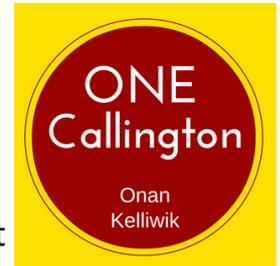




Gavel Strikes Gold for Community Groups & Charities



One Callington's first Community Fund Raiser Auction certainly struck at the heart of Callington's community spirit.

Many local businesses, groups and residents very kindly took part in this community event, by donating, promoting and buying, at the auction in the Town Hall, which was a golden opportunity to raise funds for local clubs, charities and causes.

The hammer fell with fair warning, raising a whopping £2013 on the night (including the 15% buyers commission, donated back by the auction house) with a further £164 being kindly match donated for some of the causes.

Taking the total to date to a fantastic £2,177!

Auctioneer, Hilary Mackay from Beech Park Auctions said 'It was fabulous to see so many local businesses seeing the bigger picture and getting involved in their community, with superb levels of funds raised for local clubs and causes. The support from One Callington's community networking group committee and members has been tremendous and I would also like to take this opportunity to thank Liskeard Community Auctions for their support on the night, after only just finishing an auction of their own only an hour or so earlier!'

One Callington has a Facebook page well worth following or to sign up for a regular hard copy report pop into Goodwood Emporium in the Old Ebenezer Chapel on Tavistock Road or email: onecallington@yahoo.com



The copy deadline for the May issue is 12 noon on Sunday 9th April 2017

(We will be working on a strict 'first come first served' basis, so get your articles in as soon as possible!)

Editorial copy can be sent to the Editor by emailing news@callington-tc.gov.uk
Copy can also be sent to the Town Hall at the address below

Advertising space needs booking in advance. Please post or hand in copy to Jo Taylor, Callington Town Hall, New Road, Callington PL17 7BD. Telephone 384039 or email: jo.taylor@callington-tc.gov.uk

The Town Clerk's Office is open from 9am - 2pm Monday - Friday

The Information Service (formerly One Stop Shop) is now open from 9.30am-1.30pm Mon, Tues, Wed & Fri. General Enquiries 0300 1234 100

Post can be put in the letter box in front of the office or through the entrance door.

Church Matters

Our Lady of Victories Catholic Church

Sunday Mass 5.00pm throughout the season of Lent
Palm Sunday - 5.00pm Procession in the grounds, weather permitting and distribution of Palms. Reading of the Passion. Holy Mass.

Good Friday 5.30pm Stations of the Cross followed by light refreshments

Easter Sunday Holy Mass 8.00am
There will be no evening Mass

St Cuthbert Mayne Launceston

Sundays throughout Lent Holy Mass 10.00am

Palm Sunday 10.00am Procession weather permitting, distribution of Palms reading of the Passion

Easter Triduum held at St Cuthbert Mayne Launceston
13th April 7.00pm
Maundy Thursday, Evening Mass of the Lord's Supper and Watching at the Altar of repose

14th April 3.00pm Good Friday. Solemn Celebration of the Lord's Passion. Confessions before and after

15th April 8.30pm Easter Vigil

16th April 10.00am Easter Sunday Mass both at Launceston and Bude

Canon David Annear 01566 773166

Methodist Church

Sunday 2nd April - Junior Breakfast Club 9.00am-10.00am where we Eat, Play and Pray Together

Sunday 9th April - Palm Sunday - Messy Church 3.30pm - 5.45pm. Games, Fun, Food and Crafts for all the family. Children to be accompanied by an adult please

EASTER - COME AND CELEBRATE !

Thursday 13th April 7.30pm - Maundy Thursday Communion Service

Friday 14th April 10.00am - Good Friday Service followed by Hot Cross Buns in aid of Action for Children

Saturday 15th April 6.00pm - The Easter Story - a Presentation given at Tamar Valley Methodist Church
Sunday 16th April 6.15am - Ecumenical Sunrise Service at the top of Kit Hill

8.00am - Easter Communion & Breakfast

10.30am - Easter Sunday Communion Service

6.30pm - Easter Celebration Service - a more informal Service led by our Worship Band

Wednesday 19th April 2.30pm at Stoke Climsland Methodist Church - Methodist Women in Britain, Speaker Lavinia Archer

Wednesday 30th April 6.00pm at St Dominick Methodist Church - Easter Offering Service , Speaker Rev Jo Smart

Please visit our website for details of our other regular Services and activities.

www.callingtonmethodist.org

St Mary's Church

Sunday 2nd April
8.00am Holy Communion BCP
10.00am Together@Ten

Sunday 9th April Palm Sunday
8.00am Morning Prayer BCP
10.00am Morning Worship
6.30pm [6.30@SMC](#)

Maundy Thursday 13th April
7.00pm Communion Service at Stoke Climsland Church

Good Friday 14th April
11.00am Devotional Service for Good Friday followed by Hot Cross Buns

Easter Sunday 16th April
6.15am Sunrise Service on Kit Hill. Churches Together
8.00am Holy Communion BCP
10.00am Family Communion

Sunday 23rd April
8.00am Morning Worship
10.00am Holy Communion

Sunday 30th April
8.00am Morning Worship BCP
11.15am Cluster Service at St. Melors Linkinhorne

Further details of all our activities can be found on the website at <http://www.callingtoncluster.org.uk/>

Clairvoyant Evenings

Why pay pounds to go to see a Clairvoyant on a special evening? Well now you don't really need to because we have the same thing in Callington twice a month for a lot less money.

