

## Time to get geared up for Carnival!

It's time to put your thinking caps on for the 2016 Callington Carnival - so put Saturday 2nd July in your diaries and put your heads together with friends and neighbours to see how YOU are going to contribute to this memorable day. Who can knock up some costumes? Who could build a float? Can anyone play a musical instrument? Is anyone capable of putting together a few dance steps? Who is game for a laugh?

This year all entries are FREE so there is no excuse on financial grounds.

If you want a tractor and trailer, just get in touch with the organisers through the website (but give us some warning so that we can get it arranged!). Walking entries can be made right up until the day. Just come along by 3.00pm at the latest on 2nd July to register. All participants must be in place by 3.15pm. as judging will take place at 3.30pm.



### SO WHO CAN ENTER?

Individuals, friends, school mates, work colleagues, Church goers, neighbours, sports teams, clubs, village hall teams, shopkeepers, local businesses, interest groups.

In fact, **EVERYONE!** All you need is a bit of imagination and some get-up -and-go! Last year saw the biggest number of carnival entries. Let's see if we can beat that this year!

It's a great opportunity for local businesses to get their name into the public eye. Commercial entries are FREE too - so why not grasp this opportunity to promote yourselves? A lorry, a van, a digger - indeed, anything that will catch the eye of the people along the carnival route and give them a reminder that there are plenty of businesses locally that provide tremendous service throughout the year. The carnival procession starts from the Saltash Road car park at 4.30pm and returns there about an hour later. If you find you can't be a part of the parade, don't miss out on the chance to support this event by coming along to Fore Street to see the parade pass through the town centre or follow it along the route.

There will be street entertainment in Fore Street from 4.00pm so come along and join in the party atmosphere.

### Take a look at the website

<http://callingtonfestival.weebly.com/how-to-enter.html>  
or ring 01579 382705 if you can help!

### Do you own .....

- A military vehicle?
- A specialist vehicle?
- Any vehicle which would add some fun to the parade?



**The copy deadline for the July issue is 12 noon on Thursday 9th June 2016**

**(We will be working on a strict 'first come first served' basis, so get your articles in as soon as possible!)**

Editorial copy can be sent to the Editor by emailing [news@callington-tc.gov.uk](mailto:news@callington-tc.gov.uk)  
Copy can also be sent to the Town Hall at the address below

Advertising space needs booking in advance. Please post or hand in copy to Jo Taylor, Callington Town Hall, New Road, Callington PL17 7BD. Telephone 384039 or email: [jo.taylor@callington-tc.gov.uk](mailto:jo.taylor@callington-tc.gov.uk)

The Town Clerk's Office is open from 9am - 2pm Monday - Friday

The One Stop Shop is now open from 9.30am-1.30pm Mon, Tues, Wed & Fri. General Enquiries 0300 1234 100

Post can be put in the letter box in front of the office or through the entrance door.

## Church Matters

### Our Lady of Victories Catholic Church

Sunday 29th May Feast of Corpus Christi  
Transferred from Thursday  
Holy Mass 5.00pm followed by a procession of the Blessed Sacrament in the grounds (weather permitting)

Wednesday 29th June Feast of St Peter and Paul. A day of Obligation when Catholics make a special effort to attend Holy Mass. 5.00pm

All other Sundays in June Mass 5.00pm  
See notice board for all other information  
Contact Fr David Annear, Parish Priest 01566 773166

### St Cuthbert Mayne Launceston

Sunday 29th May Feast of Corpus Christi Transferred from Thursday

Holy Mass 10.00am followed by a procession of the Blessed Sacrament in the grounds of the Church (weather permitting)

It is also a great day for the children of the parish who have been preparing over the past ten months for their first Holy Communion. Eleven children will be receiving the Holy Eucharist for the first time. A celebrated Communion breakfast will follow in the Church Hall

Tuesday June 28th Feast of St Peter and Paul. A day of obligation when Catholics make a special effort to attend Holy Mass at 5.00pm

All other church services see notice board.

