

Callington News

February 2021

www.callington-tc.gov.uk

PUBLIC CONVENIENCES REFURBISHMENT

Welcome to the New Year, although it starts with yet another lockdown we are pleased to report that the refurbishment of the New Road Public Conveniences has now started. As many of you will know the conditions of these facilities has been a topic of debate for some time and the Town Council is really pleased to now be in a financial position to update and upgrade them. Town Councillors were unanimous in this investment as such facilities are pivotal services for our residents, traders and visitors.

The new design will provide individual unisex toilets which are all disabled friendly with the addition of a Changing Places facility. Changing Places toilets provide the necessary equipment for people with profound and multiple learning difficulties as well as people with physical disabilities such as spinal injuries, muscular dystrophy and multiple sclerosis who often need extra equipment and space to allow them to use a toilet safely and comfortably. Each Changing Places toilet will provide a height adjustable adult sized changing bench, a tracking hoist system, or mobile hoist. Adequate space in the changing area for disabled people as well as up to two carers, a centrally placed toilet with room either side and a screen or curtain to allow for privacy.

Whilst the refurbishments are taking place the toilets will be closed and inaccessible. During this lockdown period the Town Hall toilets will also be closed along with the main Town Hall complex. If, and when, current lockdown restrictions are amended, the Town Council will review what toilet facilities can be provided from the Town Hall complex. It is understood that this will be a disruptive period for everyone but we do hope that you will focus on the longer term benefits these new facilities will provide for the town.

The Town defibrillator will be temporarily relocated to the wall of the Town Hall building, beside the main entrance. All relevant organisations involved with the defibrillator have been notified of this temporary relocation.

If you have any concerns or questions regarding this matter, please contact the Town Clerk at clerk@callington-tc.gov.uk or call 01579 384039 and leave a clear message with your name and contact details and someone will get back to you.



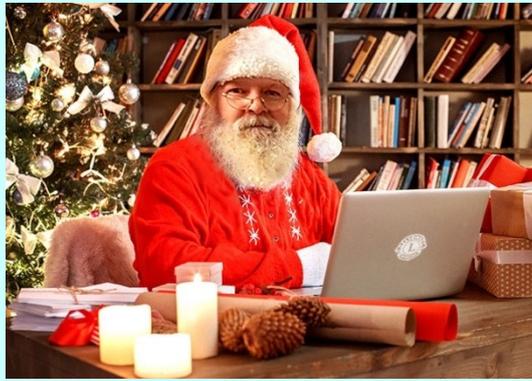
The newsletter will be bi-monthly from February. The next edition will be April and the deadline for this edition will be Tuesday 9th March. Editorial copy can be sent to the Editor by emailing news@callington-tc.gov.uk
Copy can also be sent to the Town Hall at the address below

Please post or hand in copy to Jo Taylor, Callington Town Hall, New Road, Callington PL17 7BD. Telephone 01579 384039 or email: news@callington-tc.gov.uk

The Town Council telephone line is operational from 9am - 2pm Monday - Friday. Please leave a clear message with your contact details and someone will get back to you

The Town Council office and building is currently closed.

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Santa sends a very big thank you to Callington Lions for their help.

Santa is now relaxing and catching up on his paperwork after a very busy Christmas, especially in and around the Callington area.

With Callington and District Lions help he said that he had been able to do much here. He was able to hold individual chats with many children, via zoom, including youngsters as far away as Mallorca and London.

He also paid a Zoom visit to Harrowbarrow School during their Assembly and answered some of the many questions raised by the children.

He even managed to find time to produce a short video message which has been seen by nearly 2000 viewers. It is still available to see on: <https://www.facebook.com/CallingtonLionsNews>.

Thanks goes to The Buccaneer Inn, Gunnislake, and Plymouth College of Art for their assistance with this video.

Father Christmas added that he had paid several visits to the Farm Shop and Restaurant, Tre, Pol and Pen at Lezant, where he chatted to many children over breakfast, whilst still socially distancing. Tre, Pol and Pen Manager, Charlotte Gliddon, was pleased to hand a £765 cheque to Callington Lions for their support with his visit.

Callington Lions' President, Karen Toft, thanked Charlotte, the staff at Tre, Pol and Pen and the breakfasters for raising this very large amount. She explained that it would go to supporting the many charities in the area, families in need, Callington Food Bank, Plymouth Soup Run, Battling On, and many, many others.

