

tvhPPG

**Tamar Valley Health
Patients' Group**



www.tamarvalleyhealth.co.uk

tvhppg@outlook.com

Tamar Valley Health - Your Paramedics

My name is Paul and I am very excited to have recently joined the team here at Tamar Valley Health. I have over 15 years of experience in the National Health Service, joining the ambulance service in 2002, soon after qualifying as a Paramedic. Since then I have been keen to develop my role as a paramedic, taking on the mentoring of staff and students which I have found very rewarding. In 2012 after a tough selection process, I was recruited to the Cornwall Air Ambulance, based at Newquay Airport.

Since then I have completed a first class honours degree in Urgent and Emergency Care and studied Critical Care at post graduate level, as well as taking part in numerous nationally recognised courses in advanced adult and paediatric and new born life support as well as advanced trauma care. The air ambulance allowed me to not only develop academic skills but was also extremely challenging, seeing unwell patients often with immediately life threatening conditions or injuries on a daily basis develops both clinical skills and levels of compassion.

My desire to learn and evolve as a clinician has led me towards this position in primary care. I was well used to the pressures and stresses of working in emergency care, but a new challenge lay ahead. I was extremely lucky and feel privileged to have been offered a position here at Tamar Valley Health working alongside a very good friend, Ben who is an extremely experienced paramedic. What more could I desire, a new challenge and great people!!

..... continued on page 6

***** NEW DATE FOR CARNIVAL *****

Callington Carnival is moving to September. The date for this year's Carnival is Saturday 8th September, put the date in your diary now!!

The copy deadline for the July issue is 12 noon on Saturday 9th June 2018

(We will be working on a strict 'first come first served' basis, so get your articles in as soon as possible!)

Editorial copy can be sent to the Editor by emailing news@callington-tc.gov.uk
Copy can also be sent to the Town Hall at the address below

Advertising space needs booking in advance. Please post or hand in copy to Jo Taylor, Callington Town Hall, New Road, Callington PL17 7BD. Telephone 01579 384039 or email: jo.taylor@callington-tc.gov.uk

The Town Clerk's Office is open from 9am - 2pm Monday - Friday

The Information Service (formerly One Stop Shop) is now open from 9.30am-1.30pm Mon, Tues, Wed & Fri. General Enquiries 0300 1234 100

Post can be put in the letter box in front of the office or through the entrance door.

Church Matters

Our Lady of Victories Catholic Church

For all other information see both church notice boards
Parish Priest - Canon David Annear 01566 773166
Email office@stcuthbertmayne.co.uk

Sunday 3rd Feast Day of 'Corpus Christi'
The Body and Blood of Christ
Holy Mass 5.00pm followed by a Procession of the Blessed Sacrament in the Church grounds, weather permitting
Sundays 10th and 17th Holy Mass 5.00pm
Sunday 24th Holy Mass Nativity of St. John the Baptist 5.00pm
Friday 29th Feast of St. Peter and Paul Mass 5.00pm This is a special day for the Church, Catholics requested to attend Holy Mass.

Padre Pio Prayer Group meeting takes place June 7th
Adoration of the Blessed Sacrament. Holy Rosary. 10am
Holy Mass 10.30am followed by lunch and spiritual discussion

All other information see notice board.

St Cuthbert Mayne, Launceston
Sunday 3rd June Feast of Corpus Christi
Holy Mass 10.00am followed by Procession of the Blessed Sacrament in the Church grounds, weather permitting
All other Sundays Holy Mass 10.00am
June 29th Feast of St Peter and Paul Holy Day of Obligation.
Holy Mass will be at 9.30am.

St Peters, Bude
Mass for St Peter and Paul Vigil Mass 28th June 5.00pm
All other Sunday Masses are 5.00pm

See notice boards for other information.
If you need a priest to visit call 01566 773166. Canon David Annear

Methodist Church

For further details of our regular Services and other related activities please visit our website
www.callingtonmethodist.org

Sunday 3rd 9.00am-10.00am Junior Breakfast Club where we Eat, Play and Pray together

Sunday 3rd 10.30am Celebration Service to commemorate the Coronation of Queen Elizabeth II led by Grace Stewart and Louise James followed by Bring and Share Lunch - please book on 01579 388840 or sign the list at Church

Sunday 10th 3.30pm-5.45pm Messy Church (celebrating our 5th birthday!) for all the family with crafts, fiendish challenges, worship and meal for all to share. Children please bring an adult with you

