

# Callington News

June 2020

[www.callington-tc.gov.uk](http://www.callington-tc.gov.uk)

Everyone will agree that it has been an unprecedented couple of months. With many members of the community self-isolating and shielding and not being able to get out to pick up prescriptions, groceries or visit family and friends, there has been a tremendous amount of support with groups of people and individuals willing to help out.

Callington Town Council joined forces with Callington Combined Churches, Callington Lions Club, Callington Rotary Club, Battling On and Callington Community College to form a formidable group of volunteers ready and waiting each day for the requests for help. Administered by Town Council staff working from home, calls for help to the Town Council office are monitored, sent on to the Volunteer Co-ordinator and then passed on to the volunteers working on that particular day. From collections of medication from the pharmacy and grocery shopping to helping with technical issues with IT equipment to communicate with family and even a request from an elderly gentleman to help start his car, the volunteers have been amazing, rising to every challenge that has been thrown at them.

This scheme is still running so if you are shielding or self-isolating and have no one to help with shopping or collecting prescriptions, call the Town Council number, 01579 384039, between 9.00am and 2.00pm Monday to Friday, leave a clear message with your contact details and someone will get back to you as soon as possible. Alternatively, you can email [bookings@callington-tc.gov.uk](mailto:bookings@callington-tc.gov.uk).

There are, of course, other groups and individuals who have also put themselves out to help vulnerable people within our community during this lockdown period. To that end, the Mayor and Portreeve, Councillor Mrs Suzan Tolman has decided to award COVID-19 Community Heroes Award this year. If you know anyone who has gone above and beyond to help out during this very difficult period and deserves recognition for what they have been doing please contact [clerk@callington-tc.gov.uk](mailto:clerk@callington-tc.gov.uk) or write to the Town Council at the address below. This will be a totally separate award to the usual Citizen of the Year award (see page 4). Nominations must include the name and address of the nominee; the reason why they have been nominated; information of what they are involved in; if they are over 18 and also your contact details. The only criteria is that the person lives within the parish of Callington/Kelly Bray.

As a community we have been fantastic in adhering to the lockdown rules and staying at home where we can, saving lives and protecting our NHS. We all deserve a pat on the back, well done! Let's continue doing so until we can all return to normal.

Thank you to all our health care professionals, police, firefighters, supermarket staff, postal workers, delivery drivers, teachers, cleaners, government staff and anyone else working at the moment keeping essential services running to ensure we stay safe.

**THANK YOU!**

***We are unsure when we will be able to get back to normal with monthly newsletters but if you have anything you would like included in the next edition please send it in as soon as possible.***

Editorial copy can be sent to the Editor by emailing [news@callington-tc.gov.uk](mailto:news@callington-tc.gov.uk)  
Copy can also be sent to the Town Hall at the address below

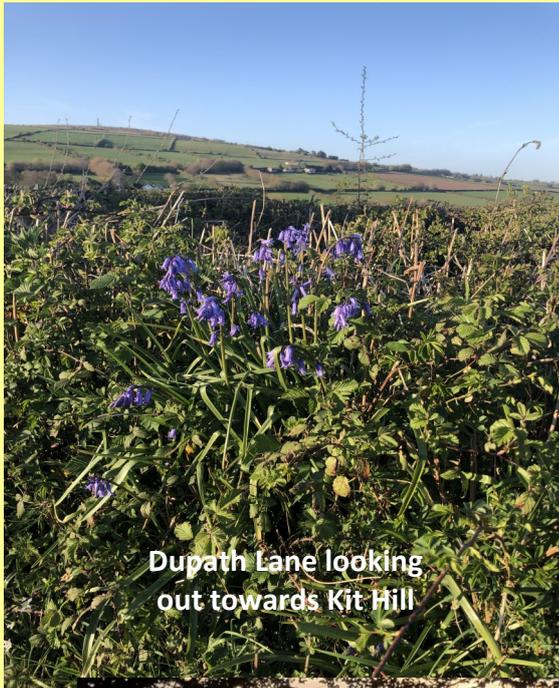
Advertising space needs booking in advance. Please post or hand in copy to Jo Taylor, Callington Town Hall, New Road, Callington PL17 7BD. Telephone 01579 384039 or email: [news@callington-tc.gov.uk](mailto:news@callington-tc.gov.uk)

The Town Clerk's Office is open from 9am - 2pm Monday - Friday

Post can be put in the letter box in front of the office or through the entrance door.

