

Callington News

December 2020/January 2021

www.callington-tc.gov.uk

Poppy Volunteer Group

From Aileen Moore - Poppy Volunteer Group:

I am very happy to write that the Poppy Volunteer Group successfully completed and handed over to the Royal British Legion (local branch) its community project. On Sunday 25th October, a group of volunteers decorated the planters in Fore Street and New Road with wooden crosses bearing red poppies (made from recycled plastic bottles by Tina), and hung small wreaths and crosses on lampposts. Shops were given small wreaths of hand made poppies to help them with their window displays. We were all amazed at how attractive and moving those window displays were. The perspex box containing a double sided oil painting was securely attached to the railing outside the War Memorial. This box was made and donated by Mr Mark Duncombe and the paintings were done by his partner, Tina. Mark and Tina donated the box and paintings to the project as a token of their gratitude to the people of Callington who had welcomed his mother and his sister and her family into the community.

On Monday (26th) in the evening, during an absolute downpour, our wonderful fire brigade put the poppy wave up for us. The Logistics Manager from Samworth Brothers brought along their poppy themed lorry to support us and to show respect for those who lost their lives in the service of our country. Mr Steve Pridham from Bespoke Metals, Launceston delivered his amazing contribution to our project; a stainless steel cut-out depicting two soldiers leaning on their rifles and looking down; between them was a cross and a poppy. Steve made this to honour his grandmother who had sold poppies on behalf of the RBL for many years and who was also a standard bearer.

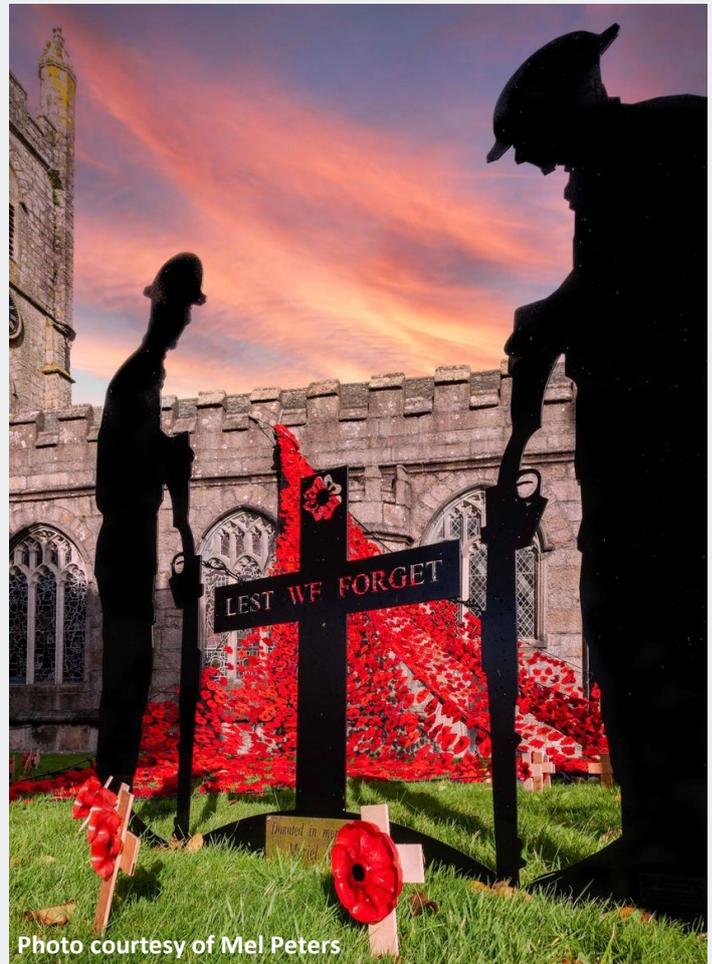


Photo courtesy of Mel Peters

.... Continued on page 2

We are unsure when we will be able to get back to normal with monthly newsletters but if you have anything you would like included in the next edition please send it in as soon as possible.

Editorial copy can be sent to the Editor by emailing news@callington-tc.gov.uk
Copy can also be sent to the Town Hall at the address below

Please post or hand in copy to Jo Taylor, Callington Town Hall, New Road, Callington PL17 7BD. Telephone 01579 384039 or email: news@callington-tc.gov.uk

The Town Clerk's Office is open from 9am - 2pm Monday - Friday

Post can be posted through the letter box at the entrance door.

