

Callington News



May 2023

NOWODHOW RAG KELLIWIK



HAPPY ANNIVERSARY, MAYFEST!

We're back! We're bigger! We're better!



MayFest is back in Callington on Saturday 13th May and the 2023 event marks **MayFest's 10th birthday**. The MayFest committee, part of **Callington Community Arts (aka CAVe)**, invites you to join with them in this landmark event. Watch out for the full programme brochure dropping through your letter-box.

Over the last years MayFest has become the largest participative community event in Callington. With the opportunity for local residents to discover or rekindle talents through music and singing workshops in the run-up to the main event; MayFest really has struck a chord with the people of Callington.

Find Your Voice with Sarah Owen! Or join the MayFester Musicians with Rosie Fierek!

The final workshop rehearsals for both workshops are from 10.30am – 12.30pm on the following dates:-

	ROSIE'S WORKSHOP	SARAH'S WORKSHOP
April 22	Town Hall	Methodist Church
April 29	Callington Primary School	-
May 6	Methodist Church	Methodist Church

Top-class bands from near and far have delighted the audiences – and this year will be no different. Favourites from previous years, together with new dynamic offerings, will be sure to have everyone up on their feet and dancing.



Mainlining MayFest will be **Barrett's Privateers**, fresh from their success at venues across Cornwall; **the Cornish Groove Collective** who wowed the audience last year with their performance featuring Soul, Funk, Jazz and Motown; and, as a grand finale, **Company B**, a jump jive band who have gained a solid reputation as one of Cornwall's most entertaining live acts. If they don't ruffle your tail feathers with their kit bag of Swing, nothing will!

If dance is your thing, **Flamenco** and **Belly Dance** workshops in the Town Hall in the morning will be followed by performances on the New Road Spar stage in the afternoon. **Samba Kernow** will be bringing the rhythms of Rio de Janeiro to the streets of Callington, while a **Morris Dance and Folk Session Extravaganza** will take place in Church Street outside the **Cornish Ancestor** micropub.



New this year are a host of family events in the Methodist Church field, off Valentine Row, where **Wylde Thynge Forest School** will be displaying their activities and the **All-Steps Formation Riding** team will be giving a display and plenty of opportunity to get up close to the horses.

We welcome another new act this year in **Big Beat Percussion**. Big Beat has evolved from the success of junk percussion ensemble "Big Beat", whose explosive performances have dazzled and delighted audiences worldwide. Join in and play with an experienced team of percussionists who have worked with many organisations around the world. Catch them in the morning on the Spar Stage and in the afternoon on the Methodist Church field.

There's fun for all the family when **Trebiggan Theatre** presents "**Katie's Black Hole**" in the Town Hall – and who would miss the **challenge of the surfing machine** in the Pannier Market outside the **Lost Surfers Cocktail Bar**?

With other singers and musicians throughout the day on the main **Fore Street stage** and the **Spar Stage**, and in **St Mary's Church**, the **Methodist Church** and the **Bull's Head**, **all tastes for all ages** will be catered for. And don't miss the **Grand Parade** which will be **ENORMOUS** this year and feature **yet more new GIANTS!**

The next edition will be June 2023 and the deadline for this edition will be Tuesday 9th May 2023 Editorial copy can be sent to the Editor by e-mailing news@callington-tc.gov.uk Copy can also be sent to the Town Hall Please post or hand in copy to the Editor, Callington Town Hall, New Road, Callington PL17 7BD.

Telephone 01579 384039 or e-mail: news@callington-tc.gov.uk

The Town Council telephone line is operational from 9am - 2pm Monday - Friday. Please leave a message with your contact details and someone will get back to you.

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“LIVING WITH DEMENTIA?”



Callington Memory Café

- meets every other Saturday, 2 til 4.
- Methodist Guild Room (Free parking)
///amplifier.campus.nuzzling
- for those with memory loss & carers
- provides mentally stimulating activities
- in a safe, confidential & caring environment

Help someone live well with dementia



It's ok to ask for help

Find out more

<http://www.callington-memory-cafe.org>
secretary@callington-memory-cafe.org
07539 412 463

Please help us to keep Cornwall clean



Public Spaces Protection Order,
Antisocial Behaviour, Crime and
Policing Act 2014 Section 59



Failure to clean up after your dog may result in a fine

Fixed Penalty £100
Maximum Penalty £1000

To view the PSPO
visit www.cornwall.gov.uk
0300 1234 212

Callington Bowls Club

Website: callingtonbowlingclub.co.uk

Ample Car Parking is available

Couldn't Make Our Other Recent Events?

Then never mind as you may like to put this date in your diary

FREE BOWLS 'TASTER' SESSIONS
Friday 26th May between 2pm and 7pm
Come On! Come On! – Roll Up! – Roll Up!
Don't Miss the Chance!

Bar and Refreshments available.

This provides an opportunity for you and your friends to give bowls a try - meet new people – have a bit of fun.

Bowls is a sport for all. It can be played by all ages, abilities and sexes – making it the perfect sport for all the family to enjoy together. The sport of bowls can exercise your mind and body in various ways to outwit your opponents as individuals or as part of a team.

There is no need to pre-book just turn up and we will supply the Bowls etc.

Please wear Trainers or Flat Bottom Footwear

Reduced Membership Fees are available for new Outdoor Bowling Members – Under 18s Free

Stoke Climsland & District Gardening Club

Outside Visits,

Monday 5th June
Visit. Trevor Wiltshire's Garden, Wadebridge
Leave Parish Hall 5.30pm

Monday 3rd July
Visit David /Lynn's Garden
Lower Tutwell
Leave Parish Hall 6pm

Information from Secretary

Mike Casebow
01579 371154



1st Callington Scout Group



Squirrels transformed into superheroes. They designed their own mask and converted a white pillowcase into an amazing cape. They all looked fantastic! They have also been helping the birds spend less time foraging for food by making a yummy bird feeder and placing it in their garden. As we are approaching Easter, they have taken part in some Easter related activities. They have gone on an Easter animal hunt, crafted a hoppy bunny friend and played a number of exciting, active games. All great fun!