We have Clairvoyant evenings twice a month in the Town Hall Committee Room or Council Chambers and have different mediums every week. We also have a list of future mediums for the following months, it will only cost you £3.00 with tea or coffee after, if you wish. We also have a raffle.

The evenings are the second and fourth Wednesday every month from 7.15pm - 9.15pm, our mediums for April are as follows:

Wednesday 12th April Committee Room -
medium Nicky Gard

Wednesday 26th April Council Chamber -
mediums Dawn Lodge/Tina Corns

LADIES LUNCHEON CLUB

The morning of March 1st was beautiful, and in this early Spring, the birds were singing in the trees and sunbeams shone through the misty glades like curtains of golden gauze. The room at Sleepy Hollow was filled with a hum of conversation like the hum of the bees in Springtime, the morning was so beautiful.

Everything about our new venture has now taken off with the minimum of fuss. The table was laid meticulously, the food was all freshly cooked and hot. It was lovely to have our own space at no extra cost. Being on a bus route will enable future ladies, who do not have transport, to get the bus. All in all, we have turned up trumps with our new choice of venue.

My mission will continue, gathering ladies who are lonely and in need of company, to get out and about. I have the greatest satisfaction knowing that some of the ladies have made friends and have now moved on, they are lonely no more.

As we have started a new strategy, new direction, I felt there was no need to have any form of finance. Over the years we have accumulated the sum of £426.82. Following final payment of £56.73 to Sue Smith for ink etc for printing, our final total amounted to £370. After a discussion with those ladies who attended on March 1st Luncheon Group, this sum was handed over to The Cornwall Children Cancer Hospice.

I thank all those ladies who offered their expertise by donating their talents in the name of charity throughout the years. Little acts done for love are worth so much.

Our next Luncheon meeting is on Wednesday 29th March at Sleepy Hollow 12 noon. There will be no meeting in April. We are now able to accept ladies of retirement age. If you would like to join us please get in touch with Val Williams on 01579 384024 and leave a message, or email williamsvalerie897@gmail.com. You will be very welcome, our doors are open.

FIRST CALLINGTON SCOUT GROUP



During February both sections were lucky enough to have a visitor come along and help them with their First Aid skills. This was a busy but great night with both sections attending.

The Beavers have been focusing on Global Issues. We prepared and ate some Fair Trade chocolate baked bananas which went down a treat. We made some endangered species masks and each Beaver looked at countries where water poverty is an issue. They then proceeded to make their very own water filters.

The Cubs all took part in a collectors and hobbies evening where they brought along amazing collections. From precious rocks, books and coins to Warcraft figures, shopkins and Lego. We have also covered the Sports Enthusiast Badge with different sports, hockey, gymnastics and javelin naming a few.

If you think your young person would really enjoy this then why not come along and give it a try. We meet in the Scout Hut at the top of the Co-op car park in New Road, Callington.

Do you dream of being the next Bear Grylls? Enjoy the outdoors? Love a challenge? Then why not join our team and become a Scout Leader! We, at 1st Callington, are actively searching for a Scout Leader for our rapidly growing group. It's great fun and extremely rewarding. It looks fantastic on your CV too. You would be helping the youngsters of the local community to get outdoors, try new things, gain confidence and most importantly have fun!

For more information please email

callingtonbeavers@gmail.com or callingtoncubs@hotmail.com

Town Crier services

Were you aware that Callington has it's very own Town Crier? If you have a public event or fair that you want opening, or a personalised proclamation you want made for your Wedding Day then the Town Crier is your man. Tony is available for most events including Corporate events, Business events, birthday parties and 'Crier Grams'.

Give Tony a call on 01579 384775 or email: towncrier@stentiford.eclipse.co.uk





PLAY BOWLS

The sport for all ages, abilities and genders. The perfect sport for all family members.

It has been medically proven that bowls improves your general health.

Bowls is not just a sport, you can also have a varied and active social life at your local club. It is an ideal sport for meeting new people, socialising and meeting new challenges. Make new friends, feel safe, have a healthier lifestyle.

CALLINGTON BOWLS CLUB

We are holding a free, open taster/trial sessions at our club in Liskeard Road for anyone to come along and try bowling. Qualified coaches will be present. Come along and have a chat and a cup of tea.