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After the soldiers were put in place, the volunteers placed some small crosses in the ground around them. We were all delighted to find that other crosses, in memory of loved ones lost, were added by members of the wider community. To us, this means that the community of Callington and surrounding areas have made the whole installation their own, as it was intended to be. The residents of Launceston Road and South Hill Road used ribbon and large poppies to decorate the 21 commemorative trees and bench; they are a very fitting tribute to the 21 soldiers from Callington who were lost during WW1.

The whole project has had lots of media interest and it has featured in many well known national newspapers, local television and radio and has appeared all over social media. Each interview by Helen Dowdall (Town Clerk) Mike Tagg (Deputy Portreeve and RBL), Robert Wade (RBL and Portreeve's Citizen of the Year), Jason Bond (RBL) and Suzan Tolman (Mayor and Portreeve) has sung the praises of a town and area we are proud to be part of. They did an excellent job for Callington.

This community project highlighted the strong sense of community that exists here and the generosity and kindness of the people of our town and surrounding areas. Everything to complete the project was donated by members of the local community. It brought together people from all generations, religions, ethnicities, levels of ability etc; it was truly inclusive. Everyone worked in complete harmony to achieve a project that would tell the world that the people of Callington and surrounding areas do not, and will never, forget those who lost their lives in the service of our country, the devastated families they left behind and the local men and women who are serving members of Her Majesty's Services.

The volunteers have decided that they would like to continue to build on this community spirit by organising a new project. The project will be called 'Callington in the early 2020s, and the finished work will be framed and hung in the Town Hall for all to see. The aim is to produce a series of 6 panels, each depicting a different element of Callington. Many different skills will be used to complete the panels such as silk work, embroidery, patchwork, appliqué, crochet, quilting etc. The panels will be taken out into the community to be worked on by groups such as the Memory Cafe, care homes, schools etc. There will also be opportunities to learn new skills by coming along for free informal lessons.

Again, this project will be a welcoming and supportive place for any member of our community and there will be lots of things to do for everyone regardless of skill level.

Once again Hilary of Beech Auctions has very kindly offered us the use of the Emporium, as she did for the poppy wave. Projects such as this could not be undertaken without the support of Hilary McKay. We have already had amazing donations of fabric, crochet thread etc. We are still in the project planning stage and intend to start the development phase in early January (unless we are in a lockdown situation) and estimate that the project will take between 12 - 18 months to complete. If you have any questions regarding the new project please call Aileen Moore 01579 389006.

Bob Wade and Jason Bond from the Callington Branch of the Royal British Legion.

Photos courtesy of James Dadzitis/SWNS



Mayor and Portreeve, Cllr Mrs Suzan Tolman and Deputy Mayor and Portreeve, Cllr Mike Tagg watching the poppies cascade down from St Mary's Church.

Photo courtesy of James Dadzitis/SWNS

A very Happy Christmas from Callington and District Lions



Despite lockdown, Callington and District Lions have had a very busy year with more to come over the Festive Season and in the New Year

Lions' President, Karen Toft, reported that the last event, the 'Virtual Honey Fair', had raised over £2,000. This is mainly due to the generosity of local companies and people donating prizes – see the full report on the next page.



Normally Callington Town Council would be preparing Santa's Grotto for his visit to the Christmas Fair in the Town Hall, but of course it is not possible this year. Father Christmas has asked the Town Council, with the help of Callington Lions, to assist by arranging a virtual visit.

Parents will be able to ask Father Christmas to contact them via 'Zoom' when he will be able to speak in person to each youngster and give them a present. For further information on this, please see separate details on page 6.

In addition, to bring more good cheer, Father Christmas has prepared a short video message that can be seen for a £1 charge by going on to Callington Lions web site:

<https://www.callingtonlions.org.uk/index.html> and following the link.

Thanks are due to Plymouth College of Art for helping Father Christmas with this.

All these recent events are alongside the Lions continuing work with providing wheelchairs, 'teddies for tears', collecting spectacles, mobile 'phones, etc., etc.

In addition, the Lions are providing 'Message in a Bottle' containers. This is a scheme to encourage people to keep their personal and medical details on a standard form and in a common place – the fridge. Essential information is kept in a plastic bottle and Emergency Services will see green crosses fixed on the back of the front door and on the fridge. Whilst this is focused on the vulnerable it can benefit anyone having an accident in their home. Bottles are obtainable from Callington Lions direct, see web site, or local health centres.



