

Callington News

August 2020

www.callington-tc.gov.uk

WANTED

Calling all artists, amateur, professional,
young or old!

Callington Town Council, in conjunction with Callington Virtual Festival,
are restarting the three mural art competition

The winners will have their murals placed prominently on
Lloyds Pharmacy wall opposite Bradleys Estate Agent, New Road, Callington

We would like you to design a mural on a piece of A4 paper
(Callington theme preferred but not essential)

Once complete, please photograph and send the photo to
callingtonvirtualshow2020@yahoo.com by August 22nd 2020

The entries will be judged by the 29th August 2020 by a panel chaired by the
Mayor and Portreeve, Councillor Mrs Susan Tolman

The winners will be given one of the mural boards
(1701.8mm x 1219.2mm x 12mm which is A4 ratio)

The winners will also be given £60 each to buy materials

Then their mural board will be put on display

This competition will be run annually

We look forward to receiving your fantastic entries!

Special thanks must go to

Travis Perkins - for donating the mural boards

Trewartha, Gregory and Doidge - for donating the marine varnish to seal the boards

Prestige Professional Cleaning Services - for power washing the mural wall, free of charge

East Cornwall Property Care - for taking down the old murals and putting up the new murals, free of charge

We are unsure when we will be able to get back to normal with monthly newsletters but if you have anything you would like included in the next edition please send it in as soon as possible.

Editorial copy can be sent to the Editor by emailing news@callington-tc.gov.uk
Copy can also be sent to the Town Hall at the address below

Advertising space needs booking in advance. Please post or hand in copy to Jo Taylor, Callington Town Hall, New Road, Callington PL17 7BD. Telephone 01579 384039 or email: news@callington-tc.gov.uk

The Town Clerk's Office is open from 9am - 2pm Monday - Friday

Post can be posted through the letter box at the entrance door.



CORNWALL LIBRARIES WELCOME YOU BACK WITH A NEW 'CLICK AND COLLECT' SERVICE

After the Coronavirus closedown, Cornwall's Libraries are now offering book loaning services again by welcoming you at the door – but not any further just yet. To keep both staff and customers safe an easy 'click and collect' borrowing method has been devised.

From Monday 6th July Library members can order books by browsing online, then go to their nominated library to collect their choices from the lobby or entrance. Books you may have been looking after for many weeks can also be returned. There will be no fines charged on late returns until 30th September 2020.

Libraries will only open partially and you won't yet be invited in to browse the shelves. But the ingenious half-way house solution available will be browsing online, click to order selections, then collecting them in person from your local library's foyer or reception. You can return loaned books at the library entrance too - but please do not overwhelm staff and volunteers by all rushing back in the first week! There won't be any fines for overdue books until the end of September or indeed any cash transactions at all. Returned books will be quarantined for a period to ensure they are safe to touch and the borrowing and return protocols will mean safe hand contact between staff and customers.

The joy of actually leafing through a good book is something that we've all missed and now Cornwall Libraries have devised a way of making it happen safely. Come on Callington, let's get reading!

For those who use the Information Service at libraries for payments and Cornwall Council enquiries, you should continue to use Paypoint facilities, online and telephone options that have been in place over the last three months, as the Information Service will remain closed. The 'click and collect' service is for library books only.

Procedures are also being put in place to support the most vulnerable members of the community who are unable to access online or phone information. Regular library activities such as story-time sessions will not be going ahead until it is safe to do so. Keep an eye on Cornwall Libraries social media posts and other publicity for updates.



We understand that it's a challenging time for everyone at the moment. Foodbanks are grassroots, community organisations aimed at supporting people who cannot afford the essentials in life.

If you cannot afford food, please contact Callington Foodbank on **07937 011 459** or email callingtonfoodbank@gmail.com. The Foodbank is open on Monday, Wednesday and Friday 2.00pm - 4.00pm

If you can afford food but are unable to get it due to self-isolating or some other reason, please contact the Town Council on **01579 384039**, leave a clear message and someone will get back to you. Alternatively, you can email bookings@callington-tc.gov.uk.