# PHOTOS FROM OUT AND ABOUT

Thank you to everyone who shared their photos



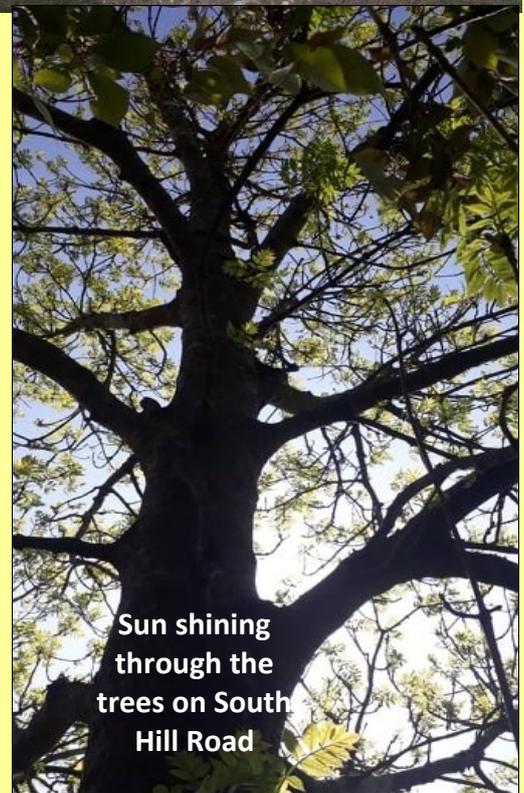
Dupath Lane looking out towards Kit Hill



Walking the dog on Bodmin Moor



An evening stroll on South Hill Road watching the sun go down.



Sun shining through the trees on South Hill Road



Painted stones found in and around the Parish (more on page 4)



Life size paper cut outs of two grandchildren sent to give virtual hugs and share tea on the patio with their grandparent.

## Callington Lions are being kept busy in the Lockdown

Not only have Callington Lions been assisting the Town Council and other charities by providing practical assistance in delivering groceries and medicine to those who need them, but also giving financial help to two important charities.

Callington Foodbank has received £500 from Callington and District Lions.

Peter Whitting, the current head of the Food Bank, said he was appreciative of this large donation from Lions and for the funding they have received from many sources within the community. He was also thankful to everyone who have donated items in the food box within Tesco's. He added the food is distributed to those in need within the Callington and District area.



**Callington Lion's President Emma Burnard socially isolating whilst handing £500 cheque to Foodbank Manager Peter Whitting**

The Food Bank has been going since 2011 and assisted many families in this time. It is supported by the Trussel Trust. They are currently distributing 3 times the amount of food compared to this time last year.

In addition to the donation to the Food bank Callington Lions have also made a £500 donation to Plymouth Soup Run.

Jeremy said that the support Callington Lions have provided over the last 20 years was very welcome. This support had not only been financial, but also with many of the Lions assisting on the evening runs when up to 100 meals can be served. He explained that the Soup Run serves meals 7 days a week 365 days of the year. It is supported by many different charities, companies and organisations around the Plymouth area, with Callington Lions assisting on one evening every 5 weeks.

President Emma said that these donations were made possible by the generosity of local people during many previous fundraising events and from Lions International National Emergency Funding. A further presentation will be made to the Foodbank when requested.

**Jeremy Gist of Plymouth Soup Run receiving £500 cheque from Emma Burnard**



She added that Lion members were pleased to be helping during the lockdown and at all other times. She added that Lions not only helped in the local communities in and around the district but had fun while doing it. She also said that it was good to see the seats in the renovated garden area by Liskeard Road roundabout being used, whilst people can still socially separate.

More information on the Foodbank, the Soup Run and Callington Lions can be found on their websites:

<https://callington.foodbank.org.uk> <http://www.plymouthsoupun.org.uk> and

<https://www.callingtonlions.org.uk/index.html>

# Citizen of the Year

Thank you all for your nominations for the Citizen of the Year Awards. It would normally be the job of the Portreeve & Mayor to announce this at our Civic Service held in April each year, and to present our certificates to the winners then. However, it may be sometime before we can hold such an occasion but we wanted to still make the announcement and recognise the hard work done.