Karen and all of Callington Lions wish everyone the very best for the Festive Season and thank the many local people and organisations without whose support so much charity work could not have been achieved.



Callington Lions



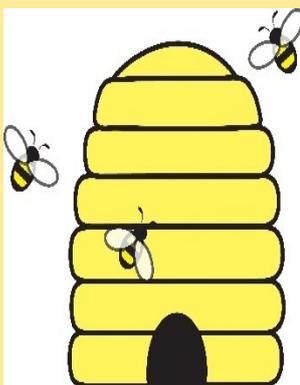
Honey Fair in Callington evolved when in 1978, local councillor, John Tevithick, took it upon himself to resurrect a tradition going back over a century which had lapsed during the Second World War. It was traditionally held on the first Wednesday of October for local beekeepers to sell their honey. Callington Lions took over the running a year later. Lion Hayley Patton interviewed John and a series of fascinating memories were posted on Facebook.

On the Friday before Honey Fair should have been, one of our members was reminiscing about previous years and how sad it was that it wasn't happening. From that little acorn quickly grew a big oak. Overnight a virtual Honey Fair was launched. A Facebook page and a Just Giving page was set up and an appeal was made to local businesses for raffle prizes.

The traditional art competition was organised, and hundreds of pictures were submitted from local primary schools. This year's theme for the art was "Bee Happy". The winners of the competition were Callington Primary – 1st place, Calstock Primary – 2nd place and Delaware Primary – 3rd place. Dozens of raffle prizes were donated from businesses who generously got behind the project. Callington College, Callington Primary and Harrowbarrow Primary showed their support and held a mufti day for us. We were overwhelmed by how much kindness and help we received.



In keeping with the Honey theme, our local beekeeping Lion John Wood made us a fascinating video for our Facebook page on the art of beekeeping.



Radio Cornwall did an interview with Lion President Karen Toft to advertise the event and Laurence Reed officially declared the Fair open. Popular Town crier, Tony Stentiford was in full regalia in the town square ringing in the start. In the seven days of the event we raised £2,197, a phenomenal amount! Thanks to everyone who helped and supported us. It was so heartwarming that our local community were behind us. We are a small tight knit town and it made us all realise how much Callington cares. Callington Lions have been going for over 40 years helping and assisting the people and projects in our area. We hope next year our beloved Honey Fair will be back on the street with hustle and bustle, fun and entertainment, teas and bees, pasty making and so much more.

For now though, when the times are hard and challenging, remember, you are not alone. Hug yourselves warm in the knowledge that, **CALLINGTON CARES.**

Thank you, thank you, thank you.

Stay safe and "Bee Happy"

Callington Lions



Callington
Lions



Callington
Town Council

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Father Christmas by Zoom

**Father Christmas will call up your family on Zoom.
He will have a chat with the family and ensure that your child/children receive
a special gift.**

What can you expect?

- * At an arranged time Father Christmas will speak to your family via the Zoom platform.
- * The chat will last for approximately 10 minutes.
- * He will interact with the child/children in the household.
- * Towards the end of the chat he will indicate that he has arranged for the adult to collect a special early gift which is then given to the child/children on his behalf.
- * Father Christmas will then say goodbye.

How to arrange a virtual visit by Zoom hosting by The Lions Club

You need to ensure you have Zoom (www.zoom.us) downloaded onto your device you are choosing to have the chat on.

There are 'how to' video's available if you haven't used it before.

You also have the option of recording the session from within Zoom.

After the virtual visit you would receive an email from Zoom with a link to the recording.

1. Contact Callington Town Council (the Town Hall) by either leaving a message on 01579 384039 or emailing: bookings@callington-tc.gov.uk. Alternatively complete and return the booking form which can be found on the Callington Town Council website at www.callington-tc.gov.uk.
2. Contact the Town Hall on 01579 384039 to arrange an appointment time to come in with the completed form and pay the £3.50 per child fee, sign the disclosure form and collect the gift/s.
3. On the day you will get an email invitation and **at the appropriate time** you should click on the link within that email to join the meeting. Please put your child's name so Father Christmas can identify you in the waiting room and have the gift nearby ready for when Father Christmas prompts you.
4. On the evening you have booked, please have your device switched on ready for a magical experience! If you have any queries on the evening please call 0345 8338 568.