TASTER DAYS 10.00am to 4.00pm

SATURDAY 15th APRIL

SUNDAY 23rd APRIL

SATURDAY 29th APRIL

If these dates are not suitable, contact Graham Body
On 01579 350332 to arrange a time and date to suit you



Do you include weights to your exercise routine? Studies have revealed that if you don't, you probably should.

Strength and resistance training is the best way to achieve a toned, lean body, the bone-strengthening health benefits of lifting weights are brilliant, too. Weight bearing exercise has a hugely positive effect on bone density and warding off osteoporosis. In fact, a study by Physician and Sports medicine found that post-menopausal women who exercised five times a week lost bone mass at a rate 3-and-a-half times slower than those that didn't.

New research has also found that while we diet, we often see a reduction in our resting metabolic rate and weight training may be the answer to this too! This research may explain why it's sometimes difficult to keep weight off, as a reduced metabolic rate lowers the number of calories we burn. The study followed 14 contestants from the US show The Biggest Loser six years after the show and found that all but one of the contestants had regained the weight they had previously lost. The findings of this study show that dieting alone may not be enough, and the solution to this problem could be to build up muscle mass, which is lost as we age. This can be achieved by aerobic exercises and strength training.

How does lifting weights help reduce osteoporosis? While it might sound counter-productive at first, studies have shown that lifting weights on a regular basis helps prevent osteoporosis-related bone fractures. Lifting weights - even light ones - prevents the natural bone loss that occurs as we age. In fact, some scientists believe that using weights can even build new bone. What's more, weight training helps improve your body's balance and posture by strengthening muscle - crucial for minimising the possibility of a bone-breaking fall. Does it burn as many calories as cardio? While there's no denying that watching the calorie counter tick up whilst doing cardio is incredibly satisfying, but weight training makes your body burn calories over a longer period of time even after you've finished exercising. Gram for gram, muscle tissue burns more calories than fat. So, by building muscle, you'll build a body that burns more calories 24/7.

Won't weights make me bulky? There's a common - and understandable - misconception that weight training can make women look manly. The simple answer here is that it's just not true. Women's bodies just don't contain the levels of testosterone needed to build bulky muscle. That's why men build muscle relatively easily, while for women it can take years of heavy weight training and an incredibly protein-rich diet. So, don't worry - you won't end up looking like a leather-skinned bodybuilder.

New Class at Callington Town Hall...Total Body Conditioning 9.30-10.30am on the Thursdays.

TBC is a whole body workout that can improve your overall fitness, starting with a cardio routine to warm you up, moving on to some focused resistance work (using small dumbbells or kettlebells) to tone your muscle and strengthen your bones. Finishing with stretches for flexibility.

Only £4.50 per class email dianemwatson@hotmail.com or text/call on 07876332941





Callington U3A

Callington U3A's speaker this month was Dr Peter Brinsden. He was born in Peking in China in 1940. He lived in China, the United States, Canada and Hong Kong until 1950. Dr Brinsden was educated at Rugby School, King's College London and St George's Hospital Medical School. He qualified MBBS and MRCS, LRCP in 1966. Dr Brinsden joined the Royal Navy in 1966, and served as Ships Medical Officer 1969-1970. He started training as a gynaecologist in 1970 in military and civilian NHS hospitals until 1978. He qualified DObst RCOG in 1981, MRCOG in 1976 and was elected FRCOG in 1989. Dr Brinsden was made a Consultant Gynaecologist in 1978, with a principal interest in infertility treatment.

He gave a fascinating account of their life in China. The title was My Family in China 1856-1948-2016. He was the fourth generation to be born in China from 1856 He told us stories about various members of his family The Fitch/Cooks/Brinsden Family. Robert Fitch founded the Hangchow Christian College in 1912 he built a church that became a university. He wrote a guide book of walks, also wrote for the National Geographic, a book about Life Afloat in China and My Eighty Years in China. Peter showed us snippets from his grandmothers diary from 1927.

His Great Uncle George wrote about the Rape of Nanking, when 300.000 people were massacred by the Japanese. He wrote.

"Complete anarchy has reigned for ten days - it has been hell on earth... to have to stand by while even the very poor are having their last possession taken from them - their last coin, their last bit of bedding (and it is freezing weather), the poor ricksha man his ricksha; while thousands of disarmed soldiers who had sought sanctuary with you together with many hundreds of innocent civilians are taken out before your eyes to be shot or used for bayonet practice and you have to listen to the sounds of the guns that are killing them; while a thousand women kneel before you crying hysterically, begging you to save them from the beasts who are preying on them; to stand by and do nothing while your flag is taken down and insulted, not once but a dozen times, and your home is being looted and then to watch the city you have come to love and the institution to which you have planned to devote your best deliberately and systematically burned by fire - this is a hell I had never before envisaged."