Beavers have been working together to fight hunger. They have brought in various items to be donated to the Food Bank to help those who can't afford the food they need. After learning about the organisation and what they do, they made a poster of the items people can donate to help. They also experienced what it is like to be a volunteer by packing a food parcel, ensuring all food puzzle pieces fit within the box. They have also been getting involved with Easter activities, making scrumptious chocolate egg nests, dangly legged Easter eggs and a selection of fun games.

Cubs have brushed up on their emergency aid. They discussed the importance of getting help, what to say when you call 999 and how to reassure someone at the scene. They also learned how to deal with burns, scalds, bleeding, asthma attacks and unconsciousness. Like the other sections, they have also been getting stuck in with some Easter activities. They made their own Easter card, designed a mosaic Easter egg, decorated an iced Easter chick biscuit and played a variety of new, amazing games.

Scouts got competitive at Tenpin Bowling, trying to get as many strikes and spares as possible for the highest score. They also dug into some delicious food. Patrols picked a random piece of paper which had one of the following categories on it: game, craft, problem solving, skill and food. In their Patrols, they then worked together to plan an activity that they can run with the rest of the Troop. It was an action packed session the following week. They played a new game, made paracord bracelets, completed a blindfold trail, learned how to sew and toasted tasty s'mores on the fire.



To join our waiting list,
scan the QR code and
fill in the required details.



St. Mary's Church - May Services

Sunday 7th May

Church open between 10.00 am - 12.00 noon for refreshments
4.00 pm Celebration Service for the Coronation

Sunday 14th May

9.15 am Traditional
11.00 am Informal

Sunday 21st May

9.15 am Traditional
11.00 am Informal

Sunday 28th May Pentecost

1 9.15 am Traditional with Holy Communion
11.00 am Holy Communion

A service of Holy Communion takes place on 2nd and 4th Wednesdays of the month at 10.30 am.

Please see www.callingtoncluster.org.uk for further details of all our activities



THE SCOUT HUT - EVERY WEDNESDAY

NEW CONSULTANTS

9.30am & 11am with Cathy

07774 852724

3.30pm, 5.30pm & 7pm with Kathy

07477 425715

slimmingworld.co.uk



Creation Stations

Wednesday 31st May
from 10 am - 12 noon
at Callington Methodist
Church PL17 7JJ
for all ages and abilities.

Children to be
accompanied by an adult.

Come along and be
creative or just pop in
for a cuppa and a chat.

No charge, donations
welcome.

Contact 01579 388840
www.callingtonmethodist.org

4/4 GALLERY

Following a few months trial last year, and successful pop-up art exhibitions in March, 4/4 Gallery has now re-opened and Portreeve Sue Tolman arrived at 4/4 Gallery on Saturday 1st April at 4pm to officially declare the gallery open. Councillors Penny Ward, Rosemaria



Coakley, Peter Watson and Karen Gold also attended the ceremonial ribbon cutting and to view the gallery.

The Spring exhibition is on for the month of April and you will be able to see all the artwork, soft furnishings, pottery and jewellery for sale between 10 and 4pm on Tuesdays and Fridays, and 10 – 2pm on Saturday. The gallery will also be open by appointment. Please contact Carolyn at wixon.art@gmail.com if you would like to visit outside opening times.

ANDY OLIVER

Light Haulage

Rubbish Clearance, Garden Waste, Furniture, Junk etc
House Clearance
Building Site Clean Up
(Rubble, Plasterboard, Plastic, Timber etc)
Sand and Gravel deliveries
Licensed Waste Carrier

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COUNCILLOR SURGERIES

Councillor surgeries, with Cornwall and Town Councillor, Andrew Long, are on the second and fourth Saturdays of the month
10am - 12 noon

May 13th and 27th

These are drop-in sessions so no appointment necessary. COVID measures will be in place.

Members Room, Town Hall Complex (accessed from the Pannier Market)

Please note parking in the Pannier Market is limited to 30 minutes only. Parking tickets may be issued if you over stay.



primraf
THEATRE

Youth Theatre

Placing the spotlight on

our future stars

EVERY TUESDAY 6:00pm-7:00pm

AGES 8-16

These evenings are designed to let the children take part in fun and dynamic sessions involving music, playing drama games to develop theatre-making and performance, learn new skills and make new friends. Giving a great opportunity for children to grow in confidence, express creativity and socialise in a supportive environment.

MEMBERSHIP £10 per year

No further session fees apply

Enquiries to Lynda on the link below:

Lynda_cats@hotmail.com

For the children's safety and wellbeing, two DBS checked members and a First Aider will be present.

Callington Amateur Drama Society - Charity No: 1054831 - Registered in England & Wales - 2023
www.primraf.co.uk - <https://www.facebook.com/primraf>



At Callington WI's meeting in April, members welcomed James Davies who had come to give a talk on the 'Lobb Brothers', who were 'Plant Hunters'. It was an extremely interesting talk which members thoroughly enjoyed.

The WI had attended the recent Community Day in the Town Hall, organised by the Town Council, which was a really enjoyable day for the WI and people had shown an interest in what the WI does. Following this the WI had organized a Coffee Morning to come and see what the WI does. It was a really successful and hopefully will encouraged members to join us.