Saturday 23rd June 5.00pm Churches Together Treasure Hunt and BBQ starting at Callington Methodist Church

St. Mary's Services Church

Sunday 3rd
8.00am Holy Communion BCP
10.00am Together@ten Family
6.30pm Chill Out

Sunday 10th
8.00am Morning Prayer BCP
10.00am Morning Worship
6.30@SMC Contemporary Worship

Sunday 17th
8.00am Holy Communion BCP
10.00am Morning Worship

Sunday 24th
8.00am Morning Prayer
10.00am Holy Communion

A midweek service of Holy Communion takes place at 10.30am every Wednesday.

Please look at our website www.callingtoncluster.org.uk for further information on all our activities



Callington resident, Julie Hutchins, being presented with a bouquet of flowers by Deputy Mayor, Councillor Sue Tolman, for her 90th birthday at the Mustard Seed Church

CAB Callington

Drop-in service

Friday 29th June 2018

10.00am - noon





What's On in the CAVe in June

Callington Community



During World War II, as Adolf Hitler's awesomely powerful Wehrmacht rampages across Europe, the Prime Minister of the United Kingdom, Neville Chamberlain, is forced to resign, recommending Winston Churchill as his replacement. But even in his early days as the country's leader, Churchill is under pressure to commence peace negotiations with the German dictator or to fight head-on the seemingly invincible Nazi regime, whatever the cost. However difficult and dangerous his decision may be, Churchill has no choice but to shine in the country's darkest hour.

"Oldman brings a wicked wit and compassionate heart to the role, one for which he seems almost superhumanly suited for - and that's really saying something, consider how many great actors have played Churchill."

Thursday 28th June 2018

Doors open at 7.15pm for membership registration

Members' entrance: Adults: £4 U18s: £3

Start time: 7.30pm (Doors open at 7.15pm)
Callington Town Hall

NOTE: MEMBERSHIP REQUIRED (AVAILABLE ON DOOR)

Callington Volunteer Litter Pick



The next volunteer litter pick will be taking place on **Saturday 16th June** Please meet in St Mary's Square at 10.00am. Equipment is provided but please wear suitable footwear and clothing appropriate to the weather.

Hot drinks and a pasty in the Unit 7, Pannier Market afterwards. **Everyone welcome!**

Grade VIII Success for Hannah

Hannah Rundle who is a Year 10 student at Callington Community College, has recently passed Grade VIII in Speech and Drama with merit.

Mr Morrison, the examiner from the London College of Speech and Drama said that Hannah's speech was clear throughout and the pieces were performed with confidence.

Congratulations Hannah!

CELLIWIC EVERGREENS

You are invited to **AFTERNOON TEA**

with **THE EVERGREENS** on

WEDNESDAY 13TH JUNE

from 2.00pm to 3.30pm

in **THE TOWN HALL**

There will also be stalls - Bric-a-Brac, Tombola,
and Cakes

Why not come along and enjoy tea, scones or
cake

Charge £1.00 plus raffle ticket

Browse the stalls and perhaps pick up a bargain
or be lucky on the Tombola



Callington resident, Doreen Mundt, with the Mayor and Portreeve, Councillor Mark Smith at the Town's Civic Service which was held in the Methodist Church in May

MENTAL Health & Fitness Programme

Are you male? Do you struggle with your mental health? Anxiety, depression?

FREE EXERCISE SESSIONS provided locally to help boost your mental health and release your own endorphins!

For more information contact Connor from Sport Support - Therapy & Training on Facebook or 07915852517.

PLUSS Job Club

Adding to Life
pluss

Pluss Job Advisers will be in Callington Town Hall every Wednesday morning between 9.30am and 12.30pm. Advisers can help people who are looking for work. No appointment necessary, just pop in and see us. The Pluss Advisers can support people on a journey into lasting employment through the following steps:

1. Sign Up
2. Have a 1-2-1 Meeting
3. Help with a CV, apply for jobs, interview practice or training skills
4. Access to exclusive vacancies
5. Support with costs for travel, work clothes or organising childcare
6. Help with paying for courses if not funded, such as CSC and Food Hygiene
6. Ongoing help once you start work

Please come into the Town Hall on Wednesday mornings to meet the Advisers and find out more or phone the PLUSS Office in Plymouth ask for Work Routes Programme on 01752 680011 or online at <https://www.pluss.org.uk/>

 The Lions Club of Callington
present...