She also thanked those in the community who had done much to support Callington Lions and also helping their neighbours, especially when many would appreciate just a welcoming word.

Father Christmas, before saying goodbye, said that he had to thank one Lion in particular, Ian Robertson. He said that without Ian he would not have been able to do all he had accomplished. That said, he was now going to put his feet up and have a good rest, but he is already starting to think about Christmas 2021 and hoped it will be a better one for all.

He asked that everyone takes special care, keep isolated and wear those masks!

Callington Lions Club is a Charitable Interest Organisation, registered with the Charities Commission of England and Wales, Registration No. 1181024, Registered Office: Netley House, Harrowbarrow, Callington, Cornwall, PL17 8BG.



Do you need assistance during this lockdown period?

If you are shielding or self-isolating and need assistance with collecting groceries or prescriptions, as with the previous lockdowns, help is at hand. The volunteer scheme is available to collect small amounts of essential grocery items and collect prescriptions. Call 01579 384039 between 9.00am and 2.00pm Monday to Friday, leave a clear message with your name, address and telephone number and someone will get back to you. Alternatively, you can email bookings@callington-tc.gov.uk and request assistance.

Are you fed-up with doing the same old walks?

Walking in Cornwall www.walkinginengland.co.uk/cornwall is the website for you!

With hundreds of walks to download and print, free, it also has books of walks, contact details for all the walking groups in the County and much more. Whether you want to walk on your own or with a group all the information is there in one place.

John said 'There is so much walking information on the web but it is difficult to find. Walking in Cornwall (part of the Walking in England suite of websites (www.walkinginengland.co.uk) – one for each county in England) has brought it together in one place so whether you are walking from home, or away on holiday, you will be able to find a walk suitable for you'.

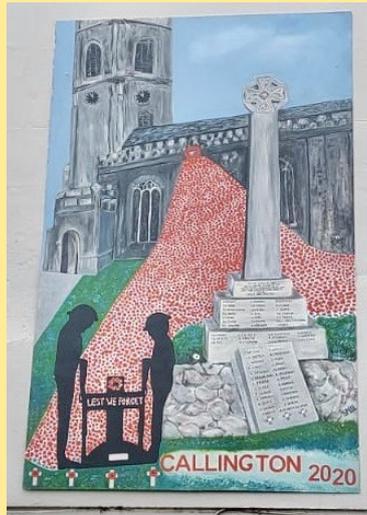


With walks from half a mile to twelve miles plus long, and a note of suitability for pushchairs and wheelchairs, everyone can find a walk to enjoy.

So home or away, check out the websites and get walking!

Poppy Wave Mural

Whilst you are going on your daily walks, have a look at the wall on the side of Spar and admire the beautiful poppy wave mural that has now been erected. Many thanks to Sue Pell for this wonderful painting of our famous poppy wave.



Please Pick Up After Your Dog



Dog walkers please be aware that it is an offence NOT to pick up your dog's mess. In Broadmead we take care of our gardens and it is so annoying to find the mess on our drives or lawns. If you continue to ignore this message you will be photographed, named and shamed and reported to the police. I love dogs but not their irresponsible owners.

Brian and Maggie Yeoman celebrating their Golden Wedding Anniversary. They were presented with a card and gifts by Mayor and Portreeve, Suzan Tolman and Cllr Karen Gold as President of Callington WI of which Maggie is a member.



CONGRATULATIONS!



Dennis and Christine Bristow would like to say a big thank you to the local people and passers-by who helped them out on Tuesday 5th January when Dennis took a really nasty tumble in Liskeard Road. From nowhere came a chair, blankets, an NHS off duty professional and then the ambulance. They really appreciated the compassion and concern shown by everyone involved. Dennis has a lot of stitches in his face but is making a good recovery at home and hopes to be out and about again soon.

Recycling for Charity



Our first ever shipment of recycling was sent to **Terracycle** in January 2019, containing Biscuit, Cracker & Cake wrappers. In April we sent crisps, snacks, toothbrushes & toothpaste tubes, continuing to add many more programmes.