George Fitch met Chou En Lai, Wang Ming, Mao Tse-ting and the Dalai Lama.

Peters father Dudley Brinsden married in 1939. They lived in Peking, their transport was Rickshaws and hand drawn carts. Lots of beautiful old palaces, and Hutungs, traditional Chinese homes which have now been replaced by modern blocks of flats. They would have tea at the Summer Palace. They then moved to Hong Kong in 1949 at the start of the revolution.

He gave us some interesting facts about China. The Population is 1.35 billion. There was 20-40 million deaths due to starvation and persecution between 1958-1962. They have 900 million mobile phones. The Chinese smoke 50,000 cigarettes per second.

Traditional Chinese medicine is 3/4000 years old. There are more Christians in China than anywhere else in the world at 70 million.

Peter has been an Affiliated Lecturer at the University of Cambridge's Clinical School at Addenbrookes Hospital since 1992, and a Visiting Professor in Gynaecology and Fertility at the Capital Medical University in Beijing since 2001. Dr Brinsden has also been an Inspector for the Human Fertilisation and Embryology Authority since 1997.

This was a fascinating insight into life in China past and present and the huge changes this country has been through, since Peters family bravely stepped foot on its shores in 1856.

If you are interested in joining us at the Callington U3A go to www.u3asites.org.uk/Callington or come along on the first Monday of the month 10am Callington Town Hall.

Callington Community



What's On in the CAVE in April



Thursday 27th April 2017

Callington Town Hall

Doors open at 7.15pm for membership registration £5 (cash only)

Members' entrance: Adults: £4 U18s: £3

Start time: 7.30pm (Doors open at 7.00pm)

NOTE: MEMBERSHIP REQUIRED (AVAILABLE ON DOOR).

In the years following World War I, Tom Sherbourne (Michael Fassbender), a young veteran still numb from his years in combat, takes a job as lighthouse keeper on a remote island off the coast of Western Australia. As the island's sole inhabitant, he finds comfort in the monotony of the chores and the solitude of his surroundings. When he meets the daughter of the school's headmaster, Isabel Graysmark (Alicia Vikander), in the local town of Partageuse on the mainland, Tom is immediately captivated by her beauty, wit and passion, and they are soon married and living on the island. As their love flourishes, he begins to feel again, their happiness marred only by their inability to start a family.....

"The Light Between Oceans" is a heart-breaking drama about fate, love, moral dilemmas and the lengths to which one couple will go to see their dreams realized. Starring Academy Award and Golden Globe nominee Michael Fassbender, Oscar winner Alicia Vikander, Academy Award and Golden Globe winner Rachel Weisz, the film is written for the screen and directed by Derek Cianfrance based on the acclaimed novel by M.L. Stedman.



Trumpet & Oboe Recital

Music College Graduate
Jennifer Boase
former Military musician

Paul Boase
Present an evening of music for trumpet and oboe.

Accompanied by
Mary Mazur-Park
Callington Methodist Church
22nd April 2017

7.30 pm
Entry FREE
collection in aid of
ACTION FOR CHILDREN



Are you looking for a Party, Meeting or Function Venue?
Then look no further than your local Town Hall.

The Hall and complex is available for hire for a variety of Commercial, Charity and Social Events.



The Town Hall is host to regular groups and events including:-



For more information please contact Beckie on 01579 384039, email:

bookings@callington-tc.gov.uk
or visit our website www.callington-tc.gov.uk



Callington Heritage Centre

Spring is here hopefully, as you read this! Much activity at The Heritage Centre with contractors erecting false walls, painting, plastering etc to make good the ever present signs of the incursion of damp to the south wall. Our thanks to the Town Council for their perseverance in seeking to eradicate the problem. To clear an area large enough for the work to be completed along with scaffolding, it has been necessary to move all glass display cabinets and map drawers to the other end of our already limited space, hence therefore confining what we have been able to achieve in the duration, to a minimum.



The photo shows Callington's Carnival Queen with her attendants from the 1980s/1990s.

We have been contacted recently by Callington Singers who are holding a "Singing Workshop and Concert" on Saturday 29th April in St Mary's Church, Callington. They have kindly agreed to donate the proceeds to the Heritage Centre for which we are very grateful. The workshop is running from 11 .00am to 5.00pm with the main Concert "The Greatest Hits of Choral Music" commencing at 5.30pm. For further information and tickets ring 01579 370323. In the meantime our search goes on for a Carnival dress, we have a cloak brought in last week, so that's a start.

At our last Committee meeting, it was agreed that the Museum would open for the new season at 10.00am Friday 21st April a week later than usual, as it was agreed that the clash with Easter was unhelpful, moreover, it would also give us longer to prepare in view of the time lost to decorating. In the meantime, we are maintaining a working presence on Friday afternoons from 1.00pm – 4.00pm and can be contacted on 01579 389506.

