



Callington News



April 2024

NOWODHOW RAG KELLIWIK



**Callington's
FREE Easter Egg
Trail
SUNDAY 7th
April 2024
10am - 2pm
Pannier Market**

Callington, PL17 7BD.
Visit our website callington-tc.gov.uk to keep updated.
Visit our Facebook page: Callington Town Council

Edible prizes
Name the Chick
Prize draw
And much more

**Pop on down, support
local traders & find
the hidden eggs
around the town**

Devon and Cornwall Food Action Group



After a successful first Food Action group delivery on the 29th of February where almost 80 people attended, don't forget to put your order form in, this can be found in this newsletter (Page 11), you can apply on our website go to: www.callington-tc.gov.uk or pop into the town hall to collect. This runs every month on the last Thursday.

More about Devon and Cornwall food action: **DCFA is not a foodbank.** We work with food producers and supermarkets to redistribute surplus food to those in need. We supply a number of services, community organisations and groups. Through their various means testing schemes produce is distributed to those that have been identified as being in desperate need to feed themselves and their families.

Visit <https://devonandcornwallfoodaction.org/>

Callington WI



Callington WI has had a quiet start to 2024, with no meeting taking place in January. The February monthly meeting welcomed Andy and Emma Burnard to tell members about the work that Cornwall and Devon Sending Love to Ukraine are doing. Since the war started nearly a year ago they have sent nearly 200 van loads of aid and March will see the 20th convoy of aid being taken there. It costs about £1,700 for each van that goes and this is paid for by donations and by volunteer drivers themselves. They have had the use of the Emporium in Callington to store the aid that is donated from all over Cornwall and Devon and supported by Lions Clubs.

Members also provided refreshments for the Portreeve's Civic Service held in March, which were very welcomed by the people who attended.

Also in March, Callington WI held their Annual Dinner at the Rifle Volunteer, where members enjoyed a delicious meal and an enjoyable evening was had by all. A surprise on the evening was the presentation to Karen Gold (WI President) of Citizen of the Year by Portreeve Cllr Peter Watson. This was for her volunteering work especially towards the Christmas Festivities; the monthly free Family Film Show as well as everything else she does for Callington.

Callington WI meet on the second Wednesday of each month in the Council Chamber of the Town Hall at 7.00pm and we would welcome anyone to come along and see what we get up to. Our next meeting is Wednesday 10th April when Sim Daley from Penrock Distillery is coming to tell members about their handcrafted premium spirits.

Contact Jill Trew, Secretary, for further information, callingtonwi@gmail.com or 01579 386939.

WHAT'S ON CALLINGTON

CURRY & Quiz Night

Friday 5th April 2024 Callington Town Hall
7 for 7.30pm Start

Teams of 4-6 **£10 per person**
(Cash on the door, includes Entry and FREE Curry)
Bring Your Own Drinks

Chicken Korma or Tikka / Vegetarian Tikka, supplied by The Snack Stop

Tables and Curry Choices **MUST** be pre-booked,
contact **Terry Bolt** asap
terrybolt219@gmail.com
07432 103223 / 01579 383497

In association with
Callington Lions
(Quizmaster Ken Aspinall)

In Aid of **mnda**
motor neurone disease
association



Kelliwick Open Doors

Community Hub

Mustard Seed, Callington

What's on April 2024



<p>APR 2 1-3PM Stretchy bracelets & wire rings</p>	<p>APR 4 11-12.30PM EASTER KIDS CLUB POTTERY</p>	<p>APR 9 1-3PM Linocut printing</p>
<p>APR 11* 1-3PM Paper flower making</p>	<p>APR 16 1-3PM Concertina book making</p>	<p>APR 18 1-3PM Kanzashi flower making</p>
<p>APR 23 1-3PM Kumihimo braiding</p>	<p>APR 25 1-3PM Card making</p>	<p>APR 30 1-3PM Spring flowers in Watercolour</p>

*Come along to our Arts & Crafts sale, featuring works made at our sessions on Thursday 11th April 11-1pm.
All workshops are free! No booking necessary, suggested donation £2 for materials.

Callington

u3a
learn, laugh, live

If you are retired, semi-retired or not in full-time employment and are interested in finding new friends, developing new hobbies or sharing your skills with others, then u3a is perfect for you. We have over 20 interest groups that you can join, ranging from art, games, philosophy, quizzes to skittles, astronomy and walking, plus much more. If there isn't a group for your hobby or skill then why not consider starting and running your own interest group within u3a, sharing your skills with others and helping us grow. We meet on the first Monday of the month in Callington town hall, 10am till 12noon, with refreshments (at a small charge) and a guest speaker. You will find display boards showing the various group activities and have an opportunity to speak to the leaders who run them.

The committee and group leaders are volunteers and members of u3a, so it is run by members for its members.

There is a yearly membership for individuals and couples.

Why not check out what we have to offer on our website www.u3asites.org.uk/callington or pop along to one of our meetings to find out more or phone 07900 956980 for more details



Kelliwick open doors community hub

EASTER KIDS CLUB



Free drop in Pottery session, no booking necessary, suggested donation £2 for materials.



THURSDAY 4TH APRIL
11-12.30PM

Mustard seed church

Visit Our Social Media for More Information:

@facebook.com/winningstepssouthwest
or call 01579 384798

WHAT'S ON
CALLINGTON

Easter Cracked

Callington Methodist Church PL17 7JJ



Wednesday 10th April 2024

10 am - 12 noon

Games, Food, Creativity, all ages
welcome - children to be accompanied
by an adult

Further details 01579 388840

or visit our Messy Church in
Callington Facebook page

Callington Town MARKET

There are lots of stalls including Fresh Vegetables, Locally Produced Meat, Cakes, Homeware, Artwork, Organic Alcohol and Gifts. With an amazing array of old and new traders joining us, it's not to be missed! You won't be disappointed!