### Callington Spiritual Church

Wednesday 8th Spiritual Church at Council Committee Room 7.30pm Dawn Lodge/Tina Corn

Wednesday 22nd Spiritual Church at Council Chambers 7.30pm Scott Lonie ( Birmingham)

### Methodist Church

Please visit our website [www.callingtonmethodist.org](http://www.callingtonmethodist.org) for details of our regular services and activities

Sunday 5th 9.00am - 10.00am Junior Breakfast Club

Sunday 5th 10.30 am Celebration Service to mark HM The Queen's 90th Birthday led by Revd Chris Tomlinson - followed by Bring and Share Lunch (please book for lunch 01579 383490)

Sunday 12th 3.30 pm - 5.45 pm Messy Church. Food, fun, crafts and games for all the family (children to be accompanied by an adult please)

Our Church is open for Coffee and Chat each Friday morning from 10.15 am - 11.30 am

### St Mary's Church

Sunday 5<sup>th</sup> 8.00am Communion (BCP)

10.00am Family Service

Sunday 12<sup>th</sup> 8.00am Morning Prayer (BCP)

10:00am Morning Worship

6:30pm @ SMC

Sunday 19<sup>th</sup> 8.00am Communion (BCP)

10.00am Morning Worship

6.30 Chill Out Worship

Sunday 26<sup>th</sup> 8.00am Morning Prayer (BCP)

10:00am Holy Communion

Every Wednesday Holy Communion at 10.30am

Please view the website for further information  
[www.callingtoncluster.org.uk](http://www.callingtoncluster.org.uk)

### Mustard Seed

Why not come and join us, you will be made most welcome. For more information about who we are or for details of the above please telephone or e-mail Pastor Peter Thatcher:

[mustardseedchurch@btinternet.com](mailto:mustardseedchurch@btinternet.com)

Tel: 01503 262720

### FAMILY FILM SHOW



**Saturday 18th June**  
**Doors open at 2 pm**  
**Film starts 2:30 pm**  
**Free Entry**

**CALLINGTON TOWN HALL**

## LADIES LUNCHEON CLUB

A joy that is shared is a joy made double. How very true. I found this quote on a menu and it reminded me of the enormous amount of joy we share with one another when we meet for our monthly gathering for lunch.

Our last meeting was held at the Blacksmiths Arms at Lamerton. The food was plentiful and very good. This venue will be on our list for another visit in 2017.

As the Club is now established in the Town, I thought it would be good to give some support to the Caradon Social Club for the Disabled by offering to provide afternoon tea one Wednesday in 2017.

We are arranging a visit to St Austell Brewery and hopefully, subject to numbers, make this visit one of our luncheon dates. Lunch will be included in the visit at the Brewery. We will travel by coach enabling us to enjoy ourselves without the worry of having to drive home. We may open this visit to ladies who are not members of the club who may wish to join us, more information will be given about this at a later date.

We will be visiting the Crooked Inn at Trematon on June 1st 12 noon - 12.30pm. Please contact Val on 01579 384024 for information.

Val

### THE ZIG ZAG WAY

From the novel by

Anita Desai

Adapted by Pauline Sheppard

#### CORNWALL AND DEVON TOUR MAY - JULY 2016

The Zigzag Way is a gripping story which winds through cultures from Cornwall and Mexico and across time to paint a picture of love, revolution and sacrifice. This haunting and arresting tale finally leads you to a night where the veils that separate life and death are lifted and the illusion of time is broken. Dia de los Muertos - the Mexican day of the Dead. Combining strong ensemble playing and physical inventiveness with a cracking tale. This is story-telling at its most colourful, visual and touching.

Directed by Rosie Hughes. Live Music from The Peoples String Foundation. Stage Manager - Vicki Cox

Cast includes: Jenny Beare, Arran Hawkins, Morgan Val Baker, Ignacio Jarquin, Olivia Lowry, Aileen Rosas and Ryan Watson

Part of the Cornish Mining World Heritage Sites Tenth Anniversary - celebrating ten years of global recognition for our mining heritage.

[trebigganproductions.com](http://trebigganproductions.com) [collectivearts.org.uk](http://collectivearts.org.uk) [cornish-mining.org.uk](http://cornish-mining.org.uk)

#### CALLINGTON TOWN HALL

Tuesday 14th June

7.30pm

All tickets bookable through the Cornish Riviera Box Office.