Karen Gold, President, presented a bouquet of flowers to Lena Richards, who had celebrated her 90th birthday in March.

Callington WI meets on the second Wednesday of each month in the Council Chamber of the Town Hall at 7.00 p.m. and we would welcome anyone to come along and see what we get up to. Our next meeting is Wednesday 10th May when the members will be discussing the resolution for the WI Annual Meeting - speaker from the Environmental Agency.



Contact Jill Trew, Secretary, for further information, callingtonwi@gmail.com or 01579 386939.

Balti King
Indian & Bangladeshi Restaurant & Takeaway

Special Offer every Monday Banquet Night
2 Papadam & Chutneys, Starter of your choice
Any Main Course, Rice & Nan.

(King Prawns, English Dishes, Thali, Tandoori Mx GNL,
Chicken Or Lamb Shaslick £3.50 Extra)

**6 Course Meal For £14.95 Pp For Take Away
Or £16.95 Eat In Price**

This Offer is Not Available Bank Holiday Mondays,
New Years Eve, Christmas Eve Or Valentines Day
There is no further discount on this special offer.

10% DISCOUNT ON COLLECTION OVER £10.00 CASH ONLY

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Monday - Sunday 5:30pm - 11:00pm
Including Bank Holidays

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5 NEW ROAD, CALLINGTON, PL17 7BE
WWW.BALTIKINGCALLINGTON.CO.UK

Callington Town Council
PUBLIC INFORMATION
Local Government (Access to Information) ACT 1985

NOTICE IS HEREBY GIVEN that, in normal circumstances, Callington Town Hall, New Road, Callington. PL17 7BE are open to the Public from 9.00am - 2.00pm except Bank Holidays or other official occasions.

Council & Committee Meetings
All meetings are open to the public to speak.

May 2023

6.30pm	Tuesday 2nd	Planning	Town Hall and Premises to follow	Council Chambers
6.30pm	Tuesday 16th	Planning	Outside Services to follow	Council Chambers
6.30pm	Tuesday 23rd		Finance & General Purposes	Council Chambers
7.00pm	Tuesday 23rd		Full Council to follow	Council Chambers

Other Meetings & Events

10 am—2pm	Sunday 7th	Callington Town Market	Pannier Market
10am—12pm	Saturday 13th	Cornwall Councillor Surgery (Andrew Long)	Members Room
2.00pm	Saturday 20th	Family Film Show: Lightyear	The Town Hall
10am—12pm	Saturday 27th	Cornwall Councillor Surgery (Andrew Long)	Members Room

Find out more about events in the town and locally on:
callington-tc.gov.uk

Or Callington Town Council on facebook or whatsoncallington.com
Upload your events on whatsoncallington.com and to see what happens in your local community.

Please note that any matters to be considered by the Council or Council Committees should be submitted in writing, to the Town Clerk, Jo Taylor, Callington Town Hall, New Road, Callington. PL17 7BE or email clerk@callington-tc.gov.uk
01579 384039

TWINNING NEWS

Callington Twinning is not just about trips to and from the UK to our partner towns. Equally important are the numerous events throughout the year which allow like-minded people to meet socially and enjoy one another's company.

Since the AGM in February, we have enjoyed two events. The first, our annual quiz, was attended by a range of twidders and non-twidders who gathered in Callington Town hall to tax their brains (but not too much!) with yet another brilliant quiz set by Ken Aspinall. More important than the eventual outcome of which team was placed where was the fact that a sum of £200 was raised from entry fees and the raffle which was subsequently donated to the Relief Fund for the Earthquakes in Syria and Turkey.

The second event was an April Fool's Evening. April Fool's Day in France is known as "Poisson d'avril" and French children love to secretly place cut-outs of fish on the backs of friends and relatives, seeing how many can be attached before the poor recipient realises. Twinning members gathered to celebrate the day with a fish-themed meal, a fish-based pop quiz and loads of more tomfoolery.

Next on the agenda will be our trip to France in May to celebrate the 40th anniversary of signing the twinning charter with Guianas.

If you would like to know more about twinning activities, give Sue a ring on 01579 382705.

Coronation Day 1953

I saw the last Coronation in 1953, when I went down the road to a friends house, the only ones with a TV.

The screen that they had was so tiny, we had to crowd round it to see, everything that we saw was in white and black, but it all was a mystery to me.

There were impressive arches spanning the Mall and crowds all dressed up for the rain, and troops from every place in the commonwealth, we won't see their likes again.

Every seat in the Abbey was taken, and Prince Charles had a nod from his Nan. The Choir sang 'Virat Regina' and 'Zadok The Priest' grandly rang.

Young Elizabeth looked very tiny as she sat on the mighty throne, with none of us knowing the future she must have felt very alone.

Later on when the 'Big Wigs' departed, Queen Saloté, all on her own, went out in an open carriage and clearly got soaked to the bone.

She waved to the people of London, and found a real place in their hearts. She spread so much fun on a day with no sun that will never be forgotten.

So these are my memories of last time that we saw such a regal event, and I pray that the day for King Charles and his Queen will be equally heaven sent.

God Save The King
Eleanor Gimblett

CALLINGTON TOWN COUNCIL



Who are your Councillors?

Sue Tolman



My name is Suzan Tolman and I have lived in Callington for the last 60 years. I attended Callington Secondary School and was Head Girl in my last year. I spent 30 years of my working life looking after people who suffered from dementia.

At the age of 50 I trained to become an IT tutor and during my 11 years working for adult education I helped approximately 1000 people from Callington and surrounding areas to understand and use the computer, internet and e-mail. I also taught basic English and Maths to people who had missed out during their time at school.

I also taught family and local history which is an interest I still have only now I research people's families for free.