Come and support your local traders.

Pannier Market, Callington.

Toilets, including disabled and baby changing facilities, in the Town Hall and on New Road opposite the Town Hall.

1st Sunday of every Month

For more information, or if you are a trader wanting to book a pitch,
please call 01579 384039

Or email market@callington-tc.gov.uk

FREE FAMILY FILM SHOW

You don't need to be big to be brave



While his peers have all turned white, Katak is still small and grey. To prove that he has grown up and to grant the last wish of his adored grandma, Katak departs on a perilous journey to the Great North.

Saturday 13th APRIL

Doors open at 2:00pm

Film starts at 2:30pm

Refreshments available to
purchase

CALLINGTON TOWN HALL



**British
Gymnastics
Foundation**

LOVE TO MOVE

- Fun & friendly seated movement programme to music.
- Designed to get you moving and having fun
- Age, Dementia, Parkinson's and stroke friendly

Join us Thursdays
10am until Noon
Callington Town Hall

Love to move is the first cognitive enhancement exercise programme of its kind in the UK, based on Scientific research carried out by AGE UK

£3.00 per session, includes refreshments

For more information contact:
Christine Harris
07973 418371
love2move@callington-memory-cafe.org

SPORT ENGLAND
LOTTERY FUNDED



CALLINGTON COMMUNITY DAY

SATURDAY 27th APRIL 2024

10am – 2pm

Callington Town Hall, PL17 7BD

Find out more information
about various clubs and
organisations that you can
join in your local community



“LIVING WITH DEMENTIA?”

Callington Memory Cafe

- meets every other Saturday, 2 til 4.
- Methodist Guild Room (Free parking)
[///amplifier.campus.nuzzling](http://amplifier.campus.nuzzling)
- for those with memory loss & carers
- provides mentally stimulating activities
- in a safe, confidential & caring environment



Help someone
live well with
dementia

It's ok to ask for help

<http://www.callington-memory-cafe.org>
secretary@callington-memory-cafe.org
07539 412 463



Spring ART & CRAFTS SALE

Come along to our Arts &
Crafts sale featuring
works handmade at our
Kelliwick open doors
community hub
art sessions

REFRESHMENTS
AVAILABLE



**THURSDAY
11TH APRIL**

11-1pm

Mustard seed church, Callington

CALLINGTON SINGERS PRESENT GLORIA

BY
ANTONIO VIVALDI

WITH A SELECTION OF WORKS BY
FAURÉ, FRANCK, BACH & WESLEY

**ST. GERMAN'S PRIORY
27TH APRIL AT 7:30PM**

ADMISSION £10 UNDER 18'S FREE
PURCHASE ON THE DOOR, USE THE QR CODE
OR VISIT WWW.EVENTBRITE.COM



MUSICAL DIRECTOR: DR ANDREW WILSON
ACCOMPANIST: MARK SMITH
GUEST SOLOIST: ANN MARGARET SMITH



Kelly Bray Residents Association

Hello Everyone and welcome to the month of April! We can look forward to some longer evenings now the clocks have changed and hopefully, some better weather.

A recent event on Kit Hill, where a dog walker fell, injuring her ankle, set some of us thinking. She was unable to stand up, so phoned for an ambulance. She also had the sense to contact a nearby friend who took a hot drink and warm cover for her, as it was a cold day and they didn't know how long the ambulance would be. He was also able to direct the ambulance crew, as Kit Hill is a large area to cover. Well done to him!

I'm sure this is a fairly regular occurrence, both on Kit Hill and the surrounding countryside, so I have been looking into the 'What 3 words' app. You can download this for free. Basically, every three metre square of the world has been given a unique combination of 3 words. If you click on the app, then wait for the blue dot to settle in one place, tap the arrow or compass and the three words for that location will appear at the top of the page. This is particularly useful in rural areas where it is difficult to describe your exact location and helps the emergency services to work out how best to get to you. It also has other uses. eg. Parcel delivery. One more word about Kit Hill. Adders have been seen making their annual appearance, so beware.

My hubby and I have recently returned from an enjoyable trip to Belfast where we heard an amusing anecdote. We drove past a prestigious grammar school which a local boy had attended. Towards the end of his time there, a teacher came up to him and told him he would never make anything of himself. When the boy left, he set up his own business, which was phenomenally successful and he named it after this teacher. The boy's name was Tim Martin and the teacher?.....Mr Wetherspoon!

Where to see bluebells? Cardinham Woods, Lanhydrock, Antony woodland garden, Mount Edgecumbe, Pentille castle (the castle is open to the public on Sun 19th May).

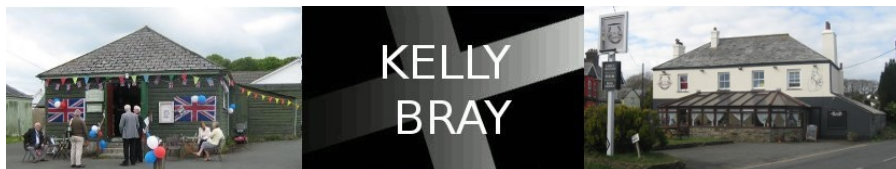
Refuse collection : you may have seen the Council are dropping off new bins in our area. The main difference is that there will now be small bins for food waste. One green outdoor bin and a silver indoor bin. There will also be a black 180litre wheelie bin (or sack) for smaller properties for general rubbish. The new collection scheme will commence from 8th April. Food waste will be collected weekly, general household waste fortnightly and other recyclables collected fortnightly, as before. By separating out the food waste, the Council hopes to cut Cornwall's annual carbon emissions by nearly 18,000 tonnes of Co2 each year. That's got to be a good thing!

