthly meeting **(Monday 9th)** Town Hall 10.00am - 12.00 noon
Ballroom & Sequence Dance (Saturday 7th) Town Hall 7.30pm - 10.30pm
Age UK Lunch Club (every Thursday) Town Hall 11.45am - 1.45pm
Celliwick Evergreens (Wednesday 11th) Town Hall 2.00pm - 4.00pm
Caradon Social Club for Disabled (Wednesday 18th) Town Hall 2.00pm - 4.00pm
Callington New Outlook. A club for men and women **(every Tuesday)** Council Chamber 10.00am - 12 noon during term time except for 1st Tuesday of month
Callington WI (Wednesday 11th) Council Chamber 7.30pm
Callington Town Band (every Thursday) Cemetery Chapel, Liskeard Road. Training Band 6.15pm Main Band 7.30pm
Contact Shirley Morse 350336
Callington Singers (every Thursday) Callington Primary School 7.15pm - 9.00pm
Callington Tea Dance (Friday 13th & 27th) Town Hall 2.00pm - 4.30pm
Callington Memory Cafe (Saturday 7th & 21st) Council Chamber, Town Hall complex 2.00pm - 4.00pm

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Dead Slow? Good Choice

It's not just the horse that will suffer when involved in a road accident. The average horse weighs half a ton and on impact can cause significant damage to a vehicle and the people inside.

Protect yourself. Protect your car.
Protect horses and riders.



When passing horses

- 1 Slow down to 15mph
- 2 Be patient, don't sound your horn or rev your engine
- 3 Pass horse wide (at least a car's width)
- 4 Drive slowly away

The
British
Horse
Society

Thank you for driving
safely around horses.

#thinkhorsethink15

Horse Riders and Motorists

In 2012, five horse riders were killed and 26 were seriously injured in collisions with motor vehicles. Horses are easily scared by noise and may panic around fast-moving vehicles. Car drivers and horse riders both have a right to use the road. By considering each others' needs and following some basic advice, drivers and riders can help avoid accidents involving horses on the road.



THINK! Advice for Motorists

- Slow down and be ready to stop if necessary
- Look out for riders' signals to slow down or stop
- Watch out for sudden movements, horses can be easily frightened and unpredictable
- Don't sound your horn or rev your engine
- Pass wide and slow when overtaking; giving the horse plenty of room. Don't accelerate rapidly once you have passed them.
- On roundabouts, horse riders will keep to the left within the roundabout until reaching their exit, when they will signal left. They will normally signal right only when approaching exits they don't intend to use
- Most horse riders will thank a motorist who has slowed down with a wave of their hand. However, it is not always safe for a rider to take their hands off the reins so some may just nod their head and smile.

THINK! Advice for Horse Riders

- Always display fluorescent/reflective clothing on both horse and rider whatever the weather or light conditions. Even on the brightest of days, you will not be seen if you are riding underneath trees or against hedgerows.
- If at all avoidable, don't ride in failing light, fog or darkness. Avoid icy or snowy roads
- If riding a horse that is not used to roads, ask a rider with a horse who is experienced and calm to accompany you
- Never take a mounted group of more than eight horses on the road
- If riding two abreast, move into single file as soon as it is safe for the motorist to overtake. Don't ride more than two abreast on the road
- Always cross major crossings in a group, rather than trickling across one by one

Leave details of your intended route and estimated time of return with a responsible person. Always thank drivers who have slowed down, with a nod of your head and a smile or, if safe to do so, a wave of your hand.