*Callington Lions Club is a charity registered with the Charities Commission of England and Wales,
Registration No. 1181024, Registered Office: Netley House, Harrowbarrow, Callington, Cornwall, PL17 8BG.*



Need help with Universal Credit?

Citizens Advice Cornwall Help to Claim

Are you currently?

unable to work due to self-isolation
unable to work due to shielding
furloughed and not receiving full wages
redundant due to businesses closing

What is Help to Claim?

Citizens Advice Cornwall – Help to Claim is a dedicated, specialist team of trained Advisers.

Although our offices are currently closed **we are still here** to support you, throughout Cornwall.

What can Help to Claim do?

Help to Claim can offer **Benefit** checks to see what financial help you can access and support to make new claims for Universal Credit. We can also provide Food Bank vouchers and signpost to **Debt** and other Citizens Advice services.

How can I contact Help to Claim?

📧 www.citizensadvice.org.uk

✉ helptoclaim@citizensadvicecornwall.org.uk

☎ **01209 240205**

Covid support



Email **covid19@cornwall.gov.uk** for any covid19-related queries or call **0300 1231 118**.



We also have a phone line **dedicated to those deemed clinically vulnerable: 0300 1234 334**.

cornwall.gov.uk/coronavirus

CHRISTMAS
SANTA
HOLIDAY
TREE
ORNAMENTS
PRESENTS
SNOWFLAKE
GINGERBREAD

MERRY
ELF
CANDYCANE
STOCKINGS
LIGHTS
REINDEER
RIBBON



CHRISTMAS WORD SEARCH



U	H	E	G	K	N	P	W	T	S	I	F	S	I	U	C
R	O	T	S	S	F	R	E	I	N	D	E	E	R	R	A
Y	L	G	M	O	H	E	L	N	S	A	H	A	S	A	N
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L	A	R	A	S	H	L	A	D	A	X	D	L	E	L	F
G	I	N	G	E	R	B	R	E	A	D	I	Y	V	O	P
H	A	N	S	F	I	T	F	U	D	R	I	B	B	O	N

CHILDREN DECORATE TOWN CHRISTMAS TREE

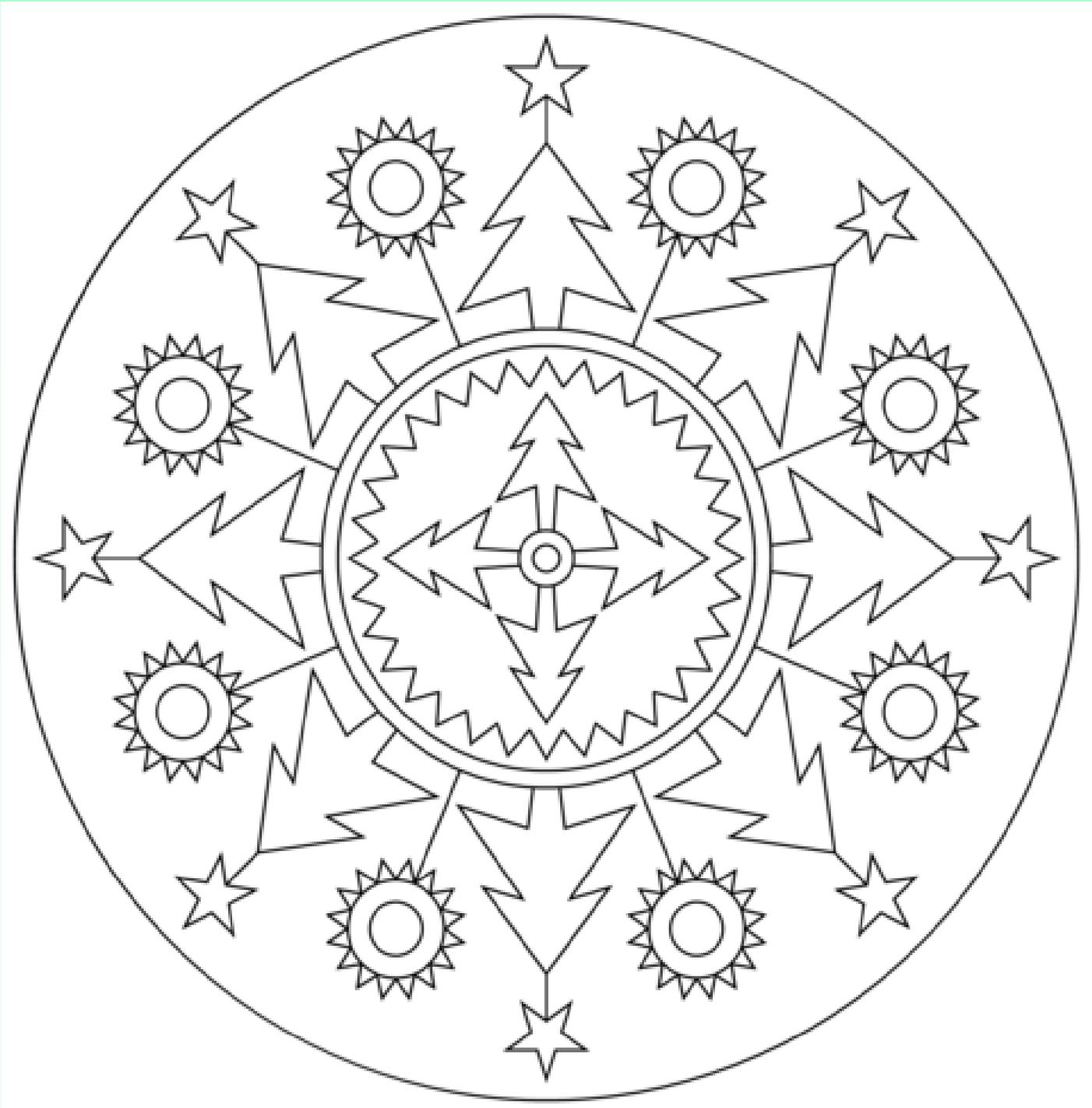
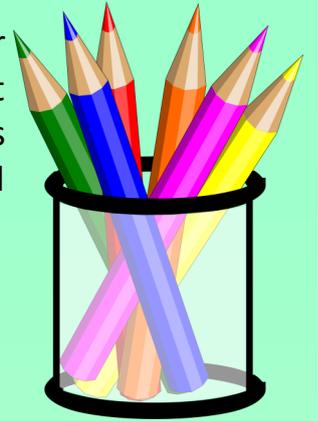
Thanks to the amazing, artistic talents of the children and staff from Callington Primary School, we now have over three hundred, hand decorated balls for the town Christmas tree in St Mary's Square. Town Council staff will be stringing them together to make a garland to adorn the tree.