I would like to congratulate Molly Caudery, our Cornish pole-vaulter, on winning no less than a gold medal in the World Indoor championships, held in Glasgow. A great achievement and good luck to her for the Paris 2024 Olympics.

With all this rain, I thought I would check on the situation with our local reservoirs. I am delighted to report that they are all full, apart from Colliford, which is currently 89% full.

Finally, I would like to share a line from Robert Browning's poem, 'Home Thoughts from Abroad'.....'Oh, to be in England, now that April's here.' I share his sentiments but would say Cornwall instead!

With best wishes to you all
Sally Judges
Email.....sallyjudges@hotmail.com



**Callington
Skatepark Project**



Saltash Road Recreation Ground has been the topic of several conversations of late, mainly regarding the Skate Park. Following a meeting with a Skate Park company the Town Council are considering a refurbishment of this area making it more up-to-date and user friendly. With this in mind, please express your ideas via this link. The photograph above is an example of what is possible, we would value your views and ideas of what you would like to use.



We cannot wait to hear from you!

Have your say

This is an official project run by Callington Town Council



1st Callington Scout Group



It has been an AMAZING Spring Term so far! Why not join us for our Summer Term? Register your place now by scanning the QR code.

Squirrels have made their own slithery paper plate snake and learned a campfire song about a Boa Constrictor. They have also made healthy, delicious fruit kebabs and tried lots of new foods. To celebrate Chinese New Year, they made a fire breathing dragon and lantern. Working together, they have built comfortable blanket forts and completed activities inside. Lastly, they completed Stage 1 of the Emergency Aid badge, learning skills for life!

Beavers used their imaginations to create their own superhero potato. They have also hopped on an aeroplane to Greece where they tried different foods, played hoop rolling, learned some words in Greek and crafted their own flag. To celebrate Pancake Day and Valentines, they cooked heart shaped pancakes. Super yummy! They have also been busy completing their Builder badge. They designed a model, made a list of the materials they needed then made their idea come to life using recycled materials.

Cubs have been getting stuck in with all things astronomy. They have looked at star constellations, observed the moon, learned lots of amazing facts, created a model of the solar system, a clay alien and special glasses to look at the sun safely. They also celebrated Pancake Day by cooking up some scrumptious pancakes. Recently, they have been finishing off the Road Safety badge. First, they went out for a walk around Callington to identify various road signs. Then, in their Sixes, they were given a toy car and egg. Working together, they had to protect the egg by putting a seat belt on it using various materials. It then drove down a road and crashed. Luckily, all of the seatbelts were good enough to help save the eggs' lives and reduce their injuries!

Scouts have gone out on a What3Words Hike. They have also completed their Scientist badge, planning and completing three different experiments: elephant toothpaste, balloon rocket cars and making ice cream in a bag. For their Entertainer badge, they planned, prepared and presented original entertainment in small groups. Amazing performances from all! They have also gained an understanding about the importance of an appropriate diet, the need for sufficient sleep and the dangers of harmful effects of smoking, alcohol and drugs by completing a number of different activities and games.



To join our waiting list, scan the QR code and fill in the required details.




Squirrels (4 - 6 yrs) - Monday 4:00 - 5:00pm **Beavers (6 - 8 yrs) - Thursday 5:30 - 6:30pm**
Cubs (8 - 10½ yrs) - Thursday 6:45 - 8:15pm **Scouts - (10½ - 14 yrs) Friday 6:15 - 8:15pm**

ANNUAL Parish **MEETING** 23rd April 2024 7pm

Callington Parish including Kelly Bray
Callington Town Hall in the Council Chamber

YOUR CHANCE TO HAVE YOUR SAY, ASK QUESTIONS & MAKE COMMENTS
01579 384039



TEA PACKETS NOW ACCEPTED
TEA, COFFEE AND BISCUIT PACKETS

Can be recycled by 
to make money for charity
Come to **Callington Library**
on **April 5th 9am -1pm**
as we join the council roadshow.

OR drop your packets at Callington Town Hall reception area **Recycling for Charity** bins.






See our full list here.
www.south-hill.co.uk/charity-recycling

Labouring Poor AGM
Thursday 4th April 2024
7.00pm
Committee Room
Callington Town Hall



TWINNING NEWS



We held our AGM in February and said goodbye to our long serving treasurer as she prepared to move to Wales. We wish Dorothy every happiness in her new life close to her family. Fortunately, we have found a new volunteer for this post and Denise Winfindale is a welcome addition to our committee, along with Apollo Blaze.


Ken Aspinall remains on the committee but has passed on the baton of secretary to Wanda Savage after many years of faithful service.

The new committee is hard at work finding welcoming homes for the guests we will receive over the weekend of 9th-12th May. Callington has stepped up to the mark in opening its homes and all of our German visitors do now have accommodation, and over half of the French visitors now have host families.

We are still seeking homes for some members of the Guipavas town band which include individual male musicians, couples and, in some cases, families with children. This is an excellent opportunity to get to know friends from our twin towns in a convivial and relaxed atmosphere.