Burts was added one year ago and our records show we sent 1888 items, made up of mascaras, eye shadow compacts and lips sticks. Cathedral Cheese was added in July 2020, in October we sent off 1130 packets. Inkjet cartridges are the latest items to be accepted, a full list can be found on our web page www.south-hill.co.uk/charity-recycling and join our Facebook group for updates.

In March 2020, due to Covid 19, public collection points were closed, including those in and around Callington, so no shipments were sent in April, May or June and my car could fit back into the garage.

A new collection system was then introduced which eliminated wrong items being left, provided opportunities to promote accepted items and kept people outdoors to drop off... often in adverse weather conditions, but it worked well and people respected the rules to wear masks & keep a safe distance, until lockdown came again, which is where we are now, with the car back in the garage. The collection bins at Green Meadows, Golberdon are still open for drop-offs.

As well as saving mountains of rubbish being binned and incinerated, points are awarded for the items sent and these can be redeemed every six months, our main nominated charity is **Kicks Count**, who aim to reduce the UK still-birth rate.

To **Terracycle** our items are valuable resources and are shredded into pellets then made into picnic benches, water butts and other products.

SHARE has redeemed points three times, increasing the amount of money raised each time from £713 to £768 to £1798 totaling **£3280** to date... which is 1000 of kgs of "rubbish" diverted from our waste bins.

SHARE is South Hill Association for Renewable Energy, founded in 2015 in South Hill Parish. Our first project was to install solar PV panels on the parish hall roof, followed by 250 panels on an agricultural building, a wood project and most recently a hydro power feasibility study.

With so many projects on the go at one time, volunteers are always welcome.

I would love to involve more people with the recycling project, as many of you have shown an interest. Anyone like spreadsheets? Step forward, so we can keep better records of what we are doing and produce more fact filled articles.

Thank you for your continued support and Keep on Recycling.

Ali Humphreys, Recycling for Charity project lead volunteer.