Summer BINGO

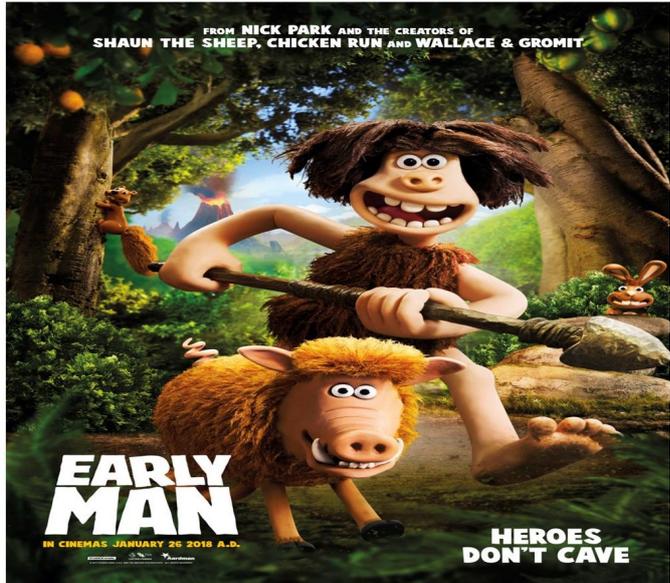
Friday 20th July

Callington Town Hall
Doors open 7PM
Eyes down 8PM

FREE FAMILY FILM SHOW

FROM NICK PARK AND THE CREATORS OF
SHAUN THE SHEEP, CHICKEN RUN AND WALLACE & GROMIT



**EARLY
MAN**
IN CINEMAS JANUARY 26 2018 A.D.

**HEROES
DON'T CAVE**

Sat 16th June
Doors open at 2.00pm
Film starts 2:30 pm

CALLINGTON TOWN HALL

'And Some Came Home'

With your help Callington Town Band is hoping to win a cash boost from the Tesco 'Bags of Help' scheme for it has learnt that its commemoration of WW1 is one of the three projects that can be voted for with the Tesco tokens in May and June.

Tesco's Bags of Help project is a local community grant scheme where money raised by the sale of carrier bags is being used to fund thousands of local project in communities right across the UK. The grants are managed by the community charity Groundwork UK and has already delivered over £43 million to more than 10,000 projects up and down the country. Groundworks, who has teamed up with Tesco to run the scheme, say they are thrilled with the diversity of projects that have been applied for. To apply for the grant go to <https://www.groundwork.org.uk/Sites/tescocommunityscheme>.

'And Some Came Home' was performed in 2014 to mark the centenary of the beginning of WWI and was so well received it is to be performed again. As before, it will have a cast of local singers and actors with songs accompanied by Jenny Coombe and the Town Band. Many of the 2014 cast have already 'signed up' again and more 'recruits' are needed to make this a real community effort. Singing workshops to rehearse songs of the period will take place in the Town Hall on Saturdays July 21st, August 18th and September 22nd at 10.00am until 12 noon so why not come along?

In order to make this a real community effort the performances, which take place in the Town Hall in October, will be FREE admission. So let's just make sure that Callington's effort is up there with the best. To paraphrase Lord Kitchener, 'Your Community production needs you!'

So, if you can sing or act, could play the part of a young soldier or paper boy (or girl) then please phone Shirley Morse (01579 350336) or just turn up to the first singing workshop.



.... Continued from front page

My name is Ben and I am delighted to have recently joined the team at Tamar Valley Health. I joined the Ambulance Service in Cornwall in 1991, qualifying as a paramedic in 1995, working in North and East Cornwall. In 2000 I was fortunate to be recruited to the Cornwall Air Ambulance, gaining valuable experience in emergency medicine and trauma care over the whole county, with frequent missions to the Isles of Scilly. In 2006 it was time for a change, and while continuing to fly occasionally, I focused on clinical support and became the Operations Officer for Liskeard Ambulance Station. This was a first line management position providing clinical support and scene management to crews at challenging incidents such as road traffic collisions, cardiac arrests and child deaths, while also dealing with hospital delays and associated problems.

My time in the ambulance service has been a time of continuous development, having attended courses in Pre Hospital Trauma Life Support and Advanced Trauma Life Support as well as mentorship and clinical supervision modules through Plymouth University. I have also been part of a team offering welfare support to colleagues following traumatic incidents.