The Town Council, along with other local organisations including Callington Lions, Callington Rotary, Churches Together and Callington Community College have been running a volunteer scheme throughout the COVID-19 pandemic to ensure that the vulnerable members of our community who are unable to go out to get shopping and prescriptions etc are able to receive their medication and groceries We're here to help!

THE READING AGENCY

MEET THE SILLY SQUAD

SUMMER READING CHALLENGE

Take part in our Summer Reading Challenge 2020. Let's get silly! #SILLYSQUAD2020

Illustrations © Laura Ellen Anderson 2020

What to Expect on Your Visit Cornwall Libraries

Sorry there is no browsing at the moment. Please reserve your books online at www.cornwall.gov.uk/library

0300 1234 111

Social Distancing Queues
One adult admitted at a time

2 metres

Socially Distance
Use our hand sanitiser

2 metres

Return Items
Place all items in returns box

Show your membership card
and collect all reservations

CORONAVIRUS www.cornwall.gov.uk

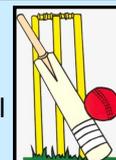


★ CONGRATULATIONS ★

This year Cllr Tolman, Portreeve and Mayor, has awarded Citizen of the Year to Bob Wade and Junior Citizen of the Year to Shea Jackson. Both Bob and Shea have worked tirelessly through the year and are wonderful members of our community.



CALLINGTON CRICKET CLUB - JUNIORS



Callington Cricket Club has tried to make the most of time during 'lockdown' and have made several improvements to the Club. With a new, refurbished disabled toilet including baby change facilities, re-netting of the mobile net and revamping the old nets with new matting and extended run ups, the Club is ready to re-start practicing for the juniors.

Following guidelines from the ECB, training is beginning to start. Adhering to social distancing, in groups of 5 young people plus the coach working in different areas of the field with the possibility of staggering starting and finishing times. Junior training will be every Friday 6pm - 8pm at the Cricket Club.

Training is for all ages and all sexes so why not give it a try?! Contact Alex on **07969 675820** or email alex.robinson.coach@hotmail.co.uk

Callington and District Lions are assisting during the lockdown



Callington and District Lions have been busy during the CV19 pandemic assisting in various ways within Callington and also the surrounding villages.

This is not only with financial donations to Callington's Food Bank, Plymouth Soup Run, etc, but also in undertaking deliveries of medicines and groceries to the vulnerable and elderly within the town and some of the villages.

Derek and Joan Adams of Kelly Bray receiving a delivery of groceries from Lion Member Tina Sandercock. They were very appreciative of Callington Lions for their weekly deliveries and other help they had received. It is especially welcome as they have recently celebrated their 70th Wedding Anniversary.

Tina commented that the medicine and grocery deliveries were very well organised and co-ordinated by Callington Town Council with each Volunteer carrying clear identification. She added that Lions are on hand every Tuesday; other Charities, including Callington Combined Churches, Rotary Club, Battling On and Callington Community College are assisting on other days.

Callington Town Council confirmed that if you are self-isolating or are in a vulnerable group and if you require grocery or medical deliveries or other assistance, then you can telephone the Council on 01579 384039.

Tina added that if you would like to join Callington and District Lions and assist with their charity work please telephone 0845 833 7527 or see our website:

<https://www.callingtonlions.org.uk/index.html>

Callington & District Lions Cancels 2020 Honey Fair

Due to the Coronavirus pandemic, Callington and District Lions have had to cancel Callington's Honey Fair and all their other events scheduled for 2020.

Incoming President Karen Toft said that it was with great reluctance that, at a recent committee meeting, it had been agreed by all that the 2020 Honey Fair should be cancelled. She explained that this was due to various factors including the Cornwall Beekeepers being unable to attend and Lions International not being able to achieve adequate insurance cover; it is also understood that Rowlands Fair would not be coming this year. Other events cancelled include the 2020 Table Top Sales and Bingo sessions. She added that it was not all bad news as Lions Clubs International Foundation (LCIF) were donating a total of £14,360 to Cornwall and Devon Air Ambulances to purchase vital CV19 equipment. The money was being provided from a total of £160,000 being donated to all the UK Air Ambulances from their Central Emergency Fund.