I retired from teaching to look after my terminally ill husband. After my husband died I applied to become a member of Callington Town Council so that I could give something back to the town that has been my home for so long.

I have been Chair of the Planning and Finance Committees and for the last five years I have been Portreeve and Town Mayor or Deputy.

What does your Council do?

Callington Town Council owns four parks within the parish: Saltash Road; Launceston Road; Rosemullion Gardens and Tamar Close. We are responsible for keeping the play equipment safe and compliant with Health & Safety regulations. We therefore have all the equipment inspected by a private contractor once a year and we receive a report from them which enables us to schedule in maintenance or replacement works. The parks are inspected and rubbish cleared on a daily basis.



We have recently applied for funding and been successful with a bid to Community Infrastructure Levy fund to enable us to install a Multi-Use Games Area (MUGA) in Launceston Road Park. This facility will be for general use to play various sports on including Football; Cricket and Basketball. Work on this should begin in May and will hopefully be opened at the beginning of August.

The climbing frame in Tamar Close has been closed off whilst we await three quotes to replace this piece of equipment. We are working as quickly as we can to get it replaced so please bear with us whilst this is being done but it is for the safety of the youngsters using the park. But the other equipment in the park is still in use.

Some of the equipment in Saltash Road is beginning to get rather tired but is still functional and is well used by youngsters. This park is also sometimes used for events such as the Jubilee last year.

We are looking for someone who would be willing to decorate the wall in Rosemullion Gardens as the park is functional and well equipped but the area itself looks very poor and we would like to brighten the area up.

CALLINGTON'S CORONATION CELEBRATIONS

A programme of community events leading up to a full weekend on 5th, 6th, 7th and 8th May, including:

- ❖ Best decorated shop window, poetry and preserves competitions
- ❖ Age Concern Coronation Lunch
- ❖ Coronation Bingo
- ❖ Coronation Light Show
- ❖ Free live streaming of the Coronation
- ❖ Royal British Legion black tie Coronation Dinner
- ❖ Coronation Craft, Food and Drink Market
- ❖ Churches Together service
- ❖ Treasure hunt
- ❖ Community orchard planting
- ❖ Football and bowls competitions
- ❖ Care homes tea parties
- ❖ Coronation play



See separate advertisements for individual events on One Callington and elsewhere



CALLINGTON ROYAL BRITISH LEGION

CORONATION BLACK TIE DINNER AND DANCE

CALLINGTON TOWN HALL
6TH MAY 7PM TO MIDNIGHT

Ticket purchases & menu choices in advance & non-refundable from The Snack Stop, New Road, Callington.

£45 per ticket

Printing by Ross Design & sponsored by Beech Auctions.

Callington Lions

Coronation Bingo

Friday 5th May

Callington Town Hall

Doors open 7PM

Eyes down 8PM

Callington Lions Club is a charity registered with the Charities Commission of England and Wales, Registration No. 1181024, Registered Office: 15 Fowey Crescent, Callington, Cornwall, PL17 7PJ, UK

Callington RBL are holding a black tie dinner and dance to celebrate *King Charles III's Coronation*. It is an auspicious occasion and we thought it was worth celebrating in style. The evening comprises of a three course meal catered by Jim and Tracy at The Snack Stop, entertainment by Bern Stewart, bottles of wine and party ephemera on the tables, a bar supplied by The Bulls Head, raffle and our own Town Crier Tony Stentiford as master of ceremonies. Included in the price is also the hire of the Town Hall, so £45 for a great one-off night out. Please come and join us. Tickets available at the Town Hall Reception or The Snack Stop on New Road.

Churches Together in Callington Coronation Celebration Service at Callington Town Hall on Sunday 7th May at 4 pm. This will include Messy Church Crafts for children and will be followed by a free afternoon tea.

CALLINGTON'S CORONATION CELEBRATIONS

Community Light Show, Friday 5th May, 7.00pm

Come to this community party on the eve of the King's Coronation. It's free!

Where?

Saltash Recreation Ground, Callington



What?

Food, drink, kid's stuff, music, dancing and lights!

A Callington Town Forum CIC event



SERVICE TO CELEBRATE KING'S CORONATION

Sunday 7th May
4.00 pm

Callington Town Hall

Speaker: Mark Thomas (previous Sherriff of Cornwall)

The Service is being run by Churches Together
Standards will be presented at the beginning

Afternoon tea will follow

Please join us

CALLINGTON'S CORONATION CELEBRATIONS

Community Live Stream, Saturday 6th May, 10.30am - 15.00pm

Don't sit at home all alone. Come to the live streaming of the King's Coronation. It's free!

Where?

Callington Town Hall

Light refreshments available courtesy of Callington WI
Bring your own beer!



What?

BBC coverage of the Coronation service and expert commentary

A Callington Town Forum CIC event



Callington Town **MARKET** & Callington Town Forum CIC

Sunday 7th MAY 2023
10am – 3pm
Pannier Market

Callington Monthly Market is running alongside the **Food & Drinks Fair** to celebrate the King's Coronation

Toilets, including disabled and baby changing facilities, in the Town Hall and on New Road opposite the Town Hall. For more information, or if you are a trader wanting to book a pitch, please call 01579 384039 Or email market@callington-tc.gov.uk

Organised by Callington Town Council & One Callington as part as Callington's Coronation Celebrations

STREET FOOD LOCAL PRODUCE MUSIC CAKES VEGE BOXES TASTERS COMPETITIONS

FOOD AND DRINKS FAIR
7TH MAY 2023
10 - 3pm
CALLINGTON

When: Sunday 7th May 2023
Where: Pannier Market, Callington Time: 10am to 3pm

Wednesdays@10.30



Each Wednesday morning at Callington Methodist Church - a relaxed time of Intergenerational Creativity, Spirituality, Tea, Coffee and Chat. All ages welcome. For further details please visit our Callington Methodist Church Facebook page or our website www.callingtonmethodist.org



'Callington Toddle In'

For babies, toddlers & their parents, grandparents, carers

CALLINGTON METHODIST CHURCH
Haye Road, PL17 7JJ

Each Thursday 9.30am - 11.30am (term time)

Parking behind the Church
01579 388840 or
visit our Facebook page

The Cornish Ancestor Micro Pub



Callington's unique drinking establishment for
Real Ale Traditional Cider
Craft Lager Wine
& always good conversation
Soft drinks and coffee available.