This year Cllr Tolman, Portreeve and Mayor, has awarded Citizen of the Year to Bob Wade and Junior Citizen of the Year to Shea Jackson. Both Bob and Shea have worked tirelessly through the year and are wonderful members of our community.

When it is safe to do so, we will officially present you with your awards but until then a big THANK YOU from the Town Council and our residents, for your invaluable contributions to our community.

★ **CONGRATULATIONS!** ★



Just a handful of the beautifully decorated stones found in and around Callington. Well done everyone for your amazing designs and efforts. (More on page 2)

## Dogs in Recreation Grounds

We would like to respectfully ask residents to please not walk your dogs in the recreation grounds around the Town. All the recreation grounds in the Town are, and always have been, dog free areas but we have seen an increase in people exercising their dogs recently. Although the play equipment is 'out of bounds' the playing fields are still being used regularly and particularly by children while they are off school and the weather is fine. There are many lovely Public Rights of Way around the town where you can walk your dog, follow the link below to see the Cornwall Council interactive map which shows all the Public Rights of Way within Cornwall. When you are walking your dog in and around the town, please remember to always pick up after them, it is not pleasant for other walkers or our grounds maintenance team when they are cutting/strimming verges and grass areas to come across dog poo!

<https://www.cornwall.gov.uk/environment-and-planning/countryside/public-rights-of-way/public-rights-of-way-interactive-mapping/>



Thank you for your co-operation.  
Callington Town Council

## Callington Rotary Matters

Life certainly hasn't been "normal" in recent weeks for members of Callington Rotary, but we have maintained weekly contact at meetings via Zoom, which has meant that we have maintained our face-to-face contact, but certainly maintained social distancing!

We have been delighted to be part of the Callington volunteering group, in conjunction with Callington Town Council, the Methodist Church, the Community College and Lions. Through this we have supported those who are either lonely or vulnerable in Callington, providing them with essential food supplies and medication.

Locally, we are at present supporting a number of activities which have profound benefits for those concerned:-

The Kingsbridge "Rotaproj" provides a fun day out on the Quay and in the Quay Leisure Centre for groups with learning disabilities from all over Devon and parts of Cornwall;

We have recently provided part of the funding which enabled two Callington Community College students to take part in a cricket tour of South Africa;

A cheque for £1000 is winging its way to Alzheimer UK in support of their work, allowing people with Dementia to lead lives that are active, creative and meaningful;

A further £1000 donation is being presented to the Triangle Centre in Liskeard. This is staffed by experienced cancer nurses, therapists and trained volunteers who help cancer patients and their families navigate through their treatment and recovery closer to home.



Rotary supports projects both locally and globally and our wider international horizons have pointed us in the direction of overseas projects:-



We have made further contributions to the Rotary Foundation to help with the final push in the 'End Polio Now' campaign. Polio is a terrible disease that kills many and paralyzes others.

Since Rotary started the fight against polio, the number of polio cases has been reduced by 99.9 percent and more than 2.5 billion children have been vaccinated. There are fewer polio cases today than ever before, but we will not stop until we reach zero. We are now all too aware of the horrors of global disease, and only a concerted global strategy will succeed in conquering this virus. Rotary is indebted to the Bill & Melinda Gates Foundation, which triples all donations to the cause;



Though our contacts with Morden Rotary in southwest London we have supplied the wherewithal for a village in Tanzania to plant seed under the 'Seed for Food' scheme which will supply a whole year's food for the village.

Through the same link we are looking to provide a new toilet block for the local school in the same village. At a time when personal hygiene has become a key feature in our own daily lives, we feel that this deserves our support.

Back nearer home, we have supported the Youth Speaks and Youth Debates competitions at Junior and Intermediate level and were delighted in the high standard achieved.

There are other similar competitions available for young people, such as Young Photographer, Young Chef, Young Writer, Young Musician, Young Artist, and Young Environmentalist. These may be run through schools and colleges – but also through other youth organisations.

If you would be interested in finding out more about these competitions - or how you might become a member, please contact us via our website ([www.callingtonrotary.org](http://www.callingtonrotary.org)).