Karen also confirmed that the other services provided by Lions would be continuing. This included the COVID-19 grocery and medical deliveries, Plymouth Soup Run, wheelchair provision, and similar items.

She added that Lion members were pleased to be helping during the lockdown and at all other times. She added that Lions not only helped in the local communities in and around the district but had fun while doing it.

More information on Callington and District Lions can be found on their website:

[https://
www.callingtonlions.org.uk/
index.html](https://www.callingtonlions.org.uk/index.html)





Recycling for Charity Update

The group responsible for saving these items from being incinerated is **SHARE South Hill Association for Renewable Energy**, and they are changing the way they collect from you. They ask you **bring your items sorted** and suggest you use bread bags and similar to divide into the different programmes.

They can not be expected to sort through your items so be prepared. They will also be able to answer your questions.

In Callington Tesco car park

in the aisle opposite the store entrance

Thursday August 20th

for one hour 2 – 3pm

Do not leave anything outside of these times as it will be thrown out.

1. Empty Crisps and snack packets, include multipacks, keep flat, no knots
 2. Popcorn, pretzels, scratchings, nuts, Bombay mix any snacks that aren't crisps
 3. Pringles tubes, with the lids and foil.
 4. Sweets and chocolate wrappers include Kit Kat & Twix, Werthers, Haribo plus individual and multipacks. No foil, paper or trays
 5. Biscuit, crackers & cake wrappers Mini Cheddars, Soreen, Ryvita, Ritz, Mini Rolls, Jaffa Cakes. Include multipacks.
 6. Baby Food pouches + lids and snack packets
 7. Used toothbrushes + electric heads, toothpaste tubes & dental floss packets.
 8. Triggers, handpumps, roll on deodorants, dishwasher & cleaning wipes packs, all plastic in hair dye kits, latex style gloves, soft tubes from ointment, creams & lotions, lipsticks/balms/gloss, mascaras and empty eye shadow compacts. Plastic air fresheners, (separate from any glass or metal)
 9. Stretchy Bread bags, only the stretchy bags from sliced loaves of bread.
 10. Pet food plastic bags, all pets. Pouches MUST BE clean and dry and bagged.
 11. **New programme** Davidstow Cathedral City cheese packets (no details yet)
- Visit www.south-hill.co.uk/charity-recycling or email SHARE@south-hill.co.uk

DEREK AND JOAN CELEBRATE 70 HAPPILY MARRIED YEARS

Derek and Joan Adams, who live in Kelly Bray, recently celebrated their 70th Wedding Anniversary with their family and many local friends, all socially isolating.

Derek said that he and Joan had known each other all their lives having both been to the same school in Thame. Joan trained as a Nurse and Derek as a Post Office Engineer.

Upon Derek's retirement they moved to Devon and then came to Kelly Bray. Derek confided that the secret of their success was doing things together, including playing bowls and going on many cruises.



Derek and Joan cutting the cake made by their daughter Julie.

In addition to family, neighbours and friends present at their Anniversary were the Deputy Portreeve, Mike Tagg, who gave the happy couple a bottle of champagne, chocolates and a bunch of flowers all from Callington Town Council.

On hand was the Town Crier, Tony Stentiford, to record the event.



- | | | |
|------------|-----------|------------|
| BARSBUTTEL | KELLYBRAY | PORTREEVE |
| CALLINGTON | KITHILL | REDMOOR |
| DUPATH | MINING | TREWARTHAS |
| GINSTERS | MURALS | |
| GUIPAVAS | PENCREBAR | |
| KELLIWIK | PENGELLY | |

CALLINGTON THEMED WORDSEARCH



How many can you find?