SHARE@south-hill.co.uk 07305 044049

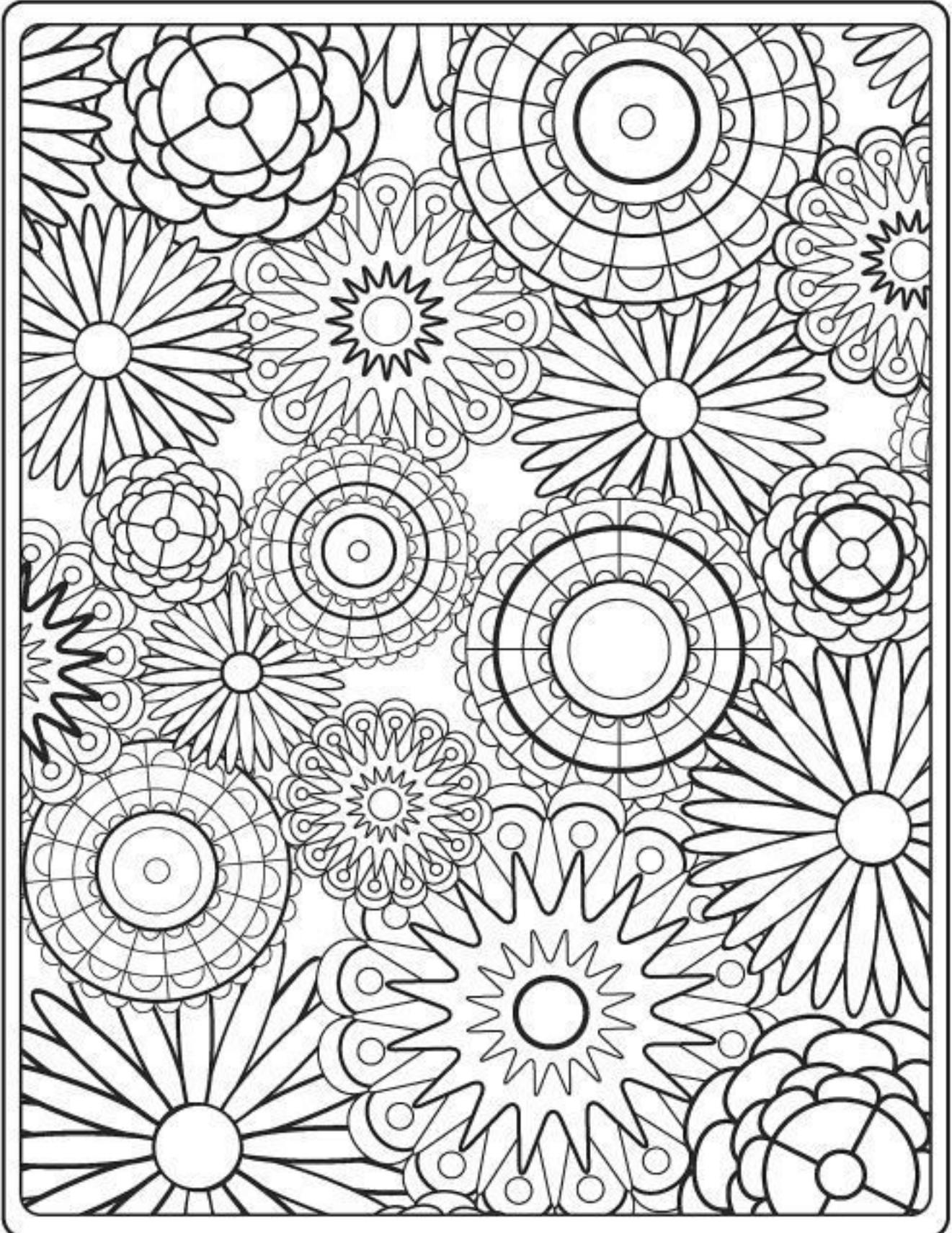
Business Support Grants



There are a number of different schemes available to help businesses that have been forced to close or have been significantly impacted by the previous Tier system and by the current national lockdown. Cornwall Council is still awaiting the full details of some of these schemes and to receive funding from the Government. Once those details are received, the Council will let businesses know as soon as possible. Businesses that received a Local Restrictions Support Grant due to the previous national lockdown (5 November - 2 December 2020) do not need to reapply for any of the grants due from the 31 December onwards. Cornwall Council will use the details from their previous application to pay them. The Council will contact other business rated businesses directly where it has their details and believes they may be eligible for support. Keep an eye on www.cornwall.gov.uk/BusinessSupportGrant for more information on the support that will be available and how to claim or call 0300 1231 118.

COLOUR ME IN!

Time to get your colouring pencils, felt tip pens, crayons or paints out of the cupboard and get colouring!





The Town Council Rise In Your Council Tax Bill This Year

In March the Council Tax bills will start coming through your letter box and you will notice a change in your direct debit to Cornwall Council. We thought it would be timely to give a brief background on where your money goes and how much actually comes to the Town Council. At the time of going to print we have not had the budgets confirmed with Cornwall Council (this includes the Fire Service) and the Police but based on last year's figures the average property in Callington (Band D) paid £2,021.61 to Cornwall Council <https://www.cornwall.gov.uk/media/42700457/council-tax-notice-2020-2021.pdf>

Average Actual Bill for a Band D		%	£ Per Month*	Based on 10 Instalments
Cornwall Council (inc. Fire)	£1,588.02	79%	£132.34	£158.80
Devon & Cornwall Police	£221.64	11%	£18.47	£22.16
Callington Town Council	£211.95	10%	£17.66	£21.20
	£2,021.61	100%	£168.47	£202.16

*Based on twelve months, not 10 monthly instalments.

Over the last few months the Town Councillors have been making difficult decisions about how to balance the budgets next year without losing any of our services, which has been compounded with the long term impact of Covid being taken into consideration. The Town Council is extremely keen to retain services wherever possible and lobby Cornwall Council to do the same.

The budget was agreed and next year the Band D part of your Council Tax bill that comes to Callington Town Council will increase from £211.95 per year to £235.57, an increase of £23.62 for the year (less than £2 per month)

And what does that extra £2 cover you will ask....

1. We have had to reset the income projections for the Town Hall bookings due to COVID-19. Arguably, we could have just simply increased the charges to hirers to cover our shortfall in income but, as we understand what an important asset this hall is to our community**, we need to keep the fees at a level that allow our community groups, multi-agencies and event planners to still find us an affordable option once they can return to the 'new-normal'. To simply increase the charges would be short-sighted and could result in lost services and events in our community.

** (We pride ourselves on being a very useable facility that supports a cross section of our community, ranging from classes for our primary aged children through to lunches for our more mature residents. Keep fit classes are held every week day and most evenings we have a community group holding a meeting, without mentioning bookings such as the flu clinics and diabetic eye screening with the NHS.)