VOLUNTEER

All that's missing is U!

Fancy helping out at CAVe events? Being Front of House? Selling raffle tickets? Serving refreshments? Fancy meeting the artists informally? Getting posters up in surrounding villages? Think you might add some new ideas in choosing acts and/or films? Can you offer your time to help in the day-to-day running of CAVe activities?

Help out at the CAVe

The time commitment is as much, or as little, as you can afford. We'd love you to join us!

Please contact Peter on 01579 384509 or email caveatcallington@gmail.com if you think you can lend a hand.



Callington Volunteer Litter Pick

Saturday 1st April, meet at Callington Town Square by St Mary's Church at 10.00am - everyone welcome!

This will be our second Litter Pick and I think we can outdo ourselves! This time we will be focusing on an area in Callington and an area in Kelly Bray. All equipment will be provided and we will also be having food and refreshments afterwards at Callington Town Hall, kindly donated by Ginsters.



Annual Parish Meeting

**Callington Parish
[includes Kelly Bray]**

**Council Chamber
Tuesday 25th April 2017
7.00.pm**

**YOUR CHANCE TO SAY WHAT YOU WANT,
ASK QUESTIONS, MAKE COMMENTS**

EVERYONE WELCOME

Kernow King comes to Callington!

Kernow King's Greatest Hits

Friday 28th April 8.00pm

Callington Town Hall



If ever there was a perfect example of *local entertainment for local people* then this has to be it.

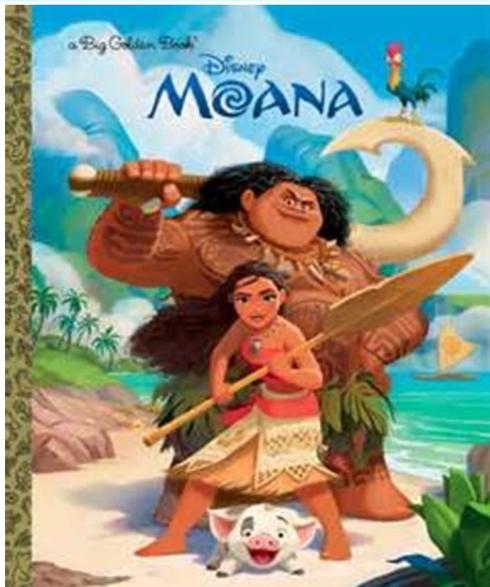
The **Kernow King** knows how to get laughs out of seeing the funny side of the world around us here in the Duchy. Referencing nearby towns with lofty ambitions (*Pool is the Future*), popular characters ('naughty' Margaret from *Ann's Pasties*) and familiar experiences for many Cornish folk (*shopping in Trago Mills*), he tickled the funny bones of people looking for some regional entertainment.

The self-proclaimed **King of Kernow** has been touring for the last six years, and boy, has he come a long way. From pasties to dogging, politics to dialect, there isn't a subject matter that the **King** hasn't talked and laughed about. Following performances at **Glastonbury Festival**, **Port Eliot**, and even **Australia**, the humble **King** is back for one night only with his **Greatest Hits** (plus a little extra new stuff!) for a mammoth night of Cornish laughs!

Warning: This show will contain themes of a Cornish (and adult!) nature.

All tickets, in advance £12, available from www.crbo.co.uk/kernowking

FAMILY FILM SHOW



Saturday 15th April
Doors open at 2 pm
Film starts 2:30 pm
Free Entry

CALLINGTON TOWN HALL

Singing Workshop & Concert

The Greatest Hits of Choral Music

with

The Callington Singers



St Mary's Church, Callington, 29th April 2017

£10 per singer £5 admission to concert

Workshop 11 am-5pm. Concert Performance at 5:30 p.m.

To include: Zadok the Priest & Hallelujah Chorus by Handel; Gloria (opening movement) by Vivaldi; Ave Verum, Laudate Dominum & Lacrimosa by Mozart; In Paradisum & Cantique de Jean Racine by Fauré; Jerusalem by Parry; Antiphon by Vaughan Williams; Panis Angelicus by Franck; The Heavens are Telling by Haydn; Abendlied by Rheinberger and Tollite Hostias by Saint-Saëns

All Proceeds to Callington Heritage Museum

To Book: 01579 370323 or contact via our website www.callingtonsingers.org

Musical Director Graham Williams; Accompanist: Mark Smith



Funded by Cornwall Council Community Chest Grant

THE GRAND TOUR CAPE TO CAPE 2017

After a break of 4 years, Terry and Jeff are once again engaged in a fundraising campaign for Macmillan Cancer Support. They have gained an entry to the prestigious endurance rally for classic cars, which saw them overall winners in both their previous attempts in 2012 & 2013.