O M K E L L I W I K D V S L E O
M S A V A P I U G O U D I A S T
W T R E D M O O R T P K N K I T
T A P E N G E L L Y A S I A R A
F E F R L U T T T O T T G A F T
R I E T R E W A R T H A S S E B
R C Y R N O T G N I L L A C E R
I D N O L V N T L E A U I G T F
D R W P L S E L U H M R N F W P
A B P P E N C R E B A R E S D M
I H O H W T H T E P S R N T U L
M I N I N G I N S T E R S R N H
E S P S N K E L L Y B R A Y E C
M Y E N O I I S T S I L E B R F
N N N E H E D T R I S C N D U C
I A O I E E B P O T M I H R D O

People Hub phone line

Cornwall Council is introducing a new service to help individuals with support and advice on employment, training and skills and where to find further help.

The People Hub phonenumber has been set up to advise people with employment questions during the COVID-19 pandemic.

Residents can call the People Hub phonenumber on **0333 0150699**. It will be available between 10.00am and 5.00pm, Monday to Friday, with an out-of-hours messaging service outside of those times.

People Hub will be staffed by a multi-agency team to provide immediate information, advice, and guidance including:

- Employment and skills support programmes
- Temporary staffing agency workers
- Those under threat of redundancy or made redundant
- Self-employed
- Zero hours contract workers
- Being furloughed
- Retraining or developing new skills
- Sick Pay and Processes

Useful phone numbers

- HMRC Tax helpline to support businesses affected by coronavirus (COVID-19) 0800 0159 559
- HMRC Employers general enquiries 0300 200 3200
- HMRC Employees' general enquiries 0300 200 3500
- HMRC help line for self employed who are struggling due to COVID19 0800 0195 559

USEFUL CONTACT NUMBERS

NHS non-emergency	111
Police non-emergency	101
Western Power emergency information	0800 6783 105
Gas Emergency Services	0800 111 999
Crimestoppers	0800 555 111
Samaritans	0845 7909 090
Department for Works & Pensions	0843 487 1838
Cornwall Council General Enquiries	0300 1234 100
Concerned about a child's safety?	0300 1231 116
Trading Standards	0300 1234 191
Foodbank	07931 011 459
Cornwall Council Public Health Desk	01872 323583
Universal Credit Helpline	0800 328 5644



Photo courtesy of Stuart Bailey Media



The amazing "Secret Pasty Factory" mural renovation, on New Road is now complete! Many thanks to everyone involved in this project especially LOCI, a Plymouth based art collective, for bringing this mural back to life! We are very proud of it.



The legendary text, added after the photo above, by a professional sign writer, commissioned for the job. It will be coated with a special, anti-graffiti paint to protect it.

CALLINGTON TOWN MARKET

THERE WILL BE NO AUGUST MARKET

Decisions about whether to hold future markets will be reviewed on a month by month basis. As soon as we feel it is safe to restart the market we will. Safety of customers, stall holders and staff is our main priority. Please bear with us during these unprecedented times.



The Town Council offices and Town Hall are still closed to the general public. However, the Town Council are still operating, with staff working either in the building, within the outside spaces, or from home if they can.

You can contact us on the usual telephone number, 01579 384039, or by emailing enquiries@callington-tc.gov.uk. The Town Council office is open between 9.00am and 2.00pm. If you feel that a face-to-face meeting is essential, please call the number above to make an appointment. We will arrange a mutually convenient, socially distanced, meeting with you within the Town Hall facility.

The Mayor and Portreeve, Councillor Mrs Suzan Tolman, has decided to award a COVID-19 Community Heroes Award this year. With so many who have given up their own time to help vulnerable people within our community during the lockdown period Councillor Tolman feels that their efforts should be recognised. If you know anyone who has gone above and beyond to help out during this very difficult period and deserves recognition for what they have been doing please contact clerk@callington-tc.gov.uk or write to the Town Council, our address is Callington Town Council, Town Hall, New Road, Callington, Cornwall PL17 7BD.

Callington Town Council

Our play facilities are now open



Whilst the Covid-19 alert level remains in place, **you should observe the following requirements**, and help us minimise the risks of transmission.