As time went on, this role began to give me less clinical exposure, with more management responsibilities, so I felt I needed to redress the balance and return to a more clinical, patient focused role. The chance to join Tamar Valley Health has given me a tremendous opportunity to increase my knowledge and skill base as part of the multi disciplinary team providing care to the population of Callington, Gunnislake and the surrounding areas.

The decision to employ paramedics in primary care is still an evolving process. A national shortage of GPs has caused the NHS to think laterally about providing care to its patients. With the enhanced training and level of specialist care paramedics can now provide, we have been employed to aid in seeing acutely unwell patients, both at home and in clinic. As well as making appointments more accessible for patients, it also enables GPs to work more effectively.

Since joining the team it has been a steep learning curve for us both. The training provided by the staff here has enabled both Paul and I to see a number of acute conditions, working as part of the "acute, on the day" team. Combining training with our extensive knowledge and experience we now offer a service where we will see a range of acute illness and injuries.

CALLINGTON ARTS AND PRODUCE SHOW

Do you enjoy making cakes, sewing, growing flowers, fruit or vegetables? How about writing poetry or calligraphy? Are you an artist that loves painting, do crafts of any kind – make wine or jam, do sugar craft, flower arranging or ceramics. What about photography? We would welcome your entries for the next show which is to be held on Saturday 15th September 2018 (previously known as the Autumn Show).

We look forward to hearing from you – without your support there would be no show. Thank you to all who have supported us in the previous shows.

If you require any more information, Margaret Lawrence, Show Secretary, would be pleased to help you on 01579 383883. Schedules will be available in July.



Alison Hurn and Fran Barriball receiving the Young Person Citizen of the Year Award from Mayor and Portreeve, Councillor Mark Smith, awarded to 1st Callington Scout Group to include the Beavers, Cubs and Scouts.

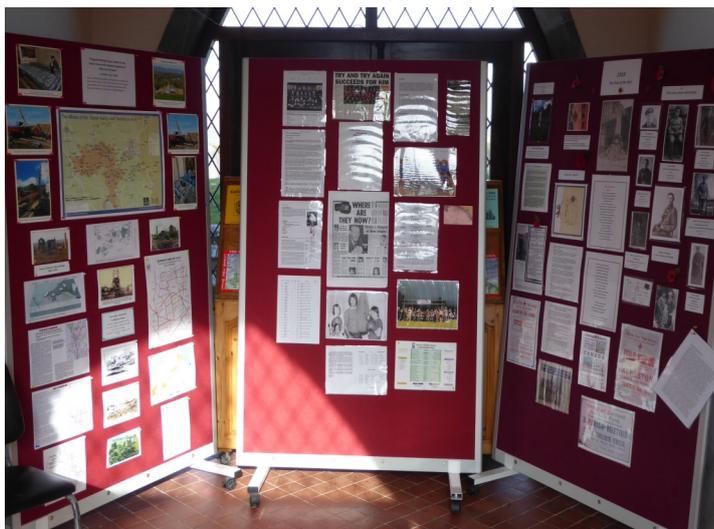


Callington Heritage Centre

Firstly a couple of reminders. To Heritage Centre members, so far, we have only received back 28% of those mailed re: the new Data Protection rules. If we do not receive your assent, we will no longer be able to contact you or hold your records on file. The other reminder concerns The South East Cornwall Museums Group Forum and their planned Family History Day which is being held in the Liskeard Public Hall, West Street on the 2nd June between 10.00am and 3.00pm. I am hoping that the Callington News publication will hit the streets prior to the event or at least in enough time for those interested to attend, it is a good day out with many groups operating within Family History in attendance.

We recently hosted the "Link into Learning" group and I think it would be fair to say they really enjoyed themselves; spending about three hours with us, the big screen came into its own, with a viewing of our photographic archive. One or two questions foxed even us, largely around the origins of some of Callington's picturesque street names, anyway after much conjecture/educated/uneducated guesses we swiftly moved on!

I must take this opportunity to thank Richard Reynolds of Golberdon who came in the other day with an array of goodies for us, including items of crested Golberdon Chapel China and a plate similarly marked dated 1878. Just wonderful, but it did not stop there, there were also two cut glass commemorative items, one a Bon Bon jar celebrating Queen Victoria's Diamond Jubilee in 1897 and a large plate celebrating King George VI 1937 Coronation which took place in May, 81 years ago. These items quite rightly, have been granted pride of place on their own shelf! But why don't you come along to see for yourselves?