### PAINT YOUR OWN POTTERY STUDIO

Did you know that Callington has a Paint Your Own Pottery Studio? Country Cottage Ceramics is situated within Jane's Floral Designs, Art Gallery and Gifts in Callington Pannier Market.

#### Let your imagination flow.....

Yourself, the whole family and friends, regardless of age, can have fun and get creative painting onto ceramics, whatever the weather. Help is on hand with ideas, guidance and inspiration. There are lots of bisque pieces to choose from..... plates, mugs, hearts, money boxes, homeware, dinosaurs, Princesses, dogs, cats, dragons etc.

#### Prices start from £5.00

Country Cottage Ceramics can also host birthday parties, group parties, hen parties, office parties, in fact nearly any kind of party! Ideal gifts and keepsakes for Mother's Day, Father's Day, Christenings, Weddings, Christmas and any other occasion you can think of. Not forgetting Baby/Children's hand and footprints onto ceramics.

Studio opening times: Tuesday, Thursday and Friday, 10.00am - 4.00pm

Saturday, Sunday and evening sessions are available by appointment

Please feel free to pop into our studio at Jane's Floral Designs, 20 Pannier Market, Callington, Cornwall PL17 7AD

Telephone/Text Brenda on 07812 709532

email [countrycottageceramics@yahoo.co.uk](mailto:countrycottageceramics@yahoo.co.uk)

OR find us on Facebook.

## PORTREEVE'S COMMUNITY DAY – SATURDAY 23<sup>rd</sup> APRIL 2016

Callington Town Hall was buzzing on Saturday 23<sup>rd</sup> April with visitors to the Portreeve's Community Day. The event was organised by Callington Town Council and was a huge success with over forty groups and organisations from Callington and the surrounding area attending the day. The idea of the community event was for the groups and organisations to get together and either raise money for their charity or just to let the community know what they do and what is available for anyone to get involved in.

There is such a diverse array of clubs in the Callington area and it was excellent to see a large majority of them present on the day. You cannot say there is nothing to do in Callington! The stands varied enormously from youth groups; health information; musical and sporting groups and organisations for the more mature person. This was an ideal opportunity for them to showcase themselves to the community and hopefully their club will benefit.

Callington Town Council had on display information about the Neighbourhood Plan and what has been achieved so far and how the Plan is progressing. Councillors were also busy serving refreshments throughout the day and circulating amongst the public who visited the event.

Portreeve of Callington and Kelly Bray, Cllr Andrew Long said "it was good to see so many stalls representing the community of Callington. Well done to all concerned".



### **CALLINGTON BROTHERHOOD**

*PRESENTS*

**LOVENY MALE VOICE CHOIR**

*IN*

**CALLINGTON METHODIST CHURCH**

*ON*

**SATURDAY 4th JUNE 2016**

**AT 7.30PM**

**ADMISSION: £5.00**

**ALL PROCEEDS TO  
MARIE CURIE CANCER CARE**

***ALL WELCOME***

### **Local Callington Police Community Support Officers visit to Dimson Day Nursery**

Our local Callington Community PCSOs recently visited our nursery. We explored their police van and sounded the siren. We learnt about the importance of wearing seat belts and to find a police constable if you are lost or in trouble and how they will help you. We also pretended to drive the police van. It was great fun. Thank you for visiting us.



# Callington Heritage Centre

Our Exhibition, "Education & Schools", continues to enthrall. The main wall is displaying nine of the extended long photographs that were common in their day showing the Secondary Modern School and Grammar School through the last eighty years, the earliest being one dated 1927.

In an interesting observation, one of our visitors said "well there won't be many more of them". Not having considered this previously, I suppose it's right, as schools now could not possibly get all their pupils and staff in one photo!

Not everyone remembers their school days with fond memories, but we have made quite an effort to broaden the appeal with pieces on school dinners, playground games, sporting activities, early learning and sweet shops (inevitably Follseys) which I and so many of my friends used to frequent when we had a few pennies to spend. The memories of a glass of Corona after a long hot school day was something to savour.

I am pleased to announce that consideration is being given to extending our opening hours. This is always a difficult question as to which day or days would be most popular. The present thinking is that Sundays would be a good choice, Saturday being a busy shopping day in one form or another. So it's a case of watch this space, but for the moment we remain open 10.00-4.00pm every Friday with the same hours on the first Saturday of the month.