Available for group/business meetings prior to normal opening times
Enquiries Welcomed

OPEN
Monday - Thursday from 16.00hrs
Fridays, Saturdays from 12.00hrs
Occasional Sundays 14.00 - 18.00hrs

6 NEWPORT
CALLINGTON
PL17 7AS

Tel: 01579 208300

E-mail: info@cornishancestor.co.uk



FREE **FAMILY FILM SHOW**



Sat 20th May
Doors open at 2:00pm
Film starts at 2:30pm
Free Entry

CALLINGTON TOWN HALL



Honey Fair plans are going well

Saturday 30th September



With the change of date of Honey Fair Day to a Saturday, now on the 30th September, take up for stalls has been the best for years says Callington Lion's President Don Berrey.

He added that response to the recent article on Facebook has also been very positive with everyone liking the change of day from a Wednesday to a Saturday. This will make it a more family friendly event with workers, parents and children able to attend and enjoy all the extras we will have on the day.

There will be a special children's entertainment area with a bouncy castle, pets and an entertainer for them to enjoy.

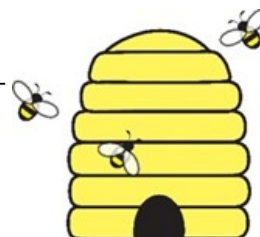
We will be keeping the traditional Honey Fair events such as the Bee Keeper displays, Children's painting and shop display competitions, local music groups, Town Crier competition and much, much more.

Lions are encouraging more local charities and companies to take up stalls – Book a stall here:

<https://www.diverse-events.com/.../callington-honey-fair.../>

For Further information on Callington Lions please see website:

<https://www.facebook.com/CallingtonLionsNews>



07989 957242 fitforlife_cornwall@yahoo.co.uk
www.fitforlifetherapy.co.uk

Fit for Life Massage Therapy is based in Callington, Cornwall. We offer individually tailored massage in a calm, relaxing environment.

Sports Massage

Helps recovery from sporting injuries, muscle aches and pains and improves flexibility and range of motion



Therapeutic Massage

Relaxing deep tissue massage relieves muscle tightness and soreness, increases circulation, eases tension headaches and increases joint flexibility



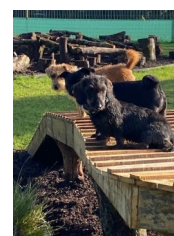
Manual Lymphatic Drainage

- Treatment for managing **lymphoedema**
- Lymphoedema is a swelling caused by a build-up of tissue fluids, maybe due to radiotherapy, surgery, cancer treatment or trauma
- Fit for Life will work gently with the client to help manage arm and leg oedema and help the client learn self-lymphatic drainage techniques.



Charwell Dog Adventure

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Charwell, Callington, PL17 7HW

Tel: 07854984572



Find us on:



St Sampson's Church, South Hill

News

We are very excited to announce that we have achieved our Eco Silver award. Well done to everyone who helped make this possible. Only a handful of churches have achieved this in Cornwall. Taking part in global and national events are part of the criteria and participating in earth hour last month, despite the torrential rain, was something we were pleased to do. We spent an hour with the lights off in an eco-friendly way enjoying song, story and baked potatoes together. The fire pit (thanks to SHARE for the wood) was a warming welcome at the church gate. See below for the count on nature event in June. If anyone would like to help with this please contact me.

The first cut of grass has happened, and the smell of cut grass was a welcome return. There have been some great photos on [St Sampson's Living Churchyard | Facebook](#) and I look forward to more, and yes, I was taken in by the 'king robin' on April fools day! Judith Ayers judithayers@yahoo.co.uk 01579384617

Events at St Sampson's Church



Wednesday May 24th 7.30pm – An evening of Baroque music with the Aderyn String Quartet

A wonderful candlelit evening with wine and nibbles. A rare opportunity to hear a professional string ensemble play in our atmospheric St Sampson's Church. Free entry. Donations welcome for St Sampson's Unlocked restoration project.

Have a listen, they are wonderful. <https://youtu.be/PPWSmIhY1y8>
Book your free ticket <https://www.eventbrite.co.uk/e/baroque-evening-with-the-aderyn-string-quartet-tickets-615994495117>.

Saturday June 24th - Medieval Barrow Push and Church Fair returns for a second year

Come and commemorate the route that the people of Callington had to walk to attend church or bury their dead at South Hill, before they were allowed to build their own church in Callington. Create a barrowful of something you feel passionate about – food, film or favourite anything! Wear Fancy dress to match your theme. Teams of up to 6 people. No restriction on the size of your barrow, but you will have to push it the 2 miles to St Sampsons Church. Best decorated barrow 1st, 2nd & 3rd Prize, including an annual engraved Trophy made from St Sampsons bell frame. Dignitaries start outside St Marys, Callington, at 12.30. Teams of Barrow pushers assemble at Beech Auctions, South Hill Road. The procession then walks to St Sampson's Church at South Hill, for fun, food and frolics at 2pm.