Next month (April) they will head for Bilbao in Northern Spain to meet up with 39 other crews from around Europe, all intent on raising the most money for Macmillan. The next 8 days will be a test of reliability for man and machine, covering some 2,000 miles of mountainous terrain, and undergoing various driving and navigational skills in a 1950 MGTD.

Having spent a combined 70 years serving the local community as Lion members, they are very grateful to the current Lions Club of Callington, who have agreed to stage a Curry & Quiz Night at the Town Hall on Saturday 8th April 2017, when all proceeds will boost their efforts. A similar format in 2013 raised a staggering £1200 and was considered a resounding success due to the excellent cuisine and the skills of Quiz-master extraordinaire, Ken Aspinall. Team captains are sought to organise groups of 4-6 who will each pay £7.50 for the privilege, with entry by ticket only, obtainable from Terry Bolt (01579 383497, 07432103223) or Jeff Hearn (01579 383151 or 07747420848). As there is a size restriction of 24 teams, demand will be high so an early phone call is advised.

For anyone who doesn't like curry or quizzes but is anxious to subscribe to this very worthy cause, the following websites are an option: www.facebook.com/C2CClassicCarRally/ or www.justgiving.com/fundraising/capetocape2017 or www.justgiving.com/fundraising/Terry-Bolt2 .

If opting for either 1 or 2, please leave a message of support and quote Terry and Jeff. This will be the 12th Cape to Cape event and the achievable collective target is £750,000 which will remain in Plymouth and Cornwall. Please give to Macmillan Cancer Support whenever you can, Thank you.




Curry and Quiz Night

Lions Club of Callington
Saturday 8th April 2017
7.00pm
Town Hall, Callington

Curry and Quiz Night
Teams of 4-6 people
Tickets £7.50 per person

Licensed Bar

All proceeds for Macmillan Cancer Support
Cape to Cape Challenge

Tickets available from
Terry Bolt 01579 383497 or
Jeff Hearn 01822 832109

**WE ARE
MACMILLAN.
CANCER SUPPORT**



Cape to Cape 2017
Challenge

Civic Service

The Mayor and Portreeve, Councillor Mark Smith, would like to welcome everyone to attend the Civic Service on Sunday 7th May at St Mary's Church, Callington at 10.30am. The parade to the Church will set off from the Town Hall at 10.00am with the service scheduled to start at 10.30am

The Civic Service is multi denominational and will take the form of a Thanksgiving Service

Refreshments will be served in the Town Hall after the service.



ALL WELCOME



Egg Decorating Competition



Callington's Chyvarhas Care Home are seeking people of all ages to take part in their Easter charity event, to raise money for their residents' comfort fund.

Participants' decorated boiled eggs will go on display from 9.00am in Callington Town Hall on Saturday April 15th, and will be exhibited to the public until 11.50am, when the winners for 1st, 2nd & 3rd will be judged and prizes awarded.

The theme of the competition is 'Spring.'

Please bring your own egg cup.

The competition is £1 to enter, and there will be a collection bucket by the door for any of the public who wish to donate.

We hope to see lots of happy faces popping in to see what our Callington Creatives can concoct, and deeply thank all who get involved.

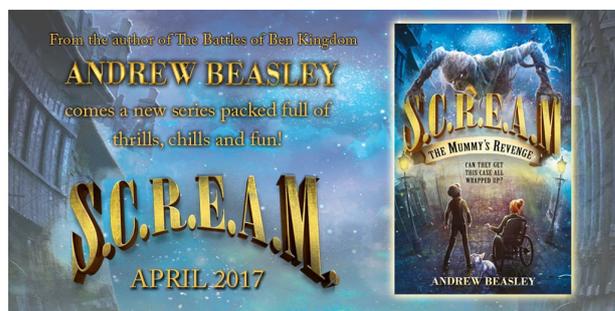
Search for 'Callington Egg Decorating Competition' on Facebook



Book release for Callington Author

Andrew Beasley, former Callington Primary and Community College pupil, has enjoyed a lifelong love of reading. Now his dreams of becoming an author have come true. He has a new series for major children's publisher Usborne.

The first book, **S.C.R.E.A.M. The Mummy's Revenge**, is released on 1st of April, with a sequel to follow later in the year. The series is packed full of adventure, laughs, chills and thrills. His previous trilogy, **The Battles of Ben Kingdom**, proved popular with readers around the county. It was shortlisted for numerous awards including the Kernow Youth Book award, and was nominated for the prestigious Carnegie Medal. A teacher as well as an author, Andrew is often on tour or visiting schools encouraging a new generation to share his passion for books.



Mush is the app to help you find your local mum gang



The simple, free way to meet local, like-minded mums with kids the same age



The Rotary Club of Callington's Race Night.

The Rotary Club of Callington raised £3,000 at their 37th Annual Race Night, held at the Town Hall, on Saturday 11th February and 120 hardy souls braved the bitter cold to support the event. An 8 race video programme, allowed the assembled punters to choose their winners and place bets. Hardly anyone made a fortune, but everyone went home happy.