Contact numbers remain the same Kay Greenstock on 01579 383209 and Chris Cansfield 01752 851403 whilst the Heritage Centre is 01579 389506.



A class of schoolchildren escorted by a Policeman, crossing Fore Street outside The Bull's Head in the direction of the Church. The event is obviously of some civic importance as I believe the Mayor is present, as is the Town Cryer, Vicar and Church representatives. It dates from the early 1900s and is all the more fascinating as it shows that part of the town with its original shops which have long since gone. Note the Farmer with his back to camera with his "gaitors" on!



## Callington Camera Club

Callington Scout Hut 7.00pm - 9.00pm

Friday 17th June, Friday 15th July, No meeting in August

Friday 16th September, Friday 21st October, Friday 18th November, Friday 16th December

For more information, please contact :  
Lorraine Cole, Club Secretary  
07971099864





Spring is here and the footpaths are drying out making it a pleasure to get out and complete our footpath monitoring report. The reports are sent to the Parish Council, the Parish Footpath Committee and Cormac. Results from our latest path monitoring showed less mud but fallen trees and some damaged direction posts, plus there is always a report of litter!

Our March walk started from Landulph Church and followed footpaths and lanes on a circular walk to Cargreen. Twenty two people braved the weather including four new members. In April we visited Torpoint, the walk took us through Wilcove and the surrounding area with an interesting stop at Maryfield Church for lunch. The weather was warm and sunny allowing us clear views of Anthony House, Ince Castle and the Tamar. There were a record number of thirty two on the walk and we were all treated to an abundance of spring flowers and birdsong along the way plus of course the chance for a good chat and catch up and meet the new members.

**UPCOMING WALKS:**

Saturday 25<sup>th</sup> June 11.00am start from Gunnislake station. A four mile circular walk through country lanes, the riverside and woodland footpaths.

Saturday 23<sup>rd</sup> July 11.00am start from Harrowbarrow and Metherell Village Hall car park. Six and a half miles along quiet lanes, bridleways and footpaths. There are some steep climbs and descents.

Our next Calstock Footpath Society meeting will be held on Tuesday 21st June 2.30pm at Albaston Methodist Church. All welcome.

**For further information please visit our website <http://cfs.btck.co.uk/> or Email [calstockfootpath@gmail.com](mailto:calstockfootpath@gmail.com)**

# Film, Fun and Fancy Dress

**Sunday 3<sup>rd</sup> July  
Callington Town Hall  
Entrance £1**

**(tickets available from Callington Town Hall)**

**1.00 p.m. – Sing-a-Long Frozen**

**Free ice lolly for anyone in fancy dress**

**4.30 p.m. – Star Wars – The Force Awakens**

**Free popcorn (one portion per person)**

**8.00 p.m. – Rocky Horror**

**Full audience participation expected**

**Refreshments available at 1.00 p.m.**

**and 4.30 p.m. performances**

**Bar at 8.00 p.m. performance**

**Come along and have some fun**

## **EAST CORNWALL CHOIR CELEBRATES ITS GOLDEN ANNIVERSARY**

The East Cornwall Bach Choir (your local choral society) is 50 years old this year and is celebrating with a super 'Golden Anniversary' concert to be held on Sunday 26th June 6.30pm at St. German's Church.

The programme will be a musical journey through the choir's past 50 years and will include the J.S. Bach Cantata 104 Magnificat in D which was sung at the first concert in 1966. The choir will finish the concert with a new work by a modern cornish poet and composer specially commissioned for this occasion.

Tickets will be available from Liskeard Tourist Office and on line at [www.ecbc.co.uk](http://www.ecbc.co.uk) priced @ £15 for adults; £7 for students and free entry for children aged 12 years and under.

The choir, soloists and orchestra will make this evening a very special occasion so please do join us for a lovely concert in a magical setting.

	<b>Tamar Valley Health Patients' Group</b>	
<a href="http://www.tamarvalleyhealth.co.uk">www.tamarvalleyhealth.co.uk</a>		<a href="mailto:tvhppg@outlook.com">tvhppg@outlook.com</a>

Every patient should receive the right medicine, at the right dosage, at the right time. This will save time and money.