The outline programme is as follows:-


Thursday	Evening	Arrival at Millbay Docks at 8.50pm. Transport to families
Friday	Day-time	Trip to the Eden Project
	Evening	Civic Reception in the Town Hall, followed by Meal & Entertainment for hosts and guests
Saturday	Day-time	Musicians to participate in MayFest activities
	Evening	With host families
Sunday	Day-time	Spent with host families
	Evening	Leave by coach from Callington free car park at 8.00pm for 10 o'clock ferry from Plymouth



Further details about the visit and twinning in general can be obtained from chairman Sue Lumley (tel: 07968

Barry Higgins: Back in action

Barry who lives at Hillsborough Care Home has returned to the gym at The Zone in Callington after 1 year. He gave up due to health reasons but has now returned saying it has given him a new lease of life.



Barry is pleased to get back not only to build up his fitness but to enjoy the socialising with the team and members and sharing smiles and laughter along the way. Barry's enthusiasm and energy is an inspiration to us all.

Callington Book Fair
Celebrating 20 Years
Town Hall, Callington
Saturday 18th May 2024

We would love to see you to help us celebrate.
1,000's of books to browse including Collectibles, Children's, Novels, Local, History, and more.
Authors will be joining us to sign books for you on the day too.
Come along, have a browse and then enjoy a cuppa and cake.

Free entry but cash Donations welcome for St Lukes Hospice in memory of Jill Thompson

Coming Up at the CAVE

THE 4th THURSDAY IN THE MONTH IS FILM NIGHT IN CALLINGTON

Join us in April for:

“OPPENHEIMER”

Running Time: 3 hrs

5 GOLDEN GLOBES 7 BAFTAS 7 x OSCAR WINNER

During World War II, Lt. Gen. Leslie Groves Jr. appoints physicist J. Robert Oppenheimer to work on the top -secret Manhattan Project. Oppenheimer and a team of scientists spend years developing and designing the atomic bomb. Their work comes to fruition on July 16, 1945, as they witness the world's first nuclear explosion, forever changing the course of history.



Oppenheimer is a 2023 epic biographical thriller film written, directed and produced by Christopher Nolan, starring Cillian Murphy as J. Robert Oppenheimer, the American theoretical physicist credited with being the "father of the atomic bomb" for his role in the Manhattan Project - the World War II undertaking that developed the first nuclear weapons.

Oppenheimer received thirteen nominations at the 96th Academy Awards, surpassing eight nominations each received by *The Dark Knight*, *Inception*, and *Dunkirk* to become Nolan's most Oscar-nominated film.

“Oppenheimer marks another engrossing achievement from Christopher Nolan that benefits from Murphy's tour-de-force performance and stunning visuals.”

“Oppenheimer is an intelligent movie about an important topic that's never less than powerfully acted and incredibly entertaining.”

Thursday 25th April

Callington Town Hall Council Chamber

Doors open at 7.15pm for membership registration

Members' entrance: Adults: £4 U18s: £3
Start time: 7.30pm (Doors open at 7.15pm)

St. Mary's, Callington

Sunday 7th 10am Together@Ten

Sunday 14th 10.30am Cluster Service at Stoke Climsland with Holy Communion to say farewell to Revd Joe Lannon and his wife Nikki.

Sunday 21st 10am Together@Ten

Sunday 28th 10am Together @Ten with Holy Communion
Other Events

Saturday 27th 10-12noon Coffee Morning with Bring and Buy stall

A service of Holy Communion is held on 2nd and 4th and 4th Wednesday each month.

A Pop up Café is held every Wednesday from 12noon to 1.30pm. Homemade soup with bread is served alongside tea/coffee, fruit and cake. No charge just a donation to cover costs.

Everyone is welcome to all events. Further information can be found on the website.
www.callingtoncluster.org.uk

ST SAMPSON RISES

CELEBRATING THE PRESENT, LOOKING TO THE FUTURE

YOU ARE INVITED

ST SAMPSON'S CHURCH, SOUTH HILL
CELEBRATION AND OPEN AFTERNOON SUNDAY APRIL 7TH

Help us mark the first milestone in our restoration journey, to say thank you to everyone for all the work achieved so far. Everyone invited for all or part of the day.

11.15 Thanksgiving Service of Holy Communion with Archdeacon Kelly Betteridge
12.30 Lunch

1.30 - 4pm Open Afternoon. Come and see what has been happening. Drop in any time

Exhibitions Talks and Tours about the heritage restored, how it was achieved, the skills involved, and the history discovered

Project update and future plans

Cream teas will be served throughout the afternoon and a celebration cake will be cut



A great night was enjoyed at the recent Race Night when a lively crowd from across the generations gathered to cheer on the young jockeys. Such was the positive reaction from all concerned that you can bet on the fact that there will be another race meeting later in the year.

At the time of going to press the Big Breakfast will not have taken place, but we are sure that the reputation of our Rotary Big Breakfasts will have drawn the crowds.



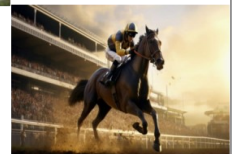
A report on the final total from these two events will appear in the next edition.

Looking for a way to give something back to the community?



Thank you, Callington, for your continued support of our recent Race Night and Big Breakfast.

Significant funds were raised for the Cornwall Air Ambulance and local needy causes.



Got a bit of time to spare?

Why not come on board with Rotary?