For the eagle eyed members of the community, you may see a familiar face on the garland, see page 10 for more information.



COLOUR IN FOR CHILDREN AND ADULTS!

Did you know? It is thought that the process of colouring - taking our concentration away from work and home life stresses and focusing it on something repetitive and relaxing - helps us distance ourselves resulting in benefits that are similar to meditation, making us feel calmer and happier. Why not give it a go?



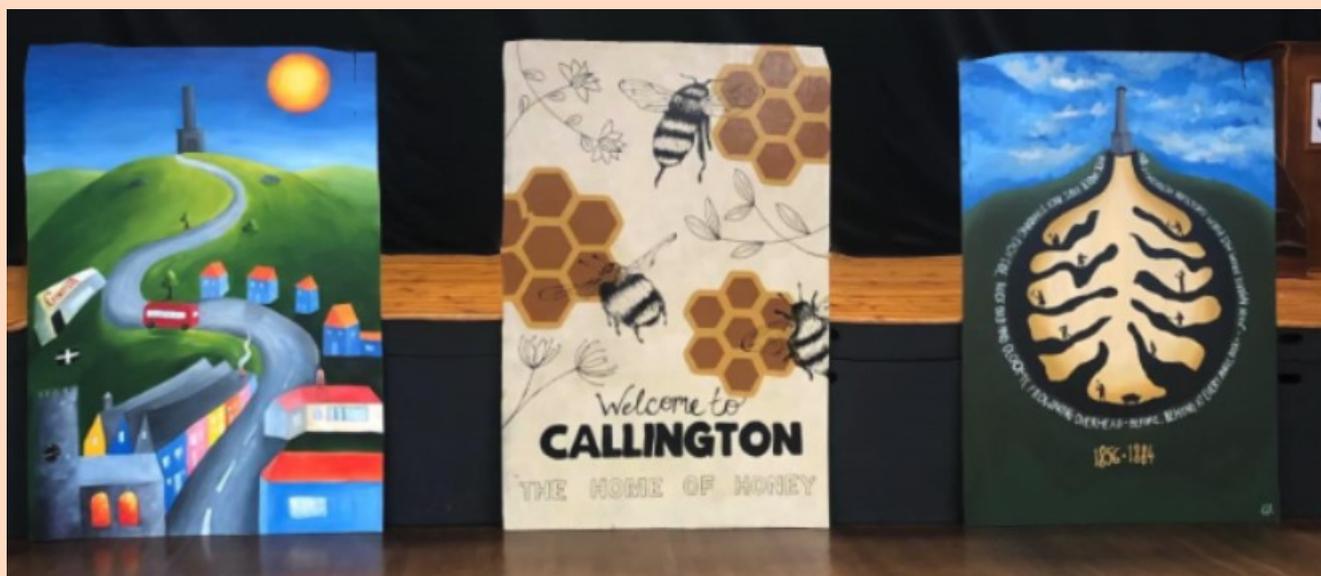
MURAL COMPETITION WINNERS

The three artists of these magnificent murals were Beth, Erin and George, well done !!

A big thank you to the Portreeve and the Town Clerk for their leadership and the Mural Committee and Town Council for their support. Not forgetting Harvey, the dog, for his encouragement!

Of course, we can't forget the support from Hils McKay and Callington Virtual Show, plus the cleaning of Lloyds Wall (which was very ,very dirty) carried out by Prestige Professional Cleaning Services, free of charge. East Cornwall Care Company who took down and put up the murals, free of charge, Travis Perkins for the three marine ply mural boards, free of charge, and Trewarthas for donating the marine varnish, again free of charge.

We are so lucky to have such support, it is really appreciated.



Cornwall Council New COVID Enforcement Team

Cornwall Council has set up a dedicated COVID Enforcement Team to deal with COVID related concerns and complaints seven days a week. The team are working with businesses to ensure they are complying with the current restrictions and to investigate concerns from members of the public

The multi-disciplinary team, who work closely with Devon and Cornwall Police, Public Health colleagues and other partner agencies, includes Environmental Health Officers, Trading Standards Officers and Licensing Officers.

This core group is supported by colleagues from various departments who are also helping businesses adjust to new restrictions.

The team's focus is to work with and provide support to businesses. Enforcement action will only be used as a last resort.

Business owners and staff can request support and information via the Business Regulatory Support Hub. The hub also provides weekly webinars to keep businesses updated on the latest guidance. To date these have been attended by more than 3,000 people across Cornwall.

Cornwall Council has a dedicated email address for all queries related to COVID-19: covid19@cornwall.gov.uk

For general COVID-19 enquiries, people can ring Cornwall Council on **0300 1231 118** from 8am-6pm Monday to Friday or visit www.cornwall.gov.uk



Message from the Mayor and Portreeve, Mrs Suzan Tolman:

'As I write this message to you we are still uncertain about whether the lockdown will be lifted on the 2nd December, the position with our schools, and what restrictions will be in place for this year's Christmas. But one thing I can be certain of is the warmth and support that our community will give to each other now and going forward. The giving and receiving of presents at this time of year is lovely, particularly if you support our local small businesses, but let's ask this year simply for the presence of our loved ones.

We have seen some wonderful examples throughout the year of how well we can work together; the birth of the Community Volunteer Scheme, our Town Crier visiting you in the streets each Thursday to support the 'clap for careers', the environmental zone at Liskeard Road cemetery providing a sanctuary for those who would like to take some time to reflect and meditate, the magnificent poppy wave, the beautiful murals and the heart-warming acts of kindness every month. Who would have thought at the start of the year we would have had a Callington 'Virtual' Show, a 'Virtual' Honey Fair and weekly council meetings via zoom. We have certainly embraced technology and shown that the Callington and Kelly Bray spirit will beat the war against COVID. Not to mention the appearances on ITV local news, national papers and Hello Magazine!

At this time of year we must always give thought to those who are less fortunate than ourselves. With this in mind I would like to give special thanks to the Food Bank and all who support it. My thanks also go to the Callington Soup Run team who prepare and give hot food to those in need in Plymouth.

And finally, can we take this opportunity to give thanks and praise to those in our community who have worked throughout this pandemic to keep our lives as safe and normal possible, we thank you all.

On behalf of the Town Council please have a safe and peaceful Christmas, and be kind.



December Market and Christmas Fair Cancelled

The Town Council has reluctantly decided to cancel the Christmas Fair and Town Market due to be held on 5th and 6th December. With cases of COVID-19 in East Cornwall rising, we need to help stop the virus spreading and not encourage gatherings in our community.