Tamar Valley Health Centres has two Prescribing Practice Pharmacists that offer expert advice. GPs refer to the Pharmacist for updates on medications, and you can take advantage of this service as well. There is no need to see your GP if you have a question about taking your medications, the packaging, repeats orders, side effects or any other concerns. You can make an appointment or speak to the Pharmacist on the telephone. They can even call you at a pre-arranged time to help you.

Pharmacists can also be seen regarding: Allopurinol Therapy, Atrial Fibrillation, Diabetes, Epilepsy, Heart Disease, Heart Failure, Hypertension, Kidney disease, Peripheral Vascular Disease, Rheumatoid Arthritis, Stroke/TIA, Gout, Pain and other ailments. Plus an annual review of your medications which is vital to make sure your medication is still effective and appropriate for the condition it was prescribed. It is also important to tell them about any over the counter and home remedies you take, as these can affect the way your medications work.



Foods like grapefruits, cranberries, broccoli etc. can affect your medication. It is important to take your medication at certain times, maybe on an empty stomach, or with food, not all together etc. Make sure you know how to take your medication correctly so it works in the right way for you.

But you have been taking your pills the same way for years....maybe a chat with the Pharmacist could highlight something otherwise overlooked, perhaps you have picked up bad habits without realising the effect it may be having on you.

When you reorder your medication, do you order everything on your list each time, even if you do not need it? Afraid it will disappear off your list, so you are stock piling supplies? Rest assured this will NOT happen, but this action could throw up a false record of the medications you are taking, if they are unused. Speak to a Pharmacist and get reassurance.

Do you order medications at different times of the month? Order for family members as well? The Pharmacist will streamline the ordering pattern so you can order all at the same time.

Self Help - Make sure your medicine cabinet is up to date and stocked with supplies like Paracetamol, plasters, sunscreen, so when you need them you do not have to leave the house. Only you know what you use most so keep those available. Sore throats, aches and pains, colds, hay-fever, indigestion, can all be treated with the help of your local chemist.



The current prescription charge is £8.40 per item BUT you could save money by buying a 3 or 12 month Prescription prepayment certificate (PPC) A 3 month PPC is £29.10 and 12-month £104.00 payable by direct debit.

Contact your surgery and ask to see or speak to the Pharmacist Callington: 01579 382666  
Gunnislake 01822 832641 Gunnislake Surgery Pharmacy 01822 835000

### **UK Navigators - Callington**

We are a new structured youth group. We work towards badges, try out new activities, play games and sports, help in the Community and most of all have fun. If you are aged between 7 and 18 years of age why not come along and see what we do. We meet every Thursday 6.30pm-8.00pm at Golberdon Village Hall starting on Thursday 14th April.

For info contact Cheryl - 07770 797627 Email - [callington.navigators@aol.co.uk](mailto:callington.navigators@aol.co.uk)



# CAVe Film in June

[www.http://callingtoncave.weebly.com](http://callingtoncave.weebly.com)



## Spotlight

**Thursday 23rd June 7.30pm  
COUNCIL CHAMBER**

**Oscars 2016**

Won: Best Film    Won: Best Screenplay  
Nominated: *Best Supporting Actress*  
Nominated: *Best Director*  
Nominated: *Best Film Editing*

"Spotlight" gracefully handles the lurid details of its fact-based story while resisting the temptation to lionize its heroes, resulting in a drama that honours the audience as well as its real-life subjects.

"Spotlight" tells the riveting true story of the Pulitzer Prize-winning Boston Globe investigation that would rock the city and cause a crisis in one of the world's oldest and most trusted institutions.

*"Near-breathless high-tension performances from a fully immersed ensemble, each member conveying an unflagging determination to unveil the breadth of degeneracy."*

*"One of the year's most noteworthy Oscar contenders and a brilliant ensemble piece."*

*"The screenplay, by Tom McCarthy and Josh Singer, is one of the film's greatest strengths."*

**LOOK OUT FOR DETAILS OF THE FIRST  
CALLINGTON FILM FESTIVAL IN FESTIVAL  
WEEK!**

**"FILM, FUN AND FANCY DRESS!"**

## NEWS FROM THE TOWN COUNCIL



Over recent months we have been asking you about the murals and how you feel about them, whether they inject colour and interest into our town or whether they have had their day. But we cannot forget about our flower beds, they need some 'TLC' too! Thanks and appreciation must go to Kernow Delivery Service Ltd for kindly sponsoring the flower bed by the Council Chambers and Councillor Denley for agreeing to take on its continued maintenance. This small corner of the town is now a real delight to see.