The entrance hall to our new 2018 exhibition

Shirley is still completing her board on returnees from WWI and has left space for our residents to bring in their own family photos or other items to be included. Opening times as ever Fridays 10.00am–4.00pm and the first Saturday of the month. Any enquiries to Chris Cansfield on 01752 851403 or leave a message on 01579 389506.

FIRST CALLINGTON SCOUT GROUP



The Beavers and Cubs went to Looe this month where they made sand sculptures and litter picked. They found some amazing sea creatures during their rock pooling session on the beach, before having ice cream and heading home on the train.

During the past month Beaver Scouts have been learning basic first aid skills. Had a trip to the park and learned the story of St George and the dragon.

Cubs have made bird feeders and wooden bird houses. Whilst also designing their own Fleur de Lis.

Scouts have been busy sending Morse codes and learning about distress signals. Alongside of hikes.

We are currently seeking Leaders to join our ever increasing group, do you fancy helping out too?! It's great fun and extremely rewarding. You would be helping the youngsters of the local community to get outdoors, try new things, gain confidence and most importantly have fun! Times and days we meet are at the back of the newsletter.

Why not hire our HQ for a party, meeting or even an exercise class. For more information on what is available please contact Alison on 07542366369.

Local Family Wins National Award

A local family has won the National Soldiering On award for Family Values for their voluntary work supporting Armed Forces veterans and vulnerable adults and young people at Battling On. At a star-studded event, Nikki Markham and her parents Tony and Liz Connell received the Family Values award from Jeremy Vine and Vickie Michelle.

Battling On was founded by Tony and Liz's daughter, Nikki Markham, who recognised that there were veterans within the community who needed support transitioning from the services into civilian life. Being in education it quickly became apparent to Nikki that veterans made wonderful role models. After writing a mentoring programme Nikki trained veterans to work with vulnerable young people.

Nikki's sister, Katie Connell, helped Battling On grow into the multi award winning organisation it is by offering her skills on a voluntary basis to develop new programmes.

Tony's parents both served with the XIV Army in Burma in WW11, his mother Mary Connell as a nurse and father Lt Col Hugh Connell as an engineer. Hugh built the infamous Kohima road over the Khasi and Chin Hills which allowed the XIV Army to retake Burma. Both saw horrific and tragic sights, so much so that they sought a place of sanctuary after the war. After several years searching they found Merryhue Farm and bought it in 1952.

They recognised the healing value of nature very quickly when a bewildered and traumatised ex-soldier from the terrible battle of El Alamein wandered down the drive asking if he could spend a single night in the barn. He stayed for a year. He regained some sort of equilibrium after spending days down by the river and he no longer cowered when he heard a loud noise. He never fully recovered, always having a nervous tic on the right side of his face but he spent the rest of his short life happily painting beautiful ceilings in local churches. You can still see examples of his work in Stoke Climsland Church.

It was with great sadness that when Tony's parents died much of the farm had to be sold to pay death duties but, in 2009 after 20 years out of the family, Nikki and her husband Steve Markham were able to buy back the farmhouse and much of the land. Battling On is now housed in their Farmhouse and with Nikki's parents and uncle's generosity have full use of all the farm to undertake a wide variety of programmes designed to support the most vulnerable in society using the skills of veterans.

On average, Battling On helps between 280-350 people a year now providing innovative solutions to complex social programmes. These include:

The Inspiring Lives programme which trains veterans to become mentors and instructors.

The Together We Can Succeed programme where veterans support young disadvantaged people to not only re-engage with society through volunteering (normally 5000 per year) but learn vocational skills to lift themselves out of poverty.

The **Eco-therapy** programme where adults and young people are taught strategies and techniques to help them live with their mental health disorders and re-engage with their peers education or employment.

Creative Aging which addresses the issue of the rural isolation for the elderly by engaging them in activities that promote cognitive function, wellbeing.

Combat Cooking which teaches disadvantaged young people to cook healthy meals on a budget – this is all done on a WW1 Field Kitchen.

Inspiring Confidence Through Animals - a programme that works with young people with learning difficulties and/or emotional / behavioural disorders. Using animal intervention techniques young people gain confidence and learn to control their emotions.

Emotional Resilience Programme where veterans support young people who have very low confidence or self-esteem normally due to childhood trauma to become more emotionally resilient and confident.