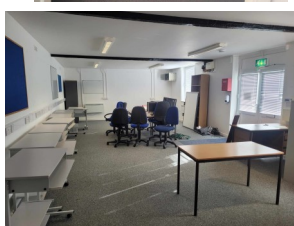
Ring Roy on 07484 613 198 or email membership@callingtonrotary.org for more details.
www.callingtonrotary.org

TO LET

Unexpectedly re-available UNIT TO RENT

Suitable for office space or retail
Unit 18, Pannier Market, Callington

- * Measuring 11.57m x 5.27m (55 sq m)
- * Cloakroom
- * Kitchenette
- * Conveniently off Fore Street
- * Long let
- * Tenant parking
- * £4,700 per annum
- * Subject to references



For more information please contact the
Town Clerk, Town Hall, Callington
PL17 7BD.
Phone: 01579 384039
Email; clerk@callington-tc.gov.uk

The sad passing of a Lion Member



Callington and District Lions have lost a very valued and much-loved member. Terry Burnard was one of the founding members of Callington Lions nearly 50 years ago and has been an active member of the club ever since. Terry was a Past Club President and was presented with several awards in his time. He is pictured here with his Grandson Jonny at Buckingham Palace at the 100th Anniversary of Lions International.

The funeral was held at Tamar Valley Methodist Church on Tuesday 12th March with many friends, family members and fellow Lions present. Terry was a keen Plymouth Argyle supporter and so those present all wore something green or Argyle colours.

Callington Lions formed a Guard of Honour for the funeral procession, wearing Lions hi-viz jackets. Refreshments were held in Callington Town Hall after a private burial in Callington Cemetery.

Terry's son, Andy said it was a very sad passing and he will be much missed by all the family, fellow Lions and many in and around Callington.



Planning is well underway for Mayfest 24. As previous year we're be running workshops for you get involved. As usual, in the run-up to MayFest, there will be exciting opportunities for people of all ages and abilities to experience the joy of singing and music-making with free workshops on offer as below.

MayFest 2024 11th May

Find Your Voice with Sarah Owen!

Sarah has become a firm favourite with everyone in Callington who has worked with her in the past and has a firm belief that **everyone can sing!** Sessions for everyone irrespective of age - why not come along and have a go.

Join the MayFester Musicians with Rosie Fierek!

If you play an instrument but do not have the time to commit to weekly rehearsals, or would just like to take the opportunity to play with new people, come along and be a part of the Magnificent MayFesters. Cornish tunes will feature

10.30am—12.30pm

Register at <https://tinyurl.com/zntdh4jz> (music)

It's not necessary to commit to every session (but it would be best if you could). Just come and give it a go.

	Rosies Workshops	Sarabs Workshops
Sat 6 Apr	Town Hall	Methodist Church
Sat 13 Apr	Town Hall	Methodist Church
Sat 20 Apr	Town Hall	Methodist Church
Sat 27 Apr	Town Hall	Methodist Church
Sat 4 May	Town Hall	Methodist Church

Memorial Safety Inspection



Callington Town Council has scheduled a memorial inspection at the Cemetery on Liskeard Road:

DURING MAY 2024 onwards there will be ongoing safety inspections (Weather Permitting)

The inspection will involve testing the stability of all memorials. The cemetery will remain open during the inspection which will be carried out as discreetly as possible by our qualified personnel. We will be banding the memorials that are unsafe and making contact with the owner to rectify any issues.

The Town Council understands the significance that memorials hold for family members and that it can be upsetting to see work being carried out on a memorial to a loved one. If you have any questions contacting the office 01579 384039 or email enquiries@callington-tc.gov.uk



Callington Lions membership on the increase

Lions President Don Berrey says that club membership numbers are looking healthy. In the last 2 months Lions have recruited 2 new members, with other potential members in the wings.



Members being 'badged up' here by Don and Darren are Ed Tait and Tom Burton.

Don added that the Lion's motto is 'We Serve' and it is good to see so many willing to help in the local Callington and District area whilst having fun doing it. Lions assist by supporting local charities, individuals, and families in need, providing wheelchairs, 'teddies for tears', collecting spectacles, mobile 'phones for recycling and much, much more.

He also said that Callington Lions are now well advanced with plans for Honey Fair 2024. This comes after last year's success when over 5,000 attended the event; so please add Saturday 28th September to your calendars.

This year we will be continuing our traditional Easter fund-raising event; so, keep an eye open in some of the local drinking establishments and you may win a large Easter Hamper whilst supporting local charities!

If you would like to join Callington and District Lions, please contact the membership secretary on 0845 833 7527 or see us on: <https://www.facebook.com/CallingtonLionsNews/>

Stop Press: Callington Lions are still very actively supporting the charity 'Sending Love to Ukraine' collecting goods now from many other Lions Clubs in Devon and Cornwall. By the time this Newsletter is issued another 2 convoys will have left for the continent. The latest one being headed by Tavistock Lions Club. This means that, with these 2 convoys, in the 2 years of the war, 178 van loads of much needed aid will have been taken to Ukraine via Poland.

Press Note:

For more info contact *Derek Prickett* 07768 783 565, derekprickett@gmail.com
Or *Hayley Patton* hayley.patton@yahoo.com

Callington Lions Club is a Charitable Interest Organisation, registered with the Charities Commission of England and Wales, Registration No. 1181024, Registered Office: 15, Fowey Crescent, Callington, Cornwall, PL17 7PJ.