2. We have also had to reset the income projections for the Pannier Market, based on the same principle as point 1, by keeping our rates to an affordable level for existing and new tenants.
3. As an employer, we need to adhere to any rises in pay scales agreed by the Government, likewise any changes in National Insurance and Pension Contributions.
4. We also face the same rises in utility bills and business rates for all our premises such as the Town Hall, Public Toilets and free carpark.

...continued on page 7

The Town Council Rise In Your Council Tax Bill This Year ...continued from page 6

- The importance of our play equipment, particularly whilst children have been home, has been heightened so Councillors have agreed to put a further £10,000 in the budget for play equipment. This will allow us to build up funds to enable us to enhance our play parks in the future.

We hope that by explaining why we have increased our share of the Council Tax this year by £23.62 you will appreciate that this is to retain many of our much valued services namely, the Town Hall, the Pannier Market, the general inflationary provisions (on staff costs, utilities and business rates and play equipment.

Should you have any questions or concerns about the Town Council's finances please contact the Clerk on clerk@callington-tc.gov.uk or leave a message on 01579 384039

Environment 2021

2021 is the year for looking forward in many ways and our relationship with our Planet is one of those at the forefront.

Many residents have expressed an eagerness to help with their local environment so this year, Callington Town Council would like to provide residents with an opportunity to do their part in studying, and by extension, helping to protect the local wildlife we are constantly co-existing with.

In newsletters throughout this year we will include events alongside nationwide charities, such as the RSPB's Big Garden Bird Watch, which can provide valuable tips on how to recognise and care for wild birds. The numbers you send back to the charity allow them to track bird species across the UK and even world migratory patterns.

<https://www.rspb.org.uk/get-involved/activities/birdwatch/>

Keep an eye out for this and other projects going on such as The Great British Spring Clean. Here is to a greener year.



USEFUL CONTACT NUMBERS

NHS non-emergency	111	Concerned about a child's safety?	0300 1231 116
Police non-emergency	101	Trading Standards	0300 1234 191
Western Power emergency information	0800 6783 105	Foodbank	07931 011 459
Gas Emergency Services	0800 111 999	Cornwall Council Public Health Desk	01872 323583
Crimestoppers	0800 555 111	Universal Credit Helpline	0800 328 5644
Samaritans	0845 7909 090	HMRC Tax Helpline for businesses affected by COVID 19	0800 024 1222
Department for Works & Pensions	0843 487 1838	HMRC helpline for self employed affected by COVID19	0800 024 1222
Cornwall Council General Enquiries	0300 1234 100		

Things to do during lockdown to keep our minds and bodies active

We have been here before and we all know what we should do to keep safe, keep others safe and protect the fantastic NHS, but are you running out of things to keep yourself, and your children, amused? Here's a list of some things you could try if you get bored:

1. Learn a language

There are plenty of apps that help you learn a language for free.

Download one, and spend 30 minutes a day teaching yourself how to speak French, German, Japanese - or whatever language takes your fancy.

2. Couch to 5k

Keep active by downloading a Couch to 5k app, and heading out into the fresh air for a jog three times a week.

Just make sure that you maintain a two metre distance from other people while you are out running.

3. Take a virtual tour of Buckingham Palace

Many UK tourist attractions offer virtual tours, so you can look around from the comfort of your own home.

The Buckingham Palace tour allows you to snoop around the Queen's house while learning about the history of the royal family. <https://www.royal.uk/virtual-tours-buckingham-palace>

4. Come Dine With Me

If you live with other people, take it in turns to cook each other dinner, scoring each meal at the end. The internet is full of lots of websites with basic, and not so basic, meals including recipes using basic ingredients, in case you are having trouble getting hold ingredients.

5. Start a Virtual Book Club

You might not be able to meet up in person, but you could organise a virtual book club with your friends.

Whether you all read the same book or just share recommendations, having a regular video call will help you feel connected.

6. Host a Virtual Quiz with your Family/Friends

Gather your family/friends for a virtual quiz where you ask the questions over a video call.

You can also text out a picture round - whether the clues are emojis, or photos of things in your house.

7. Clean Out Your Wardrobe

Try on all your clothes, and bag up any that you don't want, or that don't fit.

You can't take them to a charity shop at the moment, but once lockdown is lifted it can be your first job.

8. Get Out in the Garden

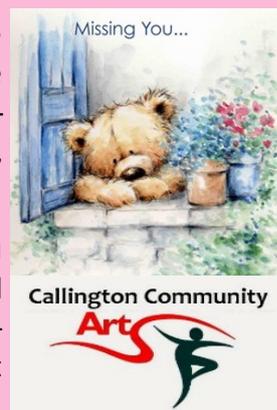
If you are lucky enough to have a garden, make the most of it but remember to wrap up warm.

Eat your breakfast outside, pull some weeds, kick a ball about - anything to get you out of the house and into the fresh air.

A Message from Callington Community Arts

It has been a hard time for everyone since last March and people working in the performing arts have been affected just like the rest of the population. For the artists and their supporting technicians this has meant an obvious loss of income – and for their usual audiences a severe reduction in access to all the media – music, song, dance, drama.

We at Callington Community Arts (aka Callington CAve) have missed bringing you our usual range of entertainment - and we hope you have missed us. We will certainly not be disappearing from Callington's cultural and social circle and will re-start our presentations of monthly films and other live entertainment as soon as it is safe and wise to do so.



MayFest

Preparations for the 2020 MayFest were well underway when the covid-19 pandemic struck and we were no longer able to stage the event. We did have every intention of bringing the MayFest back in 2021, but the uncertainty of what lies ahead means that we can't justify all the time and effort spent on the preparations, just to see it cancelled again. However, we are thinking positively and plan to resurrect Callington MayFest in 2022. We are already in contact with potential performers, but if you would like to be a part of the event or would like to help in the build-up, please get in touch with us through our website

(www.callingtoncave.weebly.com).

The performing arts are good for the soul and provide many benefits for mental health and wellbeing. Do come along and support us when we are up and running again. We would love to see you.



Callington & District TWINNING ASSOCIATION

Twinning activities between Callington and its three partner towns in France, Germany and Estonia have been severely curtailed. Last year we were due to welcome 70+ people from Guipavas and Barsbüttel, along with a small delegation from Keila in Estonia, with whom we have struck up a friendship link.

We were hoping to use the Mayflower 400 celebrations in Plymouth as the centrepiece of the Easter weekend, but all the forward planning was to no avail. This was particularly disappointing when our Town Council had offered such tremendous support to the venture.

Also, the planned youth camp for the summer of 2020 had to be cancelled, meaning that there were sad faces on students from the Community College who had been looking forward to meeting up in Barsbüttel with young people of their own age from Barsbüttel, Guipavas and Keila.

We are sure that these events will take place once travel restrictions have been lifted and hope that families and individuals in Callington and the surrounding area will take advantage of these highly successful links to consolidate relationships between our partner towns.



What is Rotary?

Rotary is an international association of clubs with more than 1.2 million members: men and women who volunteer their skills and time to provide service to the community.

What do we do?

Callington Rotary is a group of like-minded people who get involved in projects to support local, national and international charities and causes by organising fund-raising events, undertaking community projects and supporting other not-for-profit organisations.

We have been meeting weekly for the past 52 years and continue to do so, albeit via Zoom meetings, where we enjoy one another's company while still keeping our eye on the ball for deserving causes.

Our recent and current projects include:-

- * £1500 to support **Cornwall Air Ambulance**
- * £1000 to the **Triangle Centre** in Liskeard, helping to support cancer patients and their families
- * £1000 to **Keane4Gambia**, facilitating the delivery of hospital equipment to Gambia
- * **Seed for Feed**, providing school lunches for students at a poor rural school in Tanzania
- * **Rebuilding the only toilet** in a rural school in Tanzania
- * Raising £2000 for **End Polio Now**
- * Providing a **wayside bench** in Tavistock Road, Callington, including overhaul and ongoing management of the planters
- * £1000 to the **Merlin Centre** to help provide a comprehensive range of subsidised and affordable therapies for those whose lives are affected by Multiple Sclerosis (MS)
- * £500 to support **Go Beyond** (formerly CHICKS), to give disadvantaged children the respite break of a lifetime
- * **Providing collection and delivery in Callington of prescriptions and essential shopping during the pandemic**
- * And, of course, our brilliant **Lockdown Leisure Trail**..... (see poster on page 11!)

To find out more about Rotary, contact us via our website: www.callingtonrotary.org – we are always on the lookout for like-minded people who want to “make a difference”.

CALLING ALL BUSINESSES!!

Did you know you can add your business to the Town Council website
FREE OF CHARGE?

Just visit www.callington-tc.gov.uk, click on the 'Business' tab at the top of the page and follow the instructions to create a listing.

If you would like to advertise in this newsletter in the future, when we return to monthly editions, please contact news@callington-tc.gov.uk or call 01579 384039 and leave a clear message.

We offer very competitive rates from £15.00 plus VAT

Due to the extension of the lockdown, the deadline for entries to the Christmas Treasure Trail has been extended until noon on Sunday 14th February, so why not.....Get out and about? Discover your town? Improve your well-being? Enjoy well-deserved family time?



To have a chance of winning a prize, make a donation in support of this event by contributing via our Just Giving page

<https://www.justgiving.com/campaign/lockdowntrail>

(You need to enter a donor name and put the same name on the answer sheet)

Minimum suggested donation: £2

There will be three prizes drawn from all correct answers. The cash prizes are:

1st Prize: £50

2nd Prize: £25

Lucky Dip Prize drawn from participating entries: £10

The closing date is noon on Sunday 14th February 2021. Post entries at

Goodwood Emporium.

Use the QR code or download from www.callingtonrotary.org under "Meetings & Events"



David and Linda Kelly celebrated their Golden Wedding Anniversary recently. Mayor and Portreeve, Suzan Tolman presented them with a beautiful mixed planter.

Congratulations David and Linda!



TODAY
is a
GOOD DAY
to
SMILE

Cornwall Council Winter Service Plan



Our Winter Service Plan states that we will salt (commonly known as "grit")

- All A and B roads
- Some other well used roads
- Access to sites of strategic importance, including but not limited to hospital minor injury units, health centres, major transport interchanges and most fire stations. Access to the County's secondary schools.

Precautionary Salting Network

We call the network of roads we salt the Precautionary Salting Network. The network is over 1,400km (900miles) of road.

It is covered by 25 salting routes, which in normal circumstances ensures that salting activities are completed within three hours. You can view a map of our precautionary salting network by going to the interactive map at cornwall.gov.uk and typing 'gritting' in the search bar. You can view the whole network across Cornwall, or enter a postcode or street name to view which roads are salted in your area.

You can view the areas that will be salted over the next 24 hours by following  @CornwallCouncil

Please note in certain circumstances we may salt additional roads. However we will only do this when the precautionary network has been completed, and additional salting will depend on the nature of the prevailing weather.

Why we use salt

Salt (commonly known as "grit" when spread on the road) is used to lower the freezing point of water in frosty conditions which stops ice forming and reduces the possibility of skidding, or more serious road accidents. Stored in salt barns around Cornwall, it can be used quickly by Cormac when weather forecasts indicate a freeze ahead.

Salting is usually done before freezing occurs. Weather forecasts often predict near freezing temperatures with rain, hail or sleet showers. These showers can wash the salt from treated roads and leave them prone to freezing. This makes forecasting and planning salting difficult.

We take every reasonable step to prevent freezing roads. Cormac's staff monitor the weather conditions throughout the day and night, liaising closely with forecasters specifically employed for this task.

There are also 11 roadside sensors that measure road temperature and other important information, automatically sending this information back to the forecasters and Cormac staff.

What are we unable to do

- We will not routinely treat footways. When there is a significant risk of icy conditions for long periods through the day we may salt busy footways in main towns. We can only do this if it does not affect the treatment of the precautionary network.
- Salting or other work on the trunk roads, as these are the responsibility of the Highways Agency.
- Salt all roads. This would be an enormous and costly task. We can salt the precautionary network only.
- Always keep roads free of ice and snow.
- We don't do salting on request. In the event of a whiteout, we will endeavour to undertake salting and clearance of routes off the main gritting routes once the precautionary network is clear.

To report urgent emergencies of ice or snow on the road that is resulting in hazardous conditions, please telephone 0300 1234 222 (24 hour service) giving details of the location. We will assess the situation and send resources to the places in most need when the precautionary network is clear and where resources permit.