Lewis Bond hosted, in his own inimitable manner, and also auctioned a football signed by the Plymouth Argyle players and ex manager Tony Pulis, this made £105.

Bob Wade, Rotary Callington's President said, " Thanks to all who turned up on such a cold night and to all our sponsors and those who donated raffle prizes. We work hard throughout the year to raise funds, however this is our biggest single event. It is splendid, so many people have given us such magnificent support."

The money raised will be used to help the local community and charities, including, Memory Cafe, Mayfest and the Summer Carnival, also ShelterBox for international disaster aid.



Supported using public funding by
**ARTS COUNCIL
 ENGLAND**



**Never tried
 drumming before?**
*No matter? No
 experience needed!*

**Member of an
 orchestra already?**
*Get a different
 experience!*

**Think you can't
 sing?**
Find your voice!

**Too busy to
 commit all year
 long?**
*Have some fun over
 a short period!*

Get ready for MayFest 2017

FREE SAMBA DRUMMING WORKSHOPS with Sean Hooper of Truro School of Samba

FREE MUSIC WORKSHOPS with Jon Dyer of WREN Music

FREE SINGING WORKSHOPS with Sarah Owen of WREN Music

FREE CORNISH DANCE & MUSIC WORKSHOPS with Carmen Hunt of Scoot Lyskerrys

<i>Date</i>	<i>Time</i>	<i>Samba</i>	<i>MayFesters Music</i>	<i>MayFesters Singing</i>	<i>Cornish Dance</i>
March 11th	10.30	Callington Scout Hut	Methodist Church	Town Hall	
March 25th	10.30	Callington Scout Hut	Methodist Church	Town Hall	
April 22nd	10.30	Callington Scout Hut	Methodist Church	Town Hall	
April 29th	10.30	Callington Scout Hut	Methodist Church	Town Hall	Methodist Church
May 6th	10.30	Callington Scout Hut	Methodist Church	Town Hall	Methodist Church



Callington Primary School is looking to appoint a governor to join their Local Governing Board.

The school is in a multi academy trust, The Duchy Academy Trust, with Lewannick Primary and Boyton Primary Schools. The Trust is totally committed to improving children's lives through the provision of high quality education. This is achieved by supporting the open, transparent and rigorous monitoring of teaching and the learning and sharing of expertise. The individual and unique identity of schools and members within the partnership is something which is valued and celebrated.

Governors are volunteers and should have the skills to contribute to the work of the Board by ensuring that high standards of achievement are available for all children and young people in the schools.

Applications are requested from those who can strengthen any of the existing skills in HR, legal, accountancy, premises management and general business management. A formal qualification is not necessary but a keen desire to improve opportunities for the next generation is essential. If you would like to make a positive contribution to the education pupils receive at our community schools, please complete an application form which can be obtained from the Clerk to Governors (contact details below).

The completed application form should be returned to Debbie Stoneman by email to debbiestoneman@trailerland.co.uk or post at 'Flerswell', Trehunist, Liskeard PL14 3SD. All applicants will be contacted in due course.



**Tamar Grow
 Local
 move to larger
 premise in the
 Pannier Market**

Tamar Grow Local is moving across the Pannier Market to the shop which was previously the florists.

Tamar Grow Local will moving its shop, office, community kitchen and honey extraction facility across the car park to the bigger premises in April. The shop will still be open for purchases of wholefoods, local honey and apple juice.

Rachael Forster from Tamar Grow Local said: 'We're really pleased to be able to move into bigger premises in Callington. We really enjoy having our HQ in the town and this move guarantees our future for years to come. We also hope to be able to expand our shop range to include more local produce and wholefoods.'

Tamar Grow Local is open Monday to Friday 10.00am - 4.00pm, closed Tuesdays and the weekends.

Orders for fresh local produce can be placed online at www.tamarvalleyfoodhubs.org.uk

DIARY FOR APRIL 2017

Fitness & Health:

Fun Keepfit Class (every Monday) Town Hall 1.30pm - 2.30pm
WeightWatchers (every Monday) Council Chamber 10.30am - 11.30am
Pilates (every Tuesday) Town Hall 10.00am - 11.00am
Dance & Tone (every Tuesday) Town Hall 11.15am - 12.15pm
Total Body Conditioning (every Thursday) Town Hall 9.30am - 10.30am
Kettlercise (every Wednesday) Callington Sport and Leisure 6.00pm - 7.00pm
Kettlercise (every Friday) Callington Sport and Leisure 6.00pm - 6.50pm
Fitness Yoga (every Friday) Town Hall 9.15am - 10.15am
Latino Dance (every Friday) Town Hall 10.30am - 11.30am
Zumba (Monday and Wednesday) Callington Sport and Leisure 7.00pm - 8.00pm
Doryoku Ryu Karate Jutsu (every Monday) Town Hall 6.00pm - 7.00pm
Slimming World (every Wednesday) Cricket Club 9.30am, 11.30am, 3.30pm, 5.30pm and 7.30pm
CardioCore (every Thursday) Callington Sport and Leisure 6.00pm - 6.45pm
Fitness Yoga (every Thursday) Callington Sport and Leisure 6.45pm - 7.30pm