The Town Council is really keen to see an improved street scene and has recently agreed to purchase some additional flower tubs for Fore Street in the hope that they will brighten up the town. Let's make Callington a 'scentsation' and a cut above the rest.

Please join with us by making the 'fuchsia' for our town look colourful and bright!

Any keen gardener or business that would like to help keep the flowerbeds looking great throughout the year, either with manpower or sponsorship, please get in touch with the Town Council on 01579 384039 or email [clerk@callington-tc.gov.uk](mailto:clerk@callington-tc.gov.uk)



# CALLINGTON CARNIVAL IS COMING!

**SATURDAY 2nd  
JULY 2016**



**Floats assemble in Saltash Road  
Car Park from 3.00 p.m.**

**Judging starts at 3.30 p.m.**

**Procession of floats at 4.30 p.m.**

**Procession route**

**Leave Saltash Road Car Park - St Germans Road -  
Westover - Lansdowne Road - Liskeard Road -  
Fore Street - Tavistock Road - Hazelwood Road -  
Beech Road - Trelawney Road - Saltash Road**

**Street Entertainment in  
Fore Street from 4.00 p.m.**



*Come along and  
have some fun*

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## **Fitness & Health:**

**Fun Keepfit Class (every Monday)** Town Hall 1.30pm - 2.30pm  
**WeightWatchers (every Monday)** Council Chamber 10.30am - 11.30am  
**Pilates (every Tuesday)** Town Hall 10.00am - 11.00am  
**Dance & Tone (every Tuesday)** Town Hall 11.15am - 12.15pm  
**Kettlercise (every Thursday)** Town Hall 9.30am - 10.30am  
**Tonefit (every Thursday)** Town Hall 2.15pm - 3.15pm  
**Diane Watson Yoga (every Friday)** Town Hall 9.15am - 10.15am  
**Latino Dance (every Friday)** Town Hall 10.30am - 11.30am  
**Zumba (Monday and Wednesday)** Callington Sport and Leisure 7.00pm - 8.00pm  
**Doryoku Ryu Karate Jutsu (every Monday)** Town Hall 6.00pm - 7.00pm  
**Slimming World (every Wednesday)** Cricket Club 9.30am, 11.30am, 3.30pm, 5.30pm and 7.30pm  
**Salsa (every Monday)** Town Hall 7.15pm

## **Council Meetings & Councillor Meetings:**

**Town Council Meeting – (Tuesday 7th)** 6.30pm Planning followed by Town Hall and Premises  
**Town Council Meeting – (Tuesday 21st )** 6.30pm Planning followed by Finance and General Purposes  
**Town Council Meeting – (Tuesday 28th )** 7.00pm Full Council followed by Outside Services  
**Andrew Long Surgery - (Saturday 11th)** 10.00am - 12 noon Town Hall **(Saturday 25th)** 10.00am - 12 noon Callington Library  
**Sheryll Murray Surgery - (Saturday 11th)** 12.30pm - 1.30pm Town Hall complex (by appointment only - call 01579 344428)

## **Community Events:**

**Country Market in Scout Hut, (every Wednesday)** New Road Car Park 8.45am - 12.00 noon  
**Stonham Housing Advice Centre (every Wednesday)** Town Hall 10.00am - 12.30 pm  
**Community Pop-In Cafe (every Thursday)** Coronation Close Community Centre 10.00am-12.00 noon  
**The Zig Zag Way production (Tuesday 14th)** Town Hall 7.30pm Tickets available from the CRBO (see page 3)  
**CAVe Film Show (Thursday 23rd)** Council Chamber, Town Hall Complex 7.15pm (see page 8)  
**EU Referendum (Thursday 23rd) Town Hall - All day**  
**Callington Carnival (Saturday 2nd July)** (see page 9)  
**Film, Fun and Fancy Dress (Sunday 3rd July)** Town Hall from 1.00pm (see page 6)