Fully Licenced Restaurant

Friday to Sunday

4pm to late

Serving handcrafted
unique food and
delicious pizza

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Pizza
Cafe



Reservations 07861312661

Come and discover Callington's hidden gem.

Callington
Rotary



Matters



Callington Coronation Celebration Events

Let's celebrate the Royal event with some

CALLINGTON COMMUNITY CREATIVE COMPETITIONS

ENJOY THE CORONATION WINDOW DISPLAYS IN BUSINESSES THROUGHOUT CALLINGTON

Callington Rotary invites local businesses to enter the spirit of the occasion and create a never-to-be-forgotten display in your shop window or on your business premises starting on Monday 1st May. There's never been a better time to put a bit of wow-factor into your business.

As a crowning glory to your display, let's make the theme: "The Coronation"! Not original, perhaps, but apt, we think!

WALKING TREASURE HUNT

To promote physical and mental wellbeing, you are invited to take part in a walking treasure hunt over the Coronation weekend. The event will be open to all and will enable wheelchair access to all the clues. It will not be physically too challenging, and may be completed in more than one attempt. This is an excellent opportunity to get a leg-stretch as well as exercising those all too important grey cells. Each team MUST have a smartphone. A prize will be presented for the winning entry.

Entries and further information will be available on the Rotary website (www.callingtonrotary.org). Completed entries should be emailed to competitions@rotary.org or drop them in to Mariposa in New Road by 6.00pm on Saturday 6th May. Winning entries will be announced in the Bull's Head at 7.00pm on Wednesday 10th May and published on Facebook and One Callington.

POETRY AND PAINTING COMPETITIONS

Callington Rotary are calling on all sectors of the community to exercise their creative streak to enter an original poem in celebration of the coronation. What better way to celebrate a new monarch than by producing a poem in commemoration?

Entry categories for the poetry competition will be the following AGE GROUPS: Junior 7-10; Intermediate 11-13; Senior 14-18 years and 18+ (age on Coronation Day) - so everyone will have the chance to put pen to paper (or fingers to keyboard).

PLUS, Under-7s and 8-9 year-olds are invited to enter a picture competition to mark the event. Entries should be on A4 paper and may be either portrait or landscape format.

The combined results of the poetry and painting competitions will be printed in a commemorative booklet - a lasting memory for both the artists and their audience.

The entries should reflect the theme: "Kings and Queens".

The deadline for entries will be noon on Tuesday 2nd May and should be returned to Mariposa in New Road. There will be prizes for the best entry in each category. Prizes will be presented in the Town Hall on the afternoon of Saturday 6th May, when examples will also be read out.

COMMUNITY ORCHARD

It's not too late to get involved in what will be a lasting memory of this momentous occasion and which will be of community benefit for generations to come.

Full details of these events can be found on the Callington Rotary website (www.callingtonrotary.org).

Callington Book Fair Town Hall Saturday 27th May 2023 10am – 3.30pm with Mark Simmons

Hundreds of books, new and second-hand

Collectibles; children's; military; transport; history; novels etc.
Something for everyone

Refreshments available, Cuppa and cake £1.50

Free entry but cash donations for Children's Hospice South West would be appreciated

A small group of crafting ladies who call themselves Friends of Kelly Bray have created a banner to commemorate King Charles' Coronation. The banner depicts various landmarks and events in and around Kelly Bray during the lifetime of King Charles. These include The Swingletree, Callington Station, the W.I. Hall and the Royal Cornwall Show held here in 1950.

The ladies created panels in different media, from knitting to felting, and also cross stitch.

At the time of writing it is nearing completion. It has yet to be decided where it will hang over the Coronation weekend - there have been offers from the Swingletree and Callington Town Hall - but it will hang in the Town Hall long term.