- All visitors should wash or sanitise their hands before entering the play areas, and again on leaving. Please bring sanitiser or wipes with you if you can.
- Children should be supervised carefully to maintain good hygiene. Please ensure children wait their turn to use equipment where it is safe to do so
- Please take all of your PPE and litter home with you.
- ✗ Please do not enter the play facilities if you, or anyone in your household are showing symptoms, or are self-isolating
- ✗ Please do not enter if the facility appears busy, and avoid equipment if already occupied
- ✗ If possible ensure that all visitors avoid shouting, touching faces or mouths and observe social distancing rules from anyone outside of their household or support bubble
- ✗ Do not eat food or smoke in the play area
- ✗ Please remember that the Covid-19 virus can survive longer on internal hard surfaces, so if possible entering tube slides, play tunnels or small playhouses should be avoided.

To help us maintain the facilities in a safe and useable condition during these extraordinary times, please tell us about safety issues or defects:

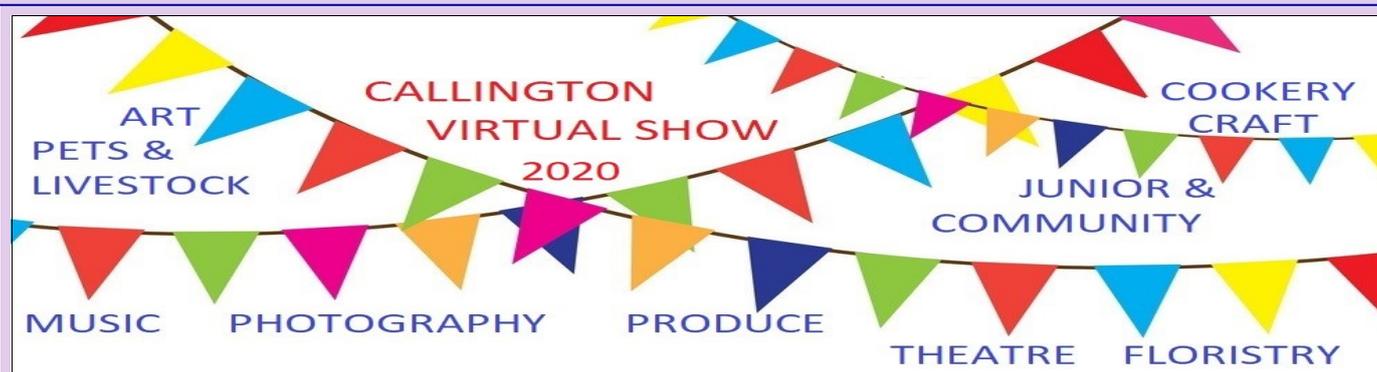
Email: enquiries@callington-tc.gov.uk Tel: 01579 384039



Environmental Zone at Liskeard Road Cemetery

The wild life zone was an idea promoted by the Callington Town Council Environmental Committee. The concept was to allow an area of grass to grow naturally throughout the year in order to promote the growth of wild flowers and provide an area wild life to flourish. The result has been a success with a range of wild flowers coming through earlier this year. By allowing them to naturally develop over the year we hope they will seed and multiply over the coming years. Patches of long grass encourage different plant species to grow, help insects to thrive, create feeding opportunities for birds, and shelter small mammals.

During these unrepresented times, the area has also provided a sanctuary for those who would like to take some time to relax and meditate. We hope this can offer some help with the mental health of Parishioners, a welcome secondary result of this project.



With local shows cancelled for 2020, choirs & club meetings no longer a plenty. Coronavirus is the one to blame and it really is a crying shame.

So many home, away from schools, closed shops and offices, quality time rules. This family time and interaction has never been stronger, with less distraction.

So many new to crafts, plants and baking, the opportunity is there for the taking. Locals are giving their time, less dear, to help to spread some community cheer.

So get creative, join in, take part, there's an array of classes for you to start. Chosen to include the whole community light hearted and easy, to encourage unity.

All image based, emailed or posted, club, business & Council judge hosted. Though good photographers could have the edge, the judges will be fair, we pledge.

So get out your paintbrush, rolling pin and thread or capture an image as on your walks you tread. So why not just give it a go and enjoy this one-off virtual show!