Battling On is a multi-award winning organisation that was awarded the Queens Award for Voluntary Services the MBE for the Third Sector.

Ladies Luncheon Club

Greetings, half a year is now gone, and we welcome June. Let every day be an adventure as we enjoy the journey through this month.

Once again, fifteen of us came together for our monthly gathering for lunch, it amazes me how conversation flows. If you need to know what is going on here in Callington join our Luncheon Club, if we have a vacancy we will welcome you. You can place your name on the waiting list and we will contact you when a vacancy arises.

May lunch was delicious, as usual, what we all appreciate most about our monthly lunches is that Kay places the dishes on the table, and we help ourselves, always so plentiful, and as I always quote freshly cooked vegetables are such good value for our coppers.

Members from the club came together twice in May, on the 2nd and the 28th, May bank holiday. Members received invitations to join Val and Bernie and friends to share their double celebration, being an Emerald Wedding Anniversary (55 years) and an 80th birthday.

We met at 'Our Lady of Victories' Catholic Church Callington then onto The China Fleet Club for a three course celebration lunch.

Bernie and Val have shared the same words for 55 years, the same hearts but wiser somehow. The same vows, the same faith but deeper now as we turn to each other again, we are sure that love doesn't weaken, it gets better. More about the celebrations in July newsletter.

Our next meeting takes place on Wednesday July 4th, this will be our final meeting before we break up for the summer recess. Let us always remember the following: your life is your message to the world, be sure it is inspiring. You can contact me via email at williamsvalerie897@gmail.com

 <p>www.tamarvalleyhealth.co.uk</p>	<p>Tamar Valley Health Patients' Group</p>	 <p>tvhppg@outlook.com</p>
<p><u>MISSED APPOINTMENTS</u></p>		
<p>We receive many patient comments concerning long wait times when receiving an appointment to see a Clinician.</p>		
<p>Last month the surgery experienced many instances of patients who did not attend for their appointment. The valuable time wasted by patient non-attendance could have been allocated to someone else.</p>		
<p>If you book an appointment that you are unable to keep then PLEASE telephone your surgery to cancel it OR CANCEL VIA THE PRACTICE WEBSITE:</p>		
<p>www.tamarvalleyhealth.org.uk</p>		
<p><u>SURGERY NUMBERS</u></p>		
<p>Gunnislake - 01822 832641 Callington - 01579 382666</p>		
<p>TOTAL MISSED APPOINTMENTS LAST MONTH</p> <p>224</p>	<p>TOTAL CLINICIAN HOURS WASTED LAST MONTH</p> <p>40</p>	<h2 style="text-align: center;">VACANCY</h2> <h3 style="text-align: center;">SCHOOL CROSSING PATROL</h3> <p style="text-align: center;">On Launceston Road, Callington</p> <ul style="list-style-type: none"> • Training and Uniform provided • Duty hours 8.00am - 8.45am 2.50pm - 3.30pm • £7.83 per hour (Approx £316 gross per month) <p style="text-align: center;">Contact David Powell (SCP Coordinator)</p> <p style="text-align: center;">01872 327886 or email: dpowell@cormacltd.co.uk</p> <p style="text-align: center;">For more information or apply online at: www.cornwall.gov.uk/jobs-and-careers</p>
<p>WORKING TOGETHER WE CAN IMPROVE CLINICIAN APPOINTMENT AVAILABILITY. THANK YOU FOR YOUR CO-OPERATION</p>		

DIARY FOR JUNE 2018

Fitness & Health:

Fun Keepfit Class (every Monday) Town Hall 1.30pm - 2.30pm
WeightWatchers (every Monday) Council Chamber 10.30am - 11.30am
Pilates (every Tuesday) Town Hall 10.00am - 11.00am
Total Body Conditioning (every Thursday) Town Hall 9.30am - 10.30am
Kettlercise (every Wednesday) Callington Sport and Leisure 6.00pm - 7.00pm
Kettlercise (every Friday) Callington Sport and Leisure 6.00pm - 6.50pm
Fitness Yoga (every Friday) Town Hall 9.15am - 10.15am
Zumba (Monday and Wednesday) Callington Sport and Leisure 7.00pm - 8.00pm
Doryoku Ryu Karate Jutsu (every Monday) Town Hall 6.00pm - 7.00pm
Dance & Tone (every Tuesday) Town Hall 11.15am - 12.15pm
Latino Dance (every Friday) Town Hall 10.30am - 11.30am **Beginners** 11.45am - 12.45am
Slimming World (every Wednesday) Callington Methodist Church 3.30pm, 5.30pm, 7.30pm
Action for Hearing Loss Drop-In (third Thursday of the month) Town Hall foyer 10.00am - noon
Balance Class (every Tuesday) Town Hall Council Chamber 2.00pm - 3.00pm