Council Meetings & Councillor Meetings:

Town Council Meeting – (Tuesday 4th) 6.30pm Planning, Town Hall & Premises, OS
Town Council Meeting – (Tuesday 18th) 6.30pm Planning, FGP and OS
Town Council Meeting - (Tuesday 25th) 7.00pm Full Council Meeting
Sheryll Murray Surgery - (Saturday 22nd) 12.30pm - 1.30pm Committee Room, Town Hall
(by appointment only - call 01579 344428)

Community Events:

Country Market in Scout Hut (every Wednesday) New Road Car Park 8.45am - 12.00 noon
Stonham Housing Advice Centre (every Wednesday) Town Hall 10.00am - 12.30pm
Community Pop-In Cafe (every Thursday) Coronation Close Community Centre 10.00am - 12 noon
Callington Volunteer Litter Pick (Saturday 1st April) St Mary's Square 10.00am **ALL WELCOME**
Egg Decorating Competition (Saturday 15th April) Town Hall 9.00am (see page 12)
Annual Parish Meeting (Tuesday 25th) Council Chamber, Town Hall Complex, 7.00pm
Kernow King (Friday 28th) Town Hall 8.00pm. Tickets in advance from www.crbo.co.uk/kernowking

Children Activities:

Brownies (7-10yrs) (every Tuesday) 5.30pm - 7.00pm 07837440634 or 01579 382015
Guides (10-14yrs) (every Tuesday) 7.00pm - 8.30pm 07837440634 or 01579 382015
Seniors (14-25yrs) will be running the same time as Guides 07837440634 or 01579 382015
Beavers (6-8yrs) (every Thursday) 5.30pm - 6.30pm - Beaver Leader - Alison Hurn 07542 366 369
Cubs (8-10½) (every Thursday) 6.45pm - 8.00pm - Cub Leader - Jan Rider 07970 462458
St John Ambulance Badgers (7-10 yrs) (every Friday) 5.00pm - 6.30pm 07817964361
St John Ambulance Cadets (10-18yrs) (every Friday) 5.00pm - 7.00pm Unit Leader Paula Richards
FREE Family Film Show (Saturday 15th April) Town Hall 2.00pm Moana (see page 10)

Local Groups:

Ballroom & Sequence Dance (Saturday 1st & 15th April) Town Hall 7.30pm - 10.30pm
Tea Dance (Friday 28th) Town Hall 2.00pm - 4.30pm
Age UK Lunch Club (every Thursday) Town Hall 11.45am - 1.45pm
Callington Town Band (every Thursday) Cemetery Chapel, Liskeard Road
Training Band 6.15pm Main Band 7.30pm Contact Shirley Morse 350336
Callington Singers (every Thursday) Callington Primary School 7.15pm - 9.00pm
Callington Memory Cafe (Saturday 8th & 22nd) Council Chamber, 2.00pm - 4.00pm
Callington Astronomy Club (First Friday of the month) St Dominic Village Hall 7.30pm - 10.30pm
Callington Camera Club (Third Friday of the month) Scout Hut, Callington 7.00pm - 9.00pm
Royal British Legion (Second Tuesday of the month) Bulls Head, Callington 7.30pm
Caradon Social Club for the Disabled (Wednesday 19th) Town Hall 2.00pm - 4.00pm
Celliwick Evergreens (Wednesday 12th) Town Hall 2.00pm - 4.00pm
Callington Amateur Radio Society (Wednesday 5th) Council Chamber, 7.00pm - 9.00pm
Callington WI (Second Wednesday of the month) Council Chamber, 7.30pm
New Outlook (every Tuesday except 1st of the month) Council Chamber 10.00am - 12 noon
Callington Bowls Club Free taster/practice Friday evenings from 6pm. Contact Graham Body to arrange alternative times for coaching or having a trial on 01579 350332

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What's on in April

April 14th Good Friday - Fish Supper
(eat in or takeaway)
Live Music from "Rock 'N' Roll Outlaws" 9.00pm
April 16th Easter Sunday - Traditional Sunday
Lunch
(traditional Jazz music from "The New Washboard
Syncopators")

What's on in May

MAYFEST - Saturday 13th May
Real Ale & Cider Festival
Hog Roast & BBQ
Live Music from Departed 5.00pm
The Jack 9.00pm

38 Fore Street, Callington, Cornwall PL17 7AQ

 **27th May 2017**
Starting at 12 Noon
Liskeard Rugby Club

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24 hours you will never forget!

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