This was a very difficult decision for the Councillors to make as the Festive period is such an important time for us but your safety is paramount.

Our aim is to protect people this year in order to save many more Christmases for people with their loved ones.

Thank you all for your understanding and we hope to see you all next year. Until then take care and stay safe.

Christmas and New Year collections

If your normal collection day is...

Wed 23

The day of your collections will not change. Collection times may be different.

Thurs 24

The day of your collections will not change. Collection times may be different.

Fri 25

Christmas Day

No collections. We'll collect two weeks' worth of **rubbish** on Fri, 1 Jan. **Recycling or garden waste** will be collected on Sat, 2 Jan.

Mon 28

Bank Holiday

The day of your collections will not change. Collection times may be different.

Fri 1

Bank Holiday

The day of your collections will not change. Collection times may be different.

CALLINGTON SAYS GOODBYE TO LAWRENCE

'I have been a PCSO for thirteen years and have thoroughly enjoyed every moment of it. I have spent the last four years here in Callington and what a lovely place to finish my career.

I will miss the town, the surrounding villages, the scenery and a lot of the people I have got to know and care for.

There have been many difficult moments over the years to deal with such as getting attacked by a duck in Calstock when trying to move it out of the road or trying not to laugh when my crew mate was chased by a very irate turkey, these times I will miss. It's not all been fun though there have been many sad moments, but that is the nature of our job.

Thank you for being so welcoming and making me feel part of the community and, although I will not be a PCSO for Callington, you will still see me about.

Thank you all.' **Lawrence**



WHY SHOULD I FEED THE BIRDS THIS WINTER?

It brings a sense of wellbeing, boosts self-esteem and creates a bond with wildlife. The simple act of feeding and watching birds can be the most basic daily routine but can help with **reducing anxiety, stress and depression**, and become a hobby that brings people together.

Winter can be a difficult time for wildlife. Temperatures plummet and food becomes difficult to find. Insect-eating birds turn to alternative foods, some species travel far and wide, and foraging behaviour adapts, but we can lend a helping hand by providing a welcome source of extra food for birds to turn to in leaner times. Different birds are attracted to certain foods, often reflecting their special adaptations for natural food types. Offer a variety of tempting morsels to maximise your bird table's wow factor.

GOLDFINCH - smaller seeds like nyjer seeds

GREENFINCH & TITS - sunflower hearts

SPARROWS, WOODPIGEONS, COLLARED DOVE - large grains

WOODPECKERS, TITS, STARLINGS - fat balls and peanuts

ROBIN, THRUSES - mealworms and live foods

BLACKBIRDS - sunflower hearts, raisins, suet

WINTER BIRD FEEDING TIPS

Don't put out too much

Stale food can encourage harmful bacteria

Clean feeders and table regularly

Use a pet safe disinfectant and hot water regularly to help prevent the transfer of infections between birds

Provide fresh water

Birds need to be able to bathe to keep feathers in good condition and keep them warm, especially in winter. Keep bird baths clear of ice

Foods to avoid

White bread, milk, salty or spicy food, loose whole peanuts, desiccated coconut. Runny fats from cooking, vegetable oils and margarines can clog the feathers and cause birds to lose valuable insulation

Household food to provide

Raw fats such as suet and lard, mild grated cheese, cooked potatoes. Fruit such as apples and dried fruits, raisins and sultanas.





#DOYOURBIT

Get your flu vaccination this year
It's never been more important

#PROTECTYOURCOMMUNITY

JUST FOR FUN

Can you spot Kevin the carrot in the Christmas garland on the tree in St Mary's Square?



Urban Terrace - Proposed Affordable Housing Development

At the time of going to print, there is a proposal for a development to include 100% affordable housing scheme, delivered by Cornwall Council. The proposal includes spacious and accessible units comprising of 11 x dwellings and 4 x apartments, a mix of one, two and three bedroom properties. The central access road will be maintained due to its link to the College. Each property has two allocated parking spaces with the apartments having one each. There are four further visitor spaces.

As a local resident you may wish or have a family member who would like to register for a plot on this site. For shared ownership properties you will need to register with Help to Buy South – www.helptobuyagent3.org.uk

When the final planning application for this development is brought to the Town Council for consultation, the planning agenda will be available on the Town Council website.

callington-tc.gov.uk/meeting-minutes/

Please click on the Planning tab