Deadline for entry registration is 15th August, pictures of entries must be in by 22nd August. Schedules available to download from www.callingtonfootproject.org or email callingtonvirtualshow2020@yahoo.com

SHOW RESULTS SATURDAY 29th AUGUST

Supported by local businesses, clubs, groups & Councils





Rotary Matters

Keeping you in the loop with Callington Rotary News



Out with the old ...

Welcome to the New Rotary Year!

The end of June saw the annual Handover when President Rick handed over the reins to our new President, Jan. The ceremony, as with many other things at the moment, took on a different form to ensure that social distancing could be maintained and was held in the open air on Kit Hill.

At the same time Rick took the opportunity to surprise three members with the presentation of Paul Harris Fellowship awards. Simon, Paul and Keith have all contributed magnificently over the years, both within Callington Rotary and the wider community, and the awards were thoroughly deserved.



... and in with the new

Keeping Ahead with Modern Technology

In spite of fears that contact would drop off with the advent of the COVID-19 pandemic, the weekly Zoom meetings have been brilliant in helping maintain a semblance of human contact over the last weeks and months.

While the normal club banter was never far away, it also allowed us to invite speakers to our meetings, welcome guests to our club, give a handsome, virtual cheque presentation to the Triangle Centre in Liskeard - and even have visitations from District Officers!

Weekly Volunteering

Callington Rotary has been delighted to be part of the Callington Volunteering Group, bringing essential shopping to those in need in the community and delivering prescriptions to the Health Centre or picking up medication from Lloyds. Our thanks go to members, their partners and Friends of Rotary who have given their time, and to the Town Council for liaising with the public and the volunteers.

Fancy knowing more about us?

The lockdown has inspired many people to volunteer their time and energy into helping others in their community. If you would like to join us in supporting a range of projects which include local groups and individuals as well as much larger global projects such as End Polio Now, why not contact us on membership@callingtonrotary.org?

Why not join the Rotary's 1.2 million neighbours, friends, leaders, and problem-solvers who see a world where people unite and take action to create lasting change – across the globe, in our communities, and in ourselves?



CORONAVIRUS - WHO SHOULD GET TESTED?

If you have symptoms such as:

- * A high temperature - this means you feel hot to touch on your chest or back (you do not need to measure your temperature)
- * A new, continuous cough - this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours (if you usually have cough, it may be worse than usual)
- * A loss or change to your sense of smell or taste - this means you've noticed you cannot smell or taste anything, or things smell or taste different to normal

STAY AT HOME!

Self isolate - do not leave your home or have visitors. Anyone you live with, and anyone in your support bubble, must also self isolate

Get tested - get a test to check if you have coronavirus as soon as possible. Anyone you live with, and anyone in your support bubble, should also get a test if they have symptoms. You can book a test by calling 119 or at www.nhs.uk/ask-for-a-coronavirus-test

IF YOU TEST POSITIVE

- * You will need to continue to self isolate and will be advised for how long
- * You will be asked to share contact details of anyone you may have been in contact with, via NHS Test and Trace
- * If you become worried about your symptoms and are not sure what to do, use the NHS online coronavirus service at <https://111.nhs.uk/covid-19/>
- * Call 111 if you cannot get help online. **DO NOT** go to your GP surgery, hospital or pharmacy

IF YOU TEST NEGATIVE

- * Your household can stop isolating immediately
- * You can stop isolating if you feel well

IF YOU HAVE BEEN IN CLOSE CONTACT WITH SOMEONE WHO HAS TESTED POSITIVE FOR CORONAVIRUS

- * You may be alerted by NHS Test and Trace
- * Isolate for 14 days after close contact
- * If you develop symptoms: Book a test and isolate the household for 14 days
- * If you test **negative** for COVID-19 your household can stop isolating immediately but **you must** complete a 14 day isolation
- * If you test **positive** for COVID-19 you will begin a new 7 day isolation and the **household** will need to isolate for 14 days

A mobile testing station operates at Launceston Rugby Football Club at Polson Bridge, Launceston, PL15 9QR from 10.30am-4.00pm. The testing station is set up by the Department of Health and Social Care and is managed by HM Armed Forces so don't be surprised to see military personal when you get there.