## **Children Activities:**

**Brownies (7-10yrs) (every Tuesday)** 5.30pm - 7.00pm 07837440634 or 01579 382015  
**Guides (10-14yrs) (every Tuesday)** 7.00pm - 8.30pm 07837440634 or 01579 382015  
**Seniors (14-25yrs)** will be running the same time as Guides 07837440634 or 01579 382015  
**Beavers (6-8yrs) (every Thursday)** 5.45pm - 7.00pm - Beaver Leader - Alison Hurn 07542 366 369  
**Cubs (8-10½) (every Tuesday)** 6.00pm - 7.30pm - Cub Leader - Jan Rider 07970 462458  
(To hire the Scout Hut please call Alison Hurn on 07542 366 369)  
**St John Ambulance Badgers (7-10 yrs) (every Friday)** 5.00pm -6.30pm Badger Leader- Paula Richards - 07817964361

**UK Navigators - (7-18yrs) (every Thursday)** 6.30pm - 8.00pm Golberdon Village Hall starting 14th April. New structured youth group. We work towards badges, try new activities, play games and sports, help in the community and most of all have fun.

Come along and see what we do. For info contact Cheryl - 07770 797627 Email - [callington.navigators@aol.co.uk](mailto:callington.navigators@aol.co.uk)

**FREE Family Film Show (Saturday 18th)** Town Hall 2.00pm - 4.00pm (see poster on page 2)

## **Local Groups:**

**U3A,** Monthly meeting **(Monday 6th )** Town Hall 10.00am - 12.00 noon  
**Ballroom & Sequence Dance (Saturday 4th)** Town Hall 7.30pm - 10.30pm  
**Age UK Lunch Club (every Thursday)** Town Hall 11.45am - 1.45pm  
**Celliwic Evergreens (Wednesday 8th)** Town Hall 2.00pm - 4.00pm  
**Caradon Social Club for Disabled (Wednesday 15th)** Town Hall 2.00pm - 4.00pm  
**Callington New Outlook.** A club for men and women **(every Tuesday)** Council Chamber 10.00am - 12 noon during term time except for 1st Tuesday of month  
**Callington WI (Wednesday 8th)** Council Chamber 7.30pm  
**Callington Town Band (every Thursday)** Cemetery Chapel, Liskeard Road. Training Band 6.15pm Main Band 7.30pm  
Contact Shirley Morse 350336  
**Callington Singers (every Thursday)** Callington Primary School 7.15pm - 9.00pm  
**Callington Tea Dance (Friday 10th & 24th)** Town Hall 2.00pm - 4.30pm  
**Callington Memory Cafe (Saturday 4th & 18th )** Council Chamber, Town Hall complex 2.00pm - 4.00pm



**PLEASE NOTE:  
THE DEADLINE FOR  
THE JULY 2016  
EDITION WILL BE  
12 NOON ON  
THURSDAY 9TH  
JUNE 2016**

## NICOLA GREENE CHIROPODY

BSc (hons) Podiatry McHS  
HPC Registered Chiropodist/Podiatrist

### Home Visit Practice

Full range of footcare treatments including:

- Nailcare
- Corns and Calluses
- Thickend Nails
- Dry cracked skin
- Diabetic foot assessments

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## **DARREN'S CARS**

Your local – near and far – Private hire “TAXI” service.

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OR

**07861 303 101**

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## MARTINE COX

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Massage and Sports Massage

### MASSAGE

Therapeutic, Sports and Remedial Massage  
at the THERAPY ROOM

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Email: [therapyroom1@btinternet.com](mailto:therapyroom1@btinternet.com)

The Old School, Stoke Climsland

## FUN KEEPFIT CLASSES

AT CALLINGTON TOWN HALL  
MONDAYS 1.30pm - 2.30pm and  
THURSDAYS 2.15pm - 3.15pm

A Class that works the whole body

Improving fitness and strength

With Rachel, a Professional Fitness Instructor

**GREAT MUSIC TO SING ALONG TO!**

For more info call 07837 482 477

## BODMIN'S GOLDEN FRY On The Move

Bringing Quality Fish & Chips to your Area



Serving you Thursday nights from  
5pm—7pm  
at  
Callington Cricket Club

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Contact us:

[www.landulphunderfives.co.uk](http://www.landulphunderfives.co.uk)

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