Callington Mayor's Civic Service March 2024

"This is the first Civic service since Covid, pandemic and I was very keen to get his back into the Civic calendar. Since the last Civic service there's quite a lot to reflect upon however I'll restrict myself to some more recent things that have happened in the parish. I imagined that many communities and groups would have failed or lost their way. But our community showed remarkable resilience both during the pandemic and after. During those years many people joined up to volunteer to assist others and many have got one of these Covid volunteer card to help others where necessary.

We have also seen all the round of festivals come back, the Christmas celebrations and Rotary Victorian Fair, Callington community Arts Mayfest, and last year we saw Honey Fair come back with a new invigorated look thanks to the Lions. It is also remarkable that we have seen a new and exciting winter Festival emerge, Kelliwik Golowi, something it is hoped will become part of Callington's Festival year.

The council has not stood still either. You will have seen improvements and enhancements to play areas and improvements being currently made to the town hall

Looking forward we received the news that the Gorsedh will be coming to Callington in September, the last time being some 40 years ago and work is underway with Various organisations to make that an event to remember"

By Portreeve & Mayor Peter Watson



At the Civic Service there was also three awards given to parishioners. Firstly Citizen's of the year to Peter and Jenny Coombe for organising the weekly Age UK Lunch club, running a local choir and supporting the Callington Carnival. Second Citizen of the year was Karen Gold for being a prime lead for all the play equipment that you see in the town including the Multi-use games area on Launceston Road, in addition she has coordinated the Christmas festivities and a key driver behind the free family film shows.

Last but certainly not least Freedom of the Parish was awarded to Shirley Morse for being a prominent member of the town band, she runs a charitable group and has fulfilled many other roles in the town, from assisting at the lunch club, to having a go at belly dancing.



**DEVON &
CORNWALL
FOOD ACTION**



**Callington
Town Council**

APRIL: Delivery 25th APRIL 2024

Saltash Road Car Park, PL17 7DW

Devon and Cornwall Food Action (DCFA) - ORDER FORM

Contact Details

First Name:

Surname:

Address:

Postcode:

Email:

Contact number:

Household

How many adults in the household? _____

How many children in the household? _____

Children's ages (number of)

0-4 years _____ 5-12 years _____ Over 12 _____

Food requirements

Will you require your box to contain some of the following items:

Vegetarian Vegan Some Gluten free

Allergies:.....

Other requirements

How many people need feminine hygiene products? _____

Do you have any dogs or cats? Dog _____ Cat _____

Please tick to say that you understand and agree that:

Some personal information will be held by the Town Council and may need to be shared with external agencies and/or volunteers connected to the initiative.

Payment of £25 will be required when you collect (cash or card)

If there are exceptional circumstances and you are unable to collect your order on the day, please let us know.

Signed:

Date:

Contact:

Please return to the Town Council Offices by Monday 22nd April 2024 by 12 Noon

Without pre-ordering we are unable to guarantee a box

Alternatively visit our website and fill out an online application

Callington Town Hall, New Road, Callington. PL17 7BD

enquiries@callington-tc.gov.uk

Tel: 01579 384039

Website: www.callington-tc.gov.uk

Vat Reg. No.: 802 9724 31



New Patients Welcome!

Smile Transformations

Hygienists & Gum Therapy

Children's Dentistry *Happy Smiles!*

Emergency Appointments



 **Archway**
DENTAL
01579 383300

 **TAMAR VALLEY PODIATRY**
trusted expert foot care

Jennifer Hooper BSc (hons) Podiatry,
HCPC, MRCPod

PODIATRIST/ CHIROPODIST



SCAN TO
BOOK!

- Fungal Nails
- Ingrowing Toenails
- Verucca
- Nail Cutting/Foot care
- Diabetic Foot Care
- Nail Surgery
- Plantar Fascitis
- Cracked heels
- Corns/Callus

Are you looking for a chiropodist/podiatrist?
Are you suffering with painful or unsightly feet?

07437515180

Contact@tamarvalleypodiatry.co.uk

Unit 2, Callington Arcade (Opposite B&M Carpark)



Callington Scout Hut

Every Wednesday

**8am, 9.30am,
11am, 5.30pm
& 7pm**



With Cathy Jones
07774 852724

Slimmingworld.co.uk/
become-a-consultant



Balti King

Indian Restaurant & Takeaway

Special Offer every Monday Banquet Night

2 papadom & Chutneys, Starter of your choice
Any Main Course, Rice & Nan.

(King prawn, English Dishes, Thali, Tandoori Mix Grill,
Chicken or Lamb Shaslick £3.50 extra)

**6 Course Meal for £14.95pp for Takeaway
or £16.95 Eat in**

This offer is not available Bank Holiday Mondays, New
Years Eve, Christmas Eve or Valentines Day
There is no further discount on this special offer.

**10% Discount on collection over £10.
CASH ONLY**

OPEN 7 DAYS A WEEK

Monday – Sunday 5:30pm – 11:00pm
Inc Bank Holidays

01579 383818

5 New Road, Callington, PL17 7BE

DTS COMPUTERS

Computer repair and technical services

07900 175796 / 01579 308138

www.dtscomputers.co.uk

enquiries@dtscomputers.co.uk

- Repair of all PCs and laptops
- Make your PCs and laptops FAST
- Internet diagnosis / advice
- Recover your files / data
- Back-up your files / data
- Assistance with BT Digital Voice etc
- Competitive alternatives for business and home phones
- Alternatives to Windows and other annoying things
- Decent, fast used PCs for around £400
- Off-site data backup service £35 per month



07989 957242

Based in Callington, Fit for Life Massage Therapy offers a range of massage techniques specifically tailored for each client's

individual needs.