## Primary School helps to decorate the town

Children and staff from the Callington Primary School have been working alongside the Town Council to bring some joy and colour to our residents and town. A big well done to all the primary children that designed individual cards to Mr Moss in celebration of his 100<sup>th</sup> birthday. He still has them on display at home and will enjoy showing them to his family and friends once it is safe to have a proper party.

Staff and children attending primary school were also tasked with designing and painting a temporary mural to say thank you to all our local Key Workers, which will be put on display very soon! They have done a fantastic job and their great art work will bring much joy and colour to our town, a lovely reminder of the appreciation we have to everyone that has supported us during this difficult period.

A special mention must go to Beech Auctions and Goodwood Emporium for sponsoring the art materials for this project.



## FIRST CALLINGTON SCOUT GROUP

With face-to-face meetings suspended for the time being, First Callington Scout Group jumped into action changing our original plans and adjusting them to celebrate VE Day in our own homes this year. Slightly different from what we had planned but the children still had a great time. The leaders sent out lots of ideas for every section to get involved with, from the Hedgehogs right up to the Scouts. They baked VE cakes, had a tea party picnic, made bunting, listened to Churchill's speech and the Queen, played hopscotch and chalked the Union Jack flag just to name a few things!



We have been running our section meetings virtually for each section since lockdown, the children and parents alike have adjusted brilliantly. Each week they all have a different challenge or two to be getting on with. Not once have they let us down!

Such an amazing bunch!





The Town Council offices and Town Hall may be closed but the Town Council is still carrying out services in and around the town. Here is an update of what we are doing during COVID-19 lockdown.

### **Grounds Maintenance**

Our Grounds Maintenance Team have been continuing to check the allotments, parks, flower beds and carrying out grass cutting, weed spraying and grounds maintenance jobs around the parish. The Council has ensured that they have safe working practices and ask that members of the public support this by ensuring you keep a safe distance when you see them. Our priority has been the Cemetery, and ensuring it is in good condition so that those remembering their loved ones, or enjoying the space that the Cemetery gives to the town, are able to do so in an area which maintains the standard the community has come to expect. Please be aware that in-line with current government guidance our outdoor play equipment areas remain closed to the public.



### **Public Toilets**

New Road toilets remain closed but this is subject to continuous review.

### **New Road Car Parks**

These are owned by Cornwall Council and they are free until there is change to the lockdown period. For further details please follow this link <https://www.cornwall.gov.uk/.../information-about-co.../parking/>

### **Saltash Road Car Park**

Is owned and maintained by the Town Council and continues to remain free.

### **Callington Town Hall & Premises**

Our caretakers and cleaner are working on essential maintenance and deep cleans of our buildings, including the Town Hall which we hope will soon be bringing you a wonderful range of entertainment once again. For details of Town Hall events and updates about the venue make sure you follow this page. We ask all members of the public to please keep a safe distance if you see our staff weeding, maintaining flowerbeds or painting.

### **Library Services**

The Callington Library is run by Cornwall Council and for the latest updates on this service, please follow this link <https://www.cornwall.gov.uk/.../libraries/libraries-coronavi.../>

### **Town Council Meetings**

The Town Council has been undertaking any necessary decision making by way of all Councillors feeding back via email on any matters raised for consideration. This includes our responses to planning applications as a statutory consultee.

Laws have been amended to allow the Council to hold 'virtual' meetings and officers have arranged new systems to ensure that the Council and public can participate in this type of meeting. For further details on our meetings, please follow this link <https://callington-tc.gov.uk/meeting-minutes/>

### **Callington Town Council Office**

Our Officers are currently working from home but can be contacted 9.00am to 2.00pm via email [enquiries@callington-tc.gov.uk](mailto:enquiries@callington-tc.gov.uk) or via phone 01579 384039. If you have any questions, queries or concerns or you need any support please do not hesitate to contact us.

# LOCKDOWN RECIPE

Can't get hold of any flour? No problem! Try out these flourless peanut butter cookies which require only three ingredients. It's so simple that the children could make them and could be made with other nut butters. **(BEWARE OF ALLERGIES THOUGH!)**. Why not add some chocolate chips if you have them.