PaintNPrint Callington

7 New Road, Callington, PL17 7BE

Find our shop opposite Callington Town Hall / Bus Stop

Photo Gifts

All prices include YOUR photo or a design from our 1000's in stock

Canvas Prints

Other sizes available
Print your photos, or choose from our designs

Mugs	Metal Keyrings	Rectangle Canvases	Square Canvases
White Basic £10	Prices Start from: £5	8x10 inches £17.50	8x8 inches £15.00
Large White Basic £15	Add Engraving: +£4	8x12 inches £20.00	10x10 inches £20.00
Coloured Inner Mug £12	Pictures	12x16 inches £35.00	12x12 inches £30.00
Mug with Spoon £15	Wooden Photo Panel £10	5 1/2 inches 16x20 inches £50.00	16x16 inches £45.00
Reveal Black Mug £15	Metal Photo Panel	5 x 7 inches 16x24 inches £55.00	20x20 inches £55.00
Celebration Mug £12	wallet card/ business card £5	6 x 8 inches 20x24 inches £60.00	30x30 inches £80.00
Heart Handled Mug £12	4 x 6 inches £6	5 x 7 inches 20x30 inches £75.00	
Travel Mug £15	5 x 7 inches £7	6 x 8 inches 30x40 inches £95.00	
White Sports Bottle £10	6 x 8 inches £8	30x48 inches £100.00	
Water Bottle Straw Lid £12	A4 £11	36x48 inches £110.00	
Bowling Bottle £18	Coasters		
Heat Sensitive Bottle £20	Ceramic, Slate, Glass £8.50		
UV ColourChange Bottle £20	Square, Round, Heart		
Hanging Decorations £8.50	Rock Slates		
	Heart Small £10		
	Heart Large £15		
	Heart Hanging £15		
	Rectangle Small £10		
	Rectangle Large £20		
	Arch Large £15		
	Chopping Boards		
	Rectangle Glass £15		
	20cm x 26cm Smooth or Textured		
	Bottle Shape Glass £15		
	11.4cm x 11.4cm Textured		
	Cheese Board £15		
	Wooden With Ceramic Tile Insert		
	Ceramic Plates		
	Plain White 20cm £15		
	Gold Rim 20cm £17		
	T-shirt Printing		
	from £12		
	Printing		
	Photo Prints		
	Printed on a lustre finish as standard.		
	Gloss and Matt Finish available.		
	Other size printing available on request.		
	Add a mount to your print from £1.50		
	6x4 £0.55		
	7x5 £0.80		
	8x6 £1.00		
	10x8 £3.00		
	10x15 £6.00		
	A6 £1.00		
	A5 £2.00		
	A4 £3.00		
	A3 £8.00		
	A2 £12.00		
	A1 £24.00		
	Photocopying & Printing		
	Discount for large runs		
	A4 Black and White £0.20		
	A4 Colour £0.50		
	A3 Black and White £0.35		
	A3 Colour £0.80		
	Wedding Printing		
	Pop in to discuss your wedding printing		
	We can print on a variety of different		
	cards and papers to match your theme.		
	Invitation Printing		
	Seating Plans Printing		
	Menus		
	Place Name Cards		
	Wedding Thank yous		
	Order of Services		
	Greetings Cards		
	All cards come with envelopes included.		
	A6 Card £2.10		
	A6 Cards multiples £1.20		
	A5 Card £2.50		
	A5 Cards multiples £1.30		
	7x5 Card £2.50		
	7x5 Cards multiples £1.30		
	140mm Square Card £2.50		
	140mm Square Card multiples £1.30		
	Business Printing		
	We specialise in small print runs		
	Please pop in for a quote.		
	Business Cards		
	Filers		
	Booklets		
	Menu Printing		

Dog Tag Engraving

Choose from our large range of dog tags

Single Side Engraved £4.50
Front and Back Engraved £8.50

07708455918

7 New Road, Callington, PL17 7BE

Open Monday & Wednesday 7.30am - 3.30, Fridays 7am - 3pm
and every Second Saturday of the month 10 - 2pm

paintnprintuk

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primraf THEATRE

Social Evening

Callington Amateur Drama Society

PLAY READING

Hosted by: Marshall Plummer

EVERYONE WELCOME

Come along and try something new, no experience needed for this fun evening.

Our play readings are informal but lots of fun.

Join us on 9th May 2023 at 7:30pm

Doors open at 7:00pm

£2.00 per person

Callington Amateur Drama Society - Charity No: 1054831 - Registered in England & Wales - 2023
www.primraf.co.uk - <https://www.facebook.com/primraf>

Please see callingtoncave.weebly.com for more details



Coming Up at the CAVE

THE 4th THURSDAY IN THE MONTH IS FILM NIGHT IN CALLINGTON

Join us in May for: COMEDY - DRAMA
BAFTA Nominee starring Emma Thompson

“GOOD LUCK TO YOU, LEO GRANDE”

Running Time: 1hr 37 mins



In **GOOD LUCK TO YOU, LEO GRANDE**, two-time Academy Award winner Emma Thompson (**Love, Actually**) embodies the candour and apprehension of retired teacher Nancy Stokes, and newcomer Daryl McCormack (**Peaky Blinders**) personifies the charisma and compassion of sex worker Leo Grande. As Nancy embarks on a post-marital sexual awakening and Leo draws on his skills and charm, together they find a surprising human connection.

*"Sexual awakening stories aren't in short supply, but **Good Luck to You, Leo Grande** proves you can still tell one with a refreshing -- and very funny -- spin."*

"Deftly handled direction from Sophie Hyde and a thoroughly impressive dual performance from Emma Thompson and Daryl McCormack enlivens an electric script, tackling taboo sexual subjects with wit, flair and welcome realism."

Thursday 25th May
Callington Town Hall

Doors open at 7.15pm for membership registration

Members' entrance: Adults: £4 U18s: £3
Start time: 7.30pm (Doors open at 7.15pm)

NOTE: ANNUAL MEMBERSHIP REQUIRED (AVAILABLE ON DOOR). £6 PER CALENDAR YEAR; FIRST FILM FREE.

CALLINGTON AGE UK LUNCH CLUB

If you had peeped into the Town Hall on Maundy Thursday you would have seen a wonderful arrange of Easter bonnets. Members were challenged to wear an Easter creation in exchange for a free meal. You would have found many rabbits, chickens, eggs, spring flowers etc decorating their hats - all very colourful. The winner of the competition was 1st Gwen Fisher; 2nd Lena Richards and 3rd Ann Adams.

We have been able to meet every week this year and thanks to Jenny Coombe, our organiser, and many volunteers we have enjoyed hot, tasty meals prepared in the Town Hall kitchen. Following our lunch we have a short time of varied entertainment. We use our little grey cells working out quizzes, or listening to talks, such as a gentleman talking about our Area of Natural Beauty, having a talk and watching pictures of Callington in the past by the Heritage Centre; listening to the young people from Harrowbarrow School sing to us; hearing about the Lions trips to Poland with aid for the people of Ukraine or maybe playing Bingo. Very happy lunchtimes for people, mostly living on their own, enjoying the company of friends and neighbours.