Sport Massage

Helps recovery from sporting injuries, muscle aches and pains and improves flexibility and range of motion.



Therapeutic Massage

Relaxing deep tissue massage relieves muscle tightness and soreness, increases circulation, eases tension headaches and increases joint flexibility.

Manual Lymphatic Drainage

- * Treatment for managing Lymphoedema
- * Lymphoedema is a swelling caused by a build up of tissue fluids, maybe due to radiotherapy, surgery, cancer treatment or trauma.
- * Fit for Life will work gently with the client to help manage are and lea oedema and help the client learn self-lymphatic drainage techniques.

Lymphoedema
Training Academy



CHARWELL DOG ADVENTURES



🐾 - Four Enclosed Adventure Paddocks with complimentary refreshments

🐾 - Indoor Training Facility with fully qualified trainers, providing:

Puppy Training, Adolescent Training, Loose lead walking, Agility, Hoopers, Behavioural, Scent work and Life Skills

🐾 - Wacky Woofers Dog Shop

🐾 - Available for Event Hire

- supplying food, raw food, treats, toys and much more



www.charwelldogadventures.co.uk
Charwell, Callington, Cornwall PL17 7HW


Email:

hello@charwelldogadventures.co.uk

Tel: 07854984572

Scan the QR code to book





7 New Road, Callington, PL17 7BE
paintnprint.com
 07708 455918
 paintnprint@gmail.com
 Find us opposite the Town Hall /Bus Stop

PAINTNPRINT

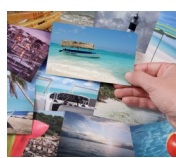
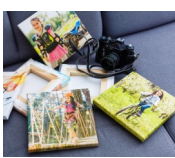




Photo Prints




Canvas Prints




Personalised Gifts



Stationary Printing



Birthday Party Supplies



Business Printing

banner printing, dog tag engraving, greetings cards, photocopying, t-shirt printing, calendars and much more!

Open Monday, Wednesday & Friday
 7am—3.30pm (3pm on Fri)

The Cornish Ancestor

Micro Pub



Callington's unique drinking establishment for

Real Ale Traditional Cider
Craft Lager Wine
& always good conversation
Soft drinks and coffee available.

Available for group/business meetings prior to normal opening times
 Enquiries Welcomed

OPEN
 Monday - Thursday from 16.00hrs
 Fridays, Saturdays from 12.00hrs
 Occasional Sundays 14.00 - 18.00hrs

**6 NEWPORT
 CALLINGTON
 PL17 7AS**

Tel: 01579 208300

E-mail: info@cornishancestor.co.uk



Find us on facebook

STEP INTO MAGIC!

Discover your Spiritual Self and Explore Holistic Wellness.

The Callington Mind Body Spirit Fair brings together Speakers Practitioners, Crafters Vendors and Attendees for a day of Healing and Enlightenment.



Speakers, Card Readings, Crystals, Aura Photography, Reiki, Reflexology, Art, Crafts, Clothing and More
 Callington Town Hall

Sunday 19th May from 10am to 4pm

Find us on Facebook for Updates at Callington Mind Body Spirit Fair

ANDY OLIVER

Light Haulage

Rubbish Clearance, Garden Waste, Furniture, Junk etc
 House Clearance
 Building Site Clean Up
 (Rubble, Plasterboard, Plastic, Timber etc)
 Sand and Gravel deliveries
 Licensed Waste Carrier

07771 538 270




07889 952759
 HELLO@JENSTROUDPHYSIOTHERAPY.CO.UK
 WWW.JENSTROUDPHYSIOTHERAPY.CO.UK

Jen Stroud
 PHYSIOTHERAPY

**PHYSIOTHERAPY
 CLINIC NEAR
 ST MELLION**

- PAIN
- INJURIES
- EXERCISE REHAB
- JOINT MOBILISATION AND MANUAL THERAPY
- ACUPUNCTURE
- BALANCE AND GAIT REHAB

- WOMEN'S HEALTH
- PELVIC FLOOR
- LEAKING URINE
- PREGNANCY, BIRTH PREP, POST NATAL REHAB/PREHAB
- C-SECTION SCAR MANAGEMENT
- DIASTASIS
- MUCH MORE
- JUST ASK

GET IN TOUCH TO BOOK YOUR BESPOKE PHYSIO ASSESSMENT

SPECIALISING IN GENERAL MUSCULOSKELETAL AND WOMEN'S HEALTH - HCPC REGISTERED

Markets

What	Location	Time & Day	Contact
Callington Country Market	Town Hall	Wednesday 8.45am - noon	Susie Iannantuoni hootieowlsusie@gmail.com
Callington Town Monthly Market	Town Hall/ Pannier Market	1st Sunday of the Month 10.00am - 2.00pm	01579 384 039 market@callington-tc.gov.uk
Callington Radio & Electronic Rally	Town Hall	Sunday 17th March	https:// www.callingtonradiosociety.org.uk/

Fitness & Health

Class	Location	Time & Day	Contact
Lift Lean/ Fitness Pilates & Yoga Pure Stretch Fitness Pilates (Beginners) Fitness Pilates & Yoga	Town Hall	Monday: 6.15pm - 7.15pm & 7.15pm - 8.00pm Tuesday: 1.15pm - 2.00pm Thursday: 9.30am - 10.15am Friday: 9.15am - 10.00am	Diane : 07876 332941
Pilates	Town Hall	Tuesday: 9.45am - 10.45am	Liz: 07526 899781
Dance & Tone Latino Dance	Town Hall	Tuesday: 11.30am - 12.30pm Friday: 11.00am - noon	Jo: 01752 206968
Beginners Belly Dancing	Town Hall	Tuesday: 6.00pm	Jill: 07850 043490
Purrfect Pilates	Town Hall	Thursday: 6.00pm - 7.00pm	Chris: 07888 704917
Callington Town Women's Football Club		Wednesday: 7.00pm - 8.00pm	Jared: 07715 008987 Tim: 07716 357650
Love to Move	Council Chamber - Town Hall	Thursday: 10.00am - noon	Christine Harris: 07973418371