## You will need:

- 200g peanut butter (both crunchy and smooth work fine)
- 175g caster sugar (other sugars will work too if you can't find caster)
- 1 egg



## Method:

Heat your oven to 180°C and line a baking tray with greaseproof paper. Mix the peanut butter and sugar together in a bowl until well combined. Add the egg and mix to form a dough. Roll them into 1 inch balls and place them a few inches apart on the sheet. Flatten them with a fork in a criss-cross pattern. Cook them for 10-12 minutes until they are golden around the edges and then let them cool. You can keep them in an airtight container for three days, or freeze the dough before baking it and cook them from frozen (by adding two more minutes to the cooking time), whenever you need a quick treat.

**Note from the Editor:** I've tried these and they're delicious!



# HOW WELL DO YOU KNOW CORNWALL?

1. Which river forms most of the border between Devon and Cornwall?
2. In Cornish it is called *Goon Brenn*, but can you name the granite moorland in north eastern Cornwall?
3. Name the administrative centre of Cornwall, which is also its only city?
4. In May 2012, why did Lands' End receive worldwide publicity?
5. Can you name the peninsula in southern Cornwall, which also contains the most southerly point of the British mainland?
6. The iconic Tate Gallery is in which Cornish town?
7. Scenes for which James Bond film were filmed in Cornwall, at the Eden Project?
8. Saint Piran's Flag is the flag of Cornwall; can you give the colour of its cross, and also the colour of its background?
9. The television drama *Doc Martin* is filmed on location in which village?
10. What is Brown Willy?
11. Mary Yellan, twenty-three years old, was brought up on a farm in Helford; who is she?
12. Which resort is widely regarded as the surf capital of the UK?
13. Which scientist and inventor was born in Penzance, Cornwall, on 17 December 1778?
14. David John Moore Cornwell has lived in St Buryan for more than 40 years and owns a mile of cliff near Lands' End; by what pen name is he better known?
15. Which fast food chain sells pasties which are manufactured in Penryn, Cornwall?
16. Which castle has a long association with legends related to King Arthur?
17. In the Cornish language, by what name is Cornwall known?
18. Name the famous small tidal island in Mount's Bay?
19. What is a Cornish split?
20. Which traditional fishing port is now famous for Rick Stein's Seafood Restaurant?
21. Can you name the largest and most populated island of the Isles of Scilly (a group of islands off the southwest coast of Cornwall)?
22. Which oil tanker was shipwrecked off the west coast of Cornwall in 1967, causing an environmental disaster?
23. What name has been given to the large phantom wild cat which has often, supposedly, been sighted in Cornwall?
24. Name the popular amusement park on the southern outskirts of the town of Helston in Cornwall?
25. What is Cornish Yarg?

**(Answers on the back page - don't peek!)**

# HOW DID YOU CELEBRATE?



**75**

**VE DAY**

75<sup>TH</sup> ANNIVERSARY

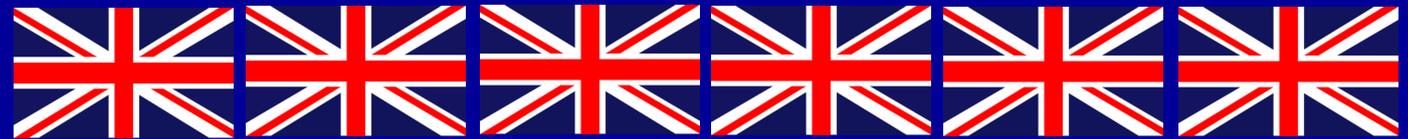
A SHARED MOMENT OF CELEBRATION



**Celebrations on Tavistock Road**



**Councillor Mike Tagg laying a wreath at the War Memorial in the town on behalf of the residents of the Parish**





Our very own Town Crier visiting streets in the Town on Thursday evenings to support 'Clap for Carers'. Thank you to everyone who has come out on a Thursday evening to support our wonderful NHS staff and carers.



Mr Cecil Moss, from Callington, celebrated his 100th birthday in April but, due to lockdown, was unable to celebrate with his family as had been planned. However, with the help of his family, Age UK Luncheon Club, Callington Rotary Club, Town Crier, Royal British Legion, friends and neighbours he did receive the special day he deserved. Thank you to everyone who came out of their homes to sing Happy Birthday and to the balloon shop in Callington for supplying the balloons that festooned Cecil's doorstep. Thank you also to Tre Pol & Pen who delivered a hamper from Cecil's younger brother (who is 95!) and a special birthday cake. Congratulations Cecil, what an extraordinary gentleman you are!