You will need to book a test, you should not just turn up.



Covid-19 Vaccination – An Explanation

Immune memory is acquired from exposure to pathogens, such as harmful viruses and bacteria. This memory provides protection against future infections with a specific pathogen that we have already been exposed to; and can be incredibly beneficial and long-lasting. A single encounter with some viruses, such as the measles virus can result in lifelong protection. Conversely, other viruses don't generate such a strong immune response and the immune memory is very limited or absent: this can make them difficult to vaccinate against. And, unfortunately, some viruses have resisted all efforts to develop a vaccine. Meanwhile, other viruses can elicit a moderate immune response and weak, brief memory. Vaccines for these viruses are possible, but often require regular boosters to maintain immunity.

Immense scientific effort has been deployed in an almost "wartime" mode to develop effective vaccines against Covid-19. Now there is no longer any serious doubt that our bodies can form an immune memory to the Covid-19 (SARS-CoV-2 virus), although we still don't know how effective that memory will be. Many potential vaccines are now in various stages of human trials and we should know by the autumn how quickly protective vaccines will become available.

There are four coronaviruses in general human circulation that cause common colds; and although they do raise an immune response, they don't leave behind much of an immune memory. Within a year or so of clearing a cold coronavirus, we are vulnerable to reinfection. Protection against the SARS (Severe Acute Respiratory Syndrome) and MERS (Middle East Respiratory Syndrome, transmitted from camels) coronaviruses is somewhat better, lasting a few years. Whether the Covid-19 virus will be like MERS and SARS and provide a few years of protection, is still uncertain.

There are two components to immune memory. The first is the antibody response, which recognises and binds to particular molecules on the surface of pathogens called antigens produced by a type of white blood cell (B-cells) that happen to produce the right antibodies that neutralise the threat. After the pathogen is cleared, the antibody continues to circulate in the bloodstream for weeks, months or even years, provided by long-lived B-cells in bone marrow. If these antibodies are potent enough, they are known as neutralising antibodies and provide an impenetrable shield to reinfection known as sterilising immunity.

The other branch of immune memory involves some B-cells maturing into memory B-cells, which take up long-term residence in lymph nodes and the spleen. If the pathogen returns and isn't instantly eliminated by sterilising immunity, these B-cells begin to proliferate again and quickly overwhelm it, often without any overt symptoms of illness.

Other white blood cells, called helper and killer T-cells, also contribute to immunity and are particularly important for viral infections. Both types of T-cell can become long-lived memory T-cells that settle into the organs and tissues of the immune system, ready to leap into action at the merest hint of reinfection.

Together, the memory versions of B- and T-cells provide functional immunity, and while they don't prevent reinfection, they defeat it quickly. The good news is that there are now promising signs that the Covid-19 coronavirus elicits both forms of immune memory.

Consequently, there is a reasonable chance that people will develop some level of immune protection. And, even if our immune memory of the coronavirus is short-lived, it is still a boon because immunological science can improve on it. Functional immunity opens the door to vaccines to induce and strengthen immunity; and vaccines are designed to generate really high levels of immune response.

Yet more good news comes from the discovery that people who have never been infected with Covid-19 virus can have memory cells that respond to it. Recent studies in China and the Netherlands have found that there must be memories from previous infections with common cold coronaviruses, even though it has been generally believed that these don't elicit a strong immune memory.

Finally, building up herd immunity to Covid-19 through natural infection as originally promulgated in the UK is possible in principle, although there is no reasonable ethical pathway to achieving this objective, as the cost to society in achieving it would be devastating and lead to at least some 30 million deaths worldwide.

Professor Mike Moore (Callington Town Councillor) is a scientist affiliated to the University of Exeter Medical School, University of Plymouth and Plymouth Marine Laboratory and a member of the Group of Experts advising the House of Lords Committee on Covid-19.