If you feel you would like to join us or could help with the volunteers, preparing, serving, picking-up and washing dishes, all that makes the meals possible, please get in touch with Jenny 01579 383572 or email on j.coombe1@hotmail.co.uk

Fitness & Health

Lift Lean/Fitness Pilates & Yoga - Town Hall (every Monday) 6.15pm –7.00pm & 7.15pm - 8.00pm	Diane	07876 332941
Pilates - Town Hall (every Tuesday) 9.45am - 10.45am	Liz	07526 899781
Dance & Tone - Town Hall (every Tuesday) 11.30am - 12.30pm	Jo	01752 206968
Chi-Yoga-Lates - Town Hall (every Tuesday) 1.15pm - 2.00pm	Diane	07876 332941
Beginners Belly Dancing - Town Hall (every Tuesday) from 6.00pm	Jill	07850 043490
Callington Town Women's Football Club (every Wednesday) 7.00pm - 8.00pm	Jared	07715 008987
	or Tim	07716 357650
Fitness Pilates (Beginners) - Town Hall (every Thursday) 9.30am - 10.15am	Diane	07876 332941
Purrfect Pilates - Town Hall (every Thursday) 6.00pm - 7.00pm	Chris	07888 704917
Functional Fitness Circuits - Callington Community College (every Thursday) 7:00pm - 8:00pm	no24ish@yahoo.co.uk	
Fitness Pilates & Yoga - Town Hall (every Friday) 9.15am - 10:00am	Diane	07876 332941
Latino Dance -Town Hall (every Friday) 11.00am - 12 noon	Jo	01752 206968

Council Meetings & Councillor Meetings - May

For more details at www.callington-tc.gov.uk All meetings held in the Council Chambers

Tuesday 2nd	6.30pm Planning followed by Town Hall & Premises
Tuesday 16th	6.30pm Planning followed Outside Services
Tuesday 23rd	6.30pm Finance and General Purposes followed by Full Council

Cornwall Councillor Andrew Long Surgery - Saturday 13th and 27th May 2023 - Members Room, off the Pannier Market
10.00am - 12 noon - 07812 597257

Community Events

Country Market - Town Hall	(every Wednesday) 8.45am - 12 noon
Family Film Show - Town Hall	Saturday 15th April - Doors open 2.00pm
Monthly Market - Town Hall	Sunday 2nd April - 10.00am - 2.00pm

Children Activities

Vocal Footprint Drama Club - Town Hall - **Primary Theatre (Yrs 1-6) (term time) Mondays** 4.00pm - 4.45pm
Vocal Footprint Singing Club - Town Hall - **Primary Singing (Yrs 1-6) (term time) Wednesdays** 4.00pm - 4.45pm
Secondary Theatre (Yrs 7-11) 5.00pm - 5.45pm - contact Eleanor Valdebouze 07595457608/01579 228336
 ellyvdb@hotmail.co.uk
Youth Theatre - Callington Prim Raf - (every Tuesday 6.00pm - 7.00pm) - Contact Lynda cats@hotmail.com

1st Callington Scout Group

Squirrels (4-6yrs) (every Monday)	4.00pm - 5.00pm Scout Hut	Contact:	07542 366 369
Beavers (6-8yrs) (every Thursday)	5.30pm - 6.30pm Scout Hut	Contact:	07542 366 369
Cubs (8-10½yrs) (every Thursday)	6.45pm - 8.15pm Scout Hut	Contact:	07542 366 369
Scouts (10½ - 14yrs) (every Friday)	6.15pm - 8.15pm Scout Hut	Contact:	07542 366 369

Local Groups

Callington WI - Council Chamber (2nd Wednesday of the month) 7.00pm - Contact Jill Trew 01579 386939
Callington Town Band - Heritage Centre Band Room (every Thursday) - Contact Shirley Morse 01579 384728
Callington Community Arts Venue 'CAVE' - Town Hall - 4th Thursday of the month is Film Night
Callington New Outlook - Council Chamber (every Tuesday except 4th week) 10.00am - 12noon - Contact Shirley Morse 01579 384728
Callington Lions Club - Council Chamber (3rd Wednesday of the month) 7.30pm
Callington Community Centre Coffee Mornings - Mondays 10.00am - 12noon; Bingo Mondays from 2.00pm - 01579 384960
Callington Lunch Club (Age UK) - Town Hall - every Thursday 12noon - 1.45pm Contact Jenny Coombe 01579 383572
Callington and District Royal British Legion - Bulls Head - (Second Tuesday of every month) 7.30 pm
Callington Singers Callington - Primary School (every Thursday) 7.30pm - 07878 368857
Callington U3A - Town Hall (1st Monday of the month) 10.00am - 12noon Tel: 07742 362993 Web u3asites.org.uk/Callington
Knit & Natter - Callington Library (every Tuesday) 2.00pm - 3.30pm email: callington.library@cornwall.gov.uk
Man Down - Council Chamber 7.00pm (fortnightly group session) no need to book email: support@mandown-cornwall.co.uk
Old Cornwall Society - Council Chamber (Second Thursday of the month) 2.00pm - 4.00pm
Slimming World - The Scout Hut Wednesdays 9.30am and 11.00am - Contact Cathy Jones 07774852724; 3.30pm, 5.30pm and 7.00pm - Contact Kathy Hocking 07477425715
Callington Memory Café - Callington Methodist Church - 2.00 pm - 4.00pm
Callington Town Forum - Calli Pizza Restaurant - (2nd Wednesday of the month) 6.00 pm
Youth Co-ordination Meeting - Calli Pizza Restaurant - (every other month after the Town Forum) - 6.45pm - Contact Paul Hackworth 07721433284/paul@hackworth-saint.com or OneCallington@gmail.com
Callington Bowls Club - Friday at 6.00pm turn up and play - Contact Graham Body 01579 350332 - more information callingtonbowlingclub.co.uk
Homegroup - Callington Town Hall - Drop-in Service - (every Monday) 10.00am - 1.00pm

If you would like your class, group or event listed on this page, please email
news@callington-tc.gov.uk