# LOCKDOWN WORDSEARCH

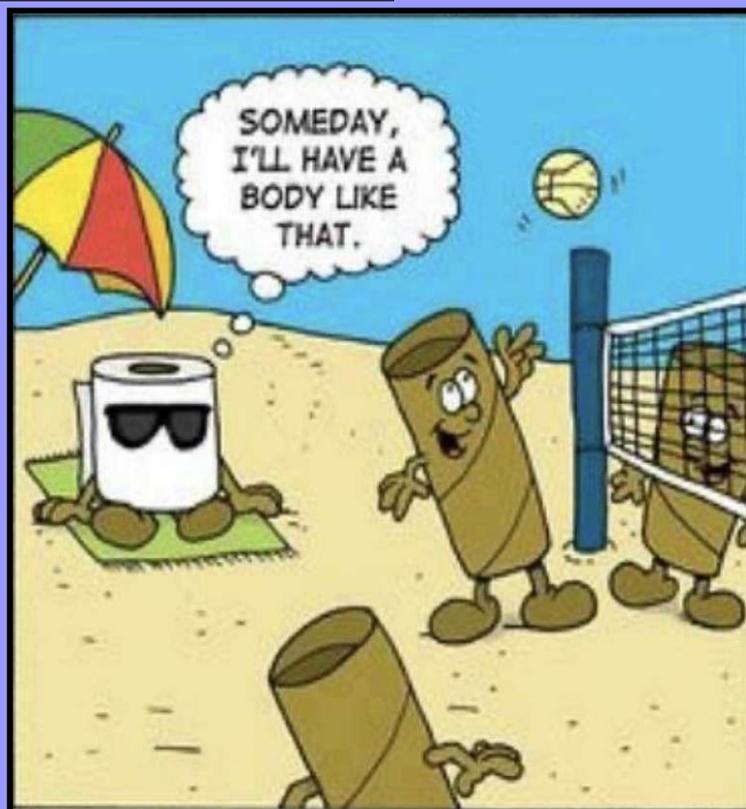
n n v o l u n t e e r s o t s  
 e e e x l o c k d o w n e o d  
 d t n i s t a y h o m e n i a  
 r p v r a i n b o w n o g l e  
 s e a i l a r o c i l f y e e  
 r a h n r c e t t d l a t t i  
 e s n p d u u n s t t c w r s  
 n i o t m e s f t t i e m o o  
 t e n u i y m h i o f m j l t  
 n h s o m s u i u h k a s l e  
 r r e a h n e r c o r s o e m  
 v a c c i n e r t o o k s s r  
 o o p c r o o i a r i g r a v  
 u i m s e d c u a s f l n n h  
 m f m f y c w h e r o e s l m

**CAN YOU  
 FIND  
 THEM ALL?**

FACE MASK  
 HEROES  
 LOCKDOWN  
 NHS  
 PANDEMIC  
 RAINBOW  
 STAY HOME  
 TOILET ROLL  
 VACCINE  
 VIRUS  
 VOLUNTEERS

**“The best way to cheer yourself is to try to cheer someone else up.”**

– Mark Twain, Writer.



- ANSWERS TO QUIZ ON PAGE 5**
1. Tamar
  2. Bodmin Moor
  3. Truro
  4. It was the starting point of the 2012 Summer Olympics torch relay
  5. The Lizard
  6. St Ives
  7. Die Another Day
  8. White cross on black background
  9. Port Isaac
  10. (A hill and) the highest point in Cornwall
  11. The main character in the book Jamaica Inn by Daphne du Maurier
  12. Newquay
  13. Sir Humphry Davy
  14. John le Carré
  15. The West Cornwall Pasty Company
  16. Tintagel Castle
  17. Kernow
  18. St Michael's Mount
  19. A bread roll (traditionally used in Cornish Cream Teas instead of scones)
  20. Padstow
  21. St Mary's
  22. Torrey Canyon
  23. The Beast of Bodmin
  24. Flambards
  25. A cheese (a nettle-wrapped semi-hard cheese)