Council Meetings & Councillor Meetings:

Town Council Meeting (Tuesday 5th) 6.30pm Planning, followed by TH&P
Town Council Meeting (Tuesday 19th) 6.30pm Planning followed by OS
Town Council Meeting (Tuesday 26th) FGP followed by Full Council meeting

Community Events:

Country Market in Scout Hut (every Wednesday)
Stonham Housing Advice Centre (every Wednesday) Town Hall 10.00am - 12.30pm
CAB Drop-In (Friday 29th) Town Hall 10.00am - 12 noon
PLUSS drop-in (every Wednesday) Town Hall Portreeve's Parlour 10.00am - 12 noon
Community Pop-In Cafe (every Thursday) Coronation Close Community Centre 10.00am - 12 noon
Callington Community Arts Film Show (Thursday 28th) Town Hall. Doors open 7.15pm (See page 3)
FREE Family Film Show (Saturday 16th) Town Hall 2.00pm - 4.00pm (See page 4)
Callington Volunteer Litter Pick (Saturday 19th) meet at St Mary's Square at 10.00am
Hells Bells (Friday 15th) Callington Town Hall 8.00pm
Gilbert & Sullivan's Trial By Jury and HMS Pinafore (Saturday 16th) Town Hall 7.30pm

Children Activities:

Brownies (7-10yrs) (every Tuesday) 5.30pm - 7.00pm Rosie Fuller 07850 353 062
Guides (10-14yrs) (every Tuesday) 7.00pm - 8.30pm Sandra Fuller 01579 370497
Seniors (14-25yrs) will be running the same time as Guides
Beavers (6-8yrs) (every Thursday) 5.30pm - 6.30pm - Beaver Leader - Alison Hurn 07542 366 369
Scouts (10½-14) (every Wednesday) 7.00pm - 9.00pm - Jason Ellway 07976 062029
Cubs (8-10½) (every Thursday) 6.45pm - 8.00pm - Cub Leader - Jan Rider 07970 462458
St John Badgers (every Friday) 5.00pm-6.30pm Callington Methodist Church

Local Groups:

Ballroom & Sequence Dance (Saturday 2nd) Town Hall 7.30pm - 10.30pm
Tea Dance (Friday 8th & 22nd) Town Hall 2.00pm - 4.30pm
Age UK Lunch Club (every Thursday) Town Hall 11.45am - 1.45pm
Callington Town Band (every Thursday) Cemetery Chapel, Lisheard Road Contact Shirley Morse 350336
Callington Singers (every Thursday) Callington Primary School 7.15pm - 9.00pm
Callington Memory Cafe (Saturday 2nd & 16th) Council Chamber, 2.00pm - 4.00pm
Callington Astronomy Club (First Friday of the month) St Dominic Village Hall 7.30pm - 10.30pm
Callington Camera Club (Third Friday of the month) Scout Hut, Callington 7.00pm - 9.00pm
Royal British Legion (Second Tuesday of the month) Bulls Head, Callington 7.30pm
Callington WI (Second Wednesday of the month) Council Chamber, 7.30pm
New Outlook (every Tuesday except 4th of the month) Council Chamber 10.00am -12 noon
Callington Bowling Club Free taster/practice Friday evenings from 6pm 01579 350332
Celliwick Evergreens (Wednesday 13th) Town Hall 2.00pm - 4.00pm
Callington U3A (first Monday of the month) Town Hall 10.30am - 12 noon
Callington Amateur Radio Society (Wednesday 6th) Council Chamber, 7.00pm - 9.00pm
Callington Community Centre Bingo (every Monday) Community Centre, Coronation Close 2.00pm
Callington Community Centre Whist (every other Thursday) Coronation Close 2.00pm

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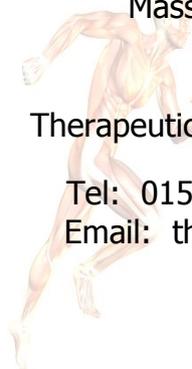
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