Local Groups

Group	Location	Time & Day	Contact
Tamar Valley MVC	Callington Methodist Church	Tuesday 7.30pm - 9.30pm	David Draper 07940 579448
Monday Fellowship	Callington Methodist Church		
Callington Cycle Riders	Callington Town Square	Every Tuesday: 6pm	Peter: 01579 386824
Callington Amateur Radio Society	Town Hall - Council Chamber	1 st Wednesday of every month 7.00pm	Peter Taylor 07801 413241 www.callingtonradiosociety.org.uk Secretary @callingtonradiosociety.org.uk
Probus Club	Town Hall - Council Chamber	4th Tuesday of the month 10.00am - noon	vic.harman@btinternet.com
Callington Amateur Dramatic Society— Social Evening	Primraf Theatre	2nd Tuesday of every month 7.15pm for 7.30pm	socialmedia@prim-raf.co.uk
Callington Dog Meet Up	Kit Hill Summit, Field next to mine stack	Sunday 1pm - 2pm	Penny & Carly Ward Facebook
Vocal Footprint Drama Club Vocal Footprint Singing Club	Town Hall	Monday: Term Time Primary Theatre 4.00pm - 4.45pm Secondary Theatre: 5.00pm - 5.45pm Wednesday: Term Time Primary Singing: 4.00pm - 4.45pm Secondary Singing: 5.00pm - 5.45pm	Eleanor Valdebouze 07595 457608 01579 228336 ellyvdb@hotmail.co.uk



Local Groups

Group	Location	Time & Day	Contact
Callington Methodist Monday Guild	Callington Methodist Church	Alternate Mondays 7.30pm	
Callington WI	Council Chamber	2nd Wednesday of the month - 7.00pm	Jill Trew: 01579 386939
Callington Town Band	Heritage Centre	Thursday: Training Band 6.00pm - 7.00pm Main Band 7.30 pm - 9.30pm	Shirley Morse: 07926 384949 shirleyamorse@gmail.com
Callington Community Arts 'CAVe'	Council Chamber	4th Thursday of the month is film night	
Callington New Outlook	Council Chamber	Tuesday : 10.00am - noon	Shirley Morse: 01579 384728
Callington Lions Club	Council Chamber	3rd Wednesday of the month - 7.30pm	0345 833 7527
Callington Community Centre		Coffee Mornings: Monday: 10.00am - noon Bingo: Mondays from 2.00pm	01579 384960
Callington Lunch Club (AGE UK)	Town Hall	Thursday: noon - 1.45pm	Jenny Coombe: 01579 383572
Callington & District Royal British Legion	Bulls Head	2nd Tuesday of every month 7.30pm	Phil Harriman: pelharriman@btinternet.com
Callington Singers	Callington Primary School	Thursday: 7.30pm	07878 368857
Callington U3A	Town Hall	1st Monday of the month: 10.00am - noon	07711 281924 u3asites.org.uk/Callington
Knit & Natter	Callington Library	Tuesday: 2.00pm - 3.30pm	callington.library@cornwall.gov.uk
Old Cornwall Society	Town Hall	2nd Thursday of the month 2.00pm - 4.00pm	
Slimming World	The Scout Hut	Wednesday: 8am, 9.30am, 11.00am 5.30pm & 7pm	Cathy Jones: 07774852724
Callington Memory Cafe	Callington Methodist Church	Saturday 6th & 20th April , 4th May 2.00pm - 4.00pm	07539 412463 secretary@callington-memory-café.org
Callington Town Forum	Calli Pizza	2nd Wednesday of the month - 6.00pm	
Callington Bowls Club		Friday: 6.00pm turn up and play	Graham Body: 01579 350332 callingtonbowlingclub.co.uk
Homegroup	Town Hall - Interview room	Drop-in service every Monday 10.00am - 1.00pm	10.00am - 1.00pm
Callington Rotary Club		Wednesday - 7.00pm	secretary@callingtonrotary.org
Youth Theatre Primraf	Primraf Theatre	Tuesday: 6.00pm – 7.00pm	youththeatre@prim-raf.co.uk
Earth2ware Pottery	Biscombes Lane	Tuesday: 6.30 - 8.30pm Wednesday: 1pm - 3pm	Miranda: earth2ware@gmail.com
HIIT/Circuit Training Class Kettle Bells	Callington Community College	Tuesday: 6.00pm– 7.00pm Friday 5.00pm - 6.00pm	Shakey 07492 887119

The next edition will be May 2024 and the deadline for this edition will be midday on the **Tuesday 9th April 2024**, items included in the newsletter are put into the article on a first come first serve basis. Send to the Editor by e-mailing news@callington-tc.gov.uk or call **01579 384039** or by post or hand in copy, Callington Town Hall, New Road, Callington PL17 7BD.

The Town Council telephone line is operational from 9am - 2pm Monday - Friday. Please leave a message with your contact details and someone will get back to you.

The views expressed in each article reflect the author(s) opinion and are not necessarily the views